



Transcript from February 11, 2011 to February 12, 2011

All times are Pacific Time

February 11, 2011

- 12:44 am **DeborahMersino:** RT @n8ngrimm Making Sure They Are Learning <http://ow.ly/1bhj4x> <=Interesting clip via the School of the Future/Edutopia #gtchat | Thoughts?
- 12:50 am **DeborahMersino:** "INTENSITY: A Closer Look at the 5 Overexcitabilities" will be our noon/EST #gtchat topic tomorrow, 02.11. Join us! #gifted #Dabrowski
- 12:51 am **DeborahMersino:** "BONDING: Supporting Kids Who Feel Lonely/Different" will be our 7pm/EST #gtchat topic tomorrow, 02.11. Join us! #gifted #parenting
- 12:54 am **KTVee:** @DeborahMersino Loved the School of the Future Clip because those kids were actively engaged in their work - collaborative! #gtchat
- 1:40 am **DeborahMersino:** @KTVee Loved it 2 & I'm a HUGE Post-It note fan. Did wish she talked about high-level learners a bit differently. Exc. approach tho! #gtchat
- 1:58 am **jofrei:** RT @DeborahMersino: "BONDING: Supporting Kids Who Feel Lonely/Different" will be our 7pm/EST #gtchat topic tomorrow, 02.11. Join us! #gifted #parenting
- 1:58 am **jofrei:** RT @DeborahMersino: "INTENSITY: A Closer Look at the 5 Overexcitabilities" will be our noon/EST #gtchat topic tomorrow, 02.11. Join us! #gifted #Dabrowski
- 2:03 am **DeborahMersino:** @NMHS_Principal Wow! What our nation could do with more leaders like you! So delighted for you - and your students. #gtchat #edchat #future
- 2:03 am **DeborahMersino:** @chrstinef Can't wait to get my copy!! BTW, I adore/respect Jennifer Jolly. Isn't she a joy? Congrats! #gtchat #gifted #changeagent
- 2:04 am **chrstinef:** @DeborahMersino Totally LOVE her! And you really do know EVERYONE, don't you???? #gifted #gtchat
- 2:06 am **Ijconrad:** @jofrei The Dabrowski dogs must be very excited about #gtchat 's 2nd chat ... all about them! Hope they enjoy the Paws for Poise treatment!
- 2:06 am **Ijconrad:** RT @jofrei: Lavender lathers for the Dabrowski dogs <http://www.giftedresources.org/jo/blog/?p=1852> #gtchat #gtstoogies
- 2:07 am **Ijconrad:** RT @DeborahMersino: "INTENSITY: A Closer Look at the 5 Overexcitabilities" will be our noon/EST #gtchat topic tomorrow, 02.11. Join us! #gifted #Dabrowski
- 2:07 am **Ijconrad:** RT @DeborahMersino: "BONDING: Supporting Kids Who Feel Lonely/Different" will be our 7pm/EST #gtchat topic tomorrow, 02.11. Join us! #gifted #parenting
- 3:37 am **chrstinef:** My Interview in EdNews. Hope you enjoy! <http://bit.ly/h5AArE> #gtchat #gifted #parenting #support
- 3:38 am **jimsissy:** RT @chrstinef: My Interview in EdNews. Hope you enjoy! <http://bit.ly/h5AArE> #gtchat #gifted #parenting #support <--NEAT!
- 4:50 am **Ijconrad:** New GPS post, Review of: Emotional Intensity in Gifted Students #gtchat #gifted #edchat <http://fb.me/S8OWFY2t>
- 5:34 am **chrstinef:** RT @Ijconrad: New GPS post, Review of: Emotional Intensity in Gifted Students #gtchat #gifted #edchat <http://fb.me/S8OWFY2t>
- 5:35 am **chrstinef:** Thanks for the Review of: Emotional Intensity in Gifted Students @Ijconrad! You are too kind. #gtchat #gifted #edchat <http://fb.me/S8OWFY2t>
- 5:52 am **chrstinef:** Ah yes, working with the #gifted TEEN when she is stressed. So darn fun! Can anyone say "Emotional Intensity"? #gtchat.

4/1/2011

Transcript for #gtchat - What the Hasht...

6:57 am **saidiecnanceux:** RT @DeborahMersino: "INTENSITY: A Closer Look at the 5 Overexcitabilities" will be our noon/EST #gtchat topic tomorrow, 02.11. Join us! #gifted #Dabrowski

7:48 am **RMMul:** RT @DeborahMersino: "BONDING: Supporting Kids Who Feel Lonely/Different" will be our 7pm/EST #gtchat topic tomorrow, 02.11. Join us! #gifted #parenting

8:23 am **willemdeboer:** RT @DeborahMersino: "INTENSITY: A Closer Look at the 5 Overexcitabilities" will be our noon/EST #gtchat topic tomorrow, 02.11. Join us! #gifted #Dabrowski

8:26 am **Frazzlld:** RT @ljconrad: New GPS post, Review of: Emotional Intensity in Gifted Students #gtchat #gifted #edchat <http://fb.me/S8OWFY2t>

8:30 am **Thanks2Teachers:** RT @Frazzlld: RT @ljconrad: New GPS post, Review of: Emotional Intensity in Gifted Students #gtchat #gifted #edchat <http://fb.me/S8OWFY2t>

9:21 am **Begabung:** RT @Frazzlld: RT @ljconrad: New GPS post, Review of: Emotional Intensity in Gifted Students #gtchat #gifted #edchat <http://fb.me/S8OWFY2t>

9:21 am **Begabung:** RT @DeborahMersino: "BONDING: Supporting Kids Who Feel Lonely/Different" will be our 7pm/EST #gtchat topic tomorrow, 02.11. Join us! #gifted #parenting

9:22 am **jofrei:** @ljconrad Yes Dabrowski dogs are super excited about #gtchat especially PsychoMotor! And Twitterbirds are auditioning new band members.

10:33 am **Begabung:** #gtchat The next "Global Virtual Meeting for #Gifted Ed in secondlife", Feb 26th at 8pm in UK, Christine Fonseca <http://tinyurl.com/6jma2p>

12:04 pm **cybraryman1:** RT @Frazzlld: "INTENSITY: A Closer Look at the 5 Overexcitabilities" will be the 5pm GMT (noon/EST) #gtchat today

1:06 pm **Frazzlld:** Thought I had just the 1 victim... sorry, patient... this afternoon. Seems I have 2, so may be late to the 1st #gtchat today

1:33 pm **LesLinks:** @chrstinef Am mega mega relating, christine, I am just a washout with it... so bewildering to know what 2 do!! gha!! teenintense! #gtchat

1:34 pm **MissCheska:** Fantabulous new #FF: @KTvee @DeepWatersCoach @Dr_Annalise @HoagiesGifted @DeborahMersino #gtchat

2:58 pm **GiftedJourney:** All #Gifted Is Local <http://bit.ly/fFz3q6> A nice #NAGC article for school administrators. #gtchat #cagt #edchat #GT

3:33 pm **peter_lydon:** will miss #gtchat tonight..driving to Youghall to present Gwenda Hurst Medal

3:40 pm **Giftedkidsie:** RT @rmmul: RT @DeborahMersino: "BONDING: Supporting Kids Who Feel Lonely/Different" will be our 7pm/EST #gtchat topic tomorrow, 02.11....

3:41 pm **Giftedkidsie:** RT @begabung: #gtchat The next "Global Virtual Meeting for #Gifted Ed in secondlife", Feb 26th at 8pm in UK, Christine Fonseca...

3:51 pm **DeborahMersino:** Just had a delightful and inspiring Skype session with @atxteacher; what a visionary and amazing leader! #gtchat #gifted #TAGT

3:56 pm **eshwaranv:** Join us in 66 minutes at #gtchat Topic: INTENSITY: A Closer Look at the 5 Overexcitabilities

4:01 pm **DeborahMersino:** Less than an hour until #gtchat! Join as noon/EST as we discuss ""INTENSITY: A Closer Look at the 5 Overexcitabilities." #gifted #parenting

4:15 pm **DeborahMersino:** @peter_lydon - How wonderful for you - and the recipient. We'll miss you though! #gtchat

4:16 pm **DeborahMersino:** RT @Begabung: #gtchat The next "Global Virtual Meeting for #Gifted Ed in secondlife", Feb 26th at 8pm in UK, Christine Fonseca <http://tinyurl.com/6jma2p>

4:19 pm **halleyrebecca:** Hey #gtchat-ers! I'll be participating spottily this morning, via phone en route to Olympia for Washington Gifted Education Day.

4:20 pm **StellaWaterhous:** RT @Giftedkidsie: RT @rmmul: RT @DeborahMersino: "BONDING: Supporting Kids Who Feel Lonely/Different" will be our 7pm/EST #gtchat topic tomorrow, 02.11....

4:26 pm **Begabung:** RT @DeborahMersino: Less than an hour until #gtchat! Join as noon/EST as we discuss ""INTENSITY: A Closer Look at the 5 Overexcitabilities." #gifted

#parenting

- 4:45 pm **DeborahMersino:** @Begabungs @StellaWaterhous @Giftedkidsie @rmmul @halleyrebecca @eshwaranv - Kind thanks for the RTs & mentions! #gtchat
- 4:54 pm **jofrei:** @halleyrebecca Have a great day! #gtchat
- 4:55 pm **DeborahMersino:** My tweets 4 next hour will be devoted to #gtchat. Pardon the heavy stream; feel free 2 unfollow. Topic: Overexcitabilities. #gifted #gtchat
- 4:56 pm **ljconrad:** #gtchat I'm so excited, so excited, so excited, so excited, so excited, so excited ... about chat today!!!
- 4:57 pm **DeborahMersino:** @jofrei @cybraryman1 @ljconrad - GRATITUDE for your RTs and enthusiasm. #gtchat
- 4:58 pm **jofrei:** RT @ljconrad: #gtchat Im so excited, so excited, so excited, so excited, so excited, so excited ... about chat today!!! I 2nd that! #gtchat
- 4:58 pm **Begabungs:** RT @DeborahMersino: My tweets 4 next hour will be devoted to #gtchat. Pardon the heavy stream; feel free 2 unfollow. Topic: Overexcitabilities. #gifted #gtchat
- 4:59 pm **Begabungs:** My tweets 4 next hour will be devoted to #gtchat. #gifted #bayern #Germany
- 4:59 pm **DeborahMersino:** Welcome to #gtchat! Our topic: INTENSITY: A Closer Look at the 5 Overexcitabilities. Join us! #gifted #parenting #edchat #Dabrowski #gtchat
- 5:00 pm **DeborahMersino:** Please take a moment to introduce yourselves, your role (parent, educator, advocate, blogger, psychologist) & share where you reside #gtchat
- 5:01 pm **jlwf:** RT @DeborahMersino: Welcome to #gtchat! Our topic: INTENSITY: A Closer Look at the 5 Overexcitabilities. Join us! #gifted #parenting #edchat #Dabrowski #gtchat
- 5:01 pm **Ingennios:** @DeborahMersino Ingennios (Ingrid), educator, advocate from Mexico City #gtchat
- 5:01 pm **jofrei:** Hi Jo Freitag from Gifted Resources in Melbourne Australia at 4.00am Saturday - 'mum' of Sprite and her Dabrowski dogs #gtchat
- 5:01 pm **Begabungs:** I'm Roya Klingner, Head of Bavarian Center for G&T Children, Germany #gtchat
- 5:01 pm **DeborahMersino:** I'm Deborah Mersino, moderator of #gtchat, speaker/consultant to gifted communities/orgs, wife and mother (2 dds), living in CO. #gtchat
- 5:01 pm **laughingatchaos:** I'm Jen in CO, soon to be IL. Mom to 2 GT boys, 1 is 2e & I'm starting 2 suspect the other might be as well. Advocate/blogger/writer #gtchat
- 5:01 pm **cybraryman1:** "Genius is intensity." Honore de Balzac. Breaking out GD from school for Valentine lunch. Hope chat is intense but fun. Love to all #gtchat
- 5:02 pm **giaimojosephine:** RT @Begabungs: My tweets 4 next hour will be devoted to #gtchat.
- 5:02 pm **writinginbinary:** I made it in time! Lisa, Uconn Student (three summers) parent (2E) and pt teacher of #gifted, #gtchat
- 5:02 pm **DeborahMersino:** The Key Points of Dabrowski's Theory of Positive Disintegration: <http://bit.ly/hA6JGE> #gtchat
- 5:02 pm **laughingatchaos:** My oldest is the walking/talking/breathing definition of 2e and presents strongly in all 5 OEs. Dontcha wanna be me? ;) LOL #gtchat
- 5:02 pm **DeborahMersino:** RT @cybraryman1: "Genius is intensity." <=Great quote to start with...glad you're with us! #gtchat
- 5:03 pm **giaimojosephine:** Josephine Giaimo here, gifted advocate in central NJ, still snowy and pretty windy today. #gtchat
- 5:03 pm **ljconrad:** Hi from Pittsburgh! Cold and more cold. Gifted blogger, advocate, and parent. #gtchat
- 5:03 pm **Can-Debian:** Child Development from NY interested in Maximizing Children's Potential #gtchat

4/1/2011

Transcript for #gtchat - What the Hasht...

5:05
pm

GaryBrannigan: Child Psychologist from NY interested in maximizing Children's Potential #gtchat

5:03
pm

0Quest0: Hello - Petra from Kildare here. Evening all! #Gtchat

5:03
pm

Blogger_Tips: RT @ljconrad2011Hi from Pittsburgh! Cold and more cold. Gifted blogger, advocate, and parent. #gtchat

5:03
pm

DeborahMersino: Hello Mexico City, Germany, Australia, Florida, Colorado, Pittsburgh, New York, New Jersey, Kildare! Glad you're all here! #gtchat

5:04
pm

giaimojosephine: RT @writinginbinary: I made it in time! Lisa, Uconn Student (three summers) #gtchat welcome, nice to see Uconn in the house!

5:04
pm

DeborahMersino: Hello Alabama! We love seeing new faces at #gtchat. Glad you're here. #gtchat

5:04
pm

DeborahMersino: @writinginbinary - Also glad to see a UConn student! #gtchat

5:05
pm

eshwaranv: Vytheeshwaran, Science facilitator and instructional designer from Chennai, India > Here for #gtchat

5:05
pm

DeborahMersino: Many of you may already know this, but I'm going to start by recapping the basics. #gtchat

5:05
pm

Ingennios: Ingennios (Ingrid), educator and advocate, Mexico City #gtchat

5:05
pm

eshwaranv: RT @DeborahMersino: The Key Points of Dabrowski's Theory of Positive Disintegration: <http://bit.ly/hA6JGE> #gtchat

5:06
pm

0Quest0: My tweets 4 next hour will be devoted to #gtchat. Feel free to unfollow. #Gtchat

5:06
pm

laughingatchaos: RT @DeborahMersino: The Key Points of Dabrowski's Theory of Positive Disintegration: <http://bit.ly/hA6JGE> #gtchat

5:06
pm

DeborahMersino: Kazimierz Dabrowski (1902-1980) was a Polish psychiatrist/psychologist who survived both world wars. #gtchat

5:06
pm

Ingennios: These are the dreamers, poets, "space cadets" who are strong visual thinkers. #Dabrowski #gtchat

5:06
pm

laughingatchaos: RT @Ingennios: These are the dreamers, poets, "space cadets" who are strong visual thinkers. #Dabrowski #gtchat

5:06
pm

writinginbinary: Dab.'s explanation of #gifted & OE's finally made me feel that there wasn't something "wrong" with ds, but something very right/OK! #gtchat

5:07
pm

DeborahMersino: Dabrowski developed Theory of Positive Disintegration, which includes two parts - the 5 overexcitabilities & levels of development. #gtchat

5:07
pm

mareserinitatis: I'm Cherish from North Dakota. Just a mom. :-) #gtchat

5:07
pm

GaryBrannigan: @DeborahMersino I'm a Fairfield U grad. Does that count! #gtchat

5:07
pm

Begabungs: http://en.wikipedia.org/wiki/Kazimierz_D%C4%85browski #gtchat

5:07
pm

eshwaranv: Great topic on #gtchat > Very very relevant to me. - A guy with dangerously low threshold :-)

5:07
pm

dayswmd: #gtchat Hi, all. Renee in BC, homeschooling mum of hg dd9. Intensities alive and well in this house -- as the neighbors can attest ;-)

5:07
pm

laughingatchaos: @mareserinitatis NO ONE is "just" a mom! ;) #gtchat

5:07
pm

Paul71: Maria here from Ireland-parent and homeschooler. #gtchat

4/1/2011

Transcript for #gtchat - What the Hasht...

5:08 pm **giaimojosephine:** RT @eshwaranv: Vytheeshwaran, Science facilitator and instructional designer from Chennai, India > Here for #gtchat we welcome you!

5:08 pm **DeborahMersino:** We're going to delve into the 5 OEs (Overexcitabilities) today: psychomotor, sensual, intellectual, imaginal, emotional. #gtchat

5:08 pm **laughingatchaos:** @dayswmd snort...bwahahahaha!! I was convinced my boys were birth control for the neighborhood! ;) #gtchat

5:08 pm **DeborahMersino:** Welcome British Columbia, North Dakota and India! #gtchat

5:08 pm **Begabung:** @Ingennios Dreamers?! Did I tell you Roya means Dream =) #gtchat

5:08 pm **DeborahMersino:** Let's begin with Psychomotor! #gtchat

5:08 pm **FrazzIld:** Hi everyone. A little late. Catherine, in Ireland. Parent, advocate and blogger. #gtchat

5:09 pm **EduGirlSDB:** Sorry I'm late! Stephanie from VA. Elem sub tchr, finishing up coursework to get back into the clsm. Mom of 1. #gtchat

5:09 pm **DeborahMersino:** Q1: What do you think Psychomotor Overexcitability looks like? #gtchat

5:09 pm **0Quest0:** @FrazzIld Hi Catherine #gtchat

5:09 pm **eshwaranv:** Psychomotor is one of the areas which has the least amount of research compared to other domains. Would love to know more. #gtchat

5:09 pm **Ingennios:** @Begabung Dreamers indeed. That's how #Ingennios was created... #gtchat

5:10 pm **FrazzIld:** @0Quest0 Hi Petra! #gtchat

5:10 pm **laughingatchaos:** Q1: Looks like ADHD. If the mind isn't active, the body is. #gtchat

5:10 pm **DeborahMersino:** Happy to have you Ireland and Virginia! Just posted Q1. Looking forward to delving into the 5 OEs today. #gtchat

5:10 pm **wishartglass:** Hi, I'm Anne in KY. My son is #2E. This is a great subject! I'll be lurking with interest! #gtchat

5:10 pm **Begabung:** <http://giftedkids.about.com/od/gifted101/a/overexcite.htm> #gtchat

5:10 pm **DeborahMersino:** I'm going to draw descriptors from Dr. Linda Silverman's Counseling the Gifted book. #gtchat

5:10 pm **wishartglass:** subject=subject #gtchat

5:10 pm **Ingennios:** @DeborahMersino we can't sleep cuz our mind can't stop moving! #Dabrowski #phychomotor #gtchat

5:10 pm **jofrei:** Dabrowski dog characters <http://www.giftedresources.org/jo/blog/?p=1021> #gtchat

5:11 pm **jofrei:** RT @laughingatchaos: Q1: Looks like ADHD. If the mind isnt active, the body is. #gtchat

5:11 pm **DeborahMersino:** Q1: Psychomotor: Surplus of energy, rapid speech, marked enthusiasm, pressure 4 action, acting out. Compulsive talking/chattering #gtchat

5:11 pm **FrazzIld:** @DeborahMersino Q1: very like ADHD...can be VERY difficult to tease apart as gifted kids can actually have ADHD #gtchat

5:11 pm **Ijconrad:** #gtchat Welcome to all our newcomers!

5:11 pm **laughingatchaos:** @DeborahMersino Yup. All those descriptors live here. Loudly. #gtchat

5:11 pm **eshwaranv:** Understanding Psychomotor Overexcitabilities in the Gifted Child: <http://bit.ly/gbjkVK> #gtchat

5:11 pm **eshwaranv:** RT @DeborahMersino: Q1: Psychomotor: Surplus of energy, rapid speech, marked enthusiasm, pressure 4 action, acting out. Compulsive talking/chattering #gtchat

5:12 pm **dylanfern:** @DeborahMersino constant need for movement. Can't sit in a chair! #gtchat

5:12 pm **0Quest0:** Q1 sounds like my entire extended family... #gtchat

5:12 pm **Begabung:** RT @Frazzlld: @DeborahMersino Q1: very like ADHD...can be VERY difficult to tease apart as gifted kids can actually have ADHD #gtchat

5:12 pm **jofrei:** Q1 Have a profoudly gifted friend who paces constantly #gtchat

5:12 pm **DeborahMersino:** Q1 (cont): Impulsive actions, nervous habits (tics, nailbiting), workaholism (hmm...) acting out, compulsive organizing, competitive #gtchat

5:12 pm **laughingatchaos:** @Frazzlld Exactly. DS1 has been treated for ADHD, right now no, but I'm considering it again. SO hard to tell. #gtchat

5:12 pm **giaimojosephine:** Q1: temper tantrums, running away, hysterical (just read it)...what GT parents call meltdowns?...I'd run and hide in the closet. #gtchat

5:12 pm **writinginbinary:** Schools "can't be #gifted, he must be adhd"?! #gtchat

5:12 pm **Begabung:** Q1: They need move to think...Like a volcano #gtchat

5:12 pm **laughingatchaos:** @DeborahMersino Bwahahahahaha! No compulsive organizing here...except from me. ;) #gtchat

5:13 pm **DeborahMersino:** @Frazzlld - you make an excellent point. Lots of mis-diagnosis of Psychomotor OE as ADHD...but like you said, sometimes it is ADHD. #gtchat

5:13 pm **DeborahMersino:** RT @Begabung: Q1: They need move to think...Like a volcano<=YES #gtchat

5:13 pm **0Quest0:** Able to learn well or even better while also moving about. Hard to accommodate this in school. #gtchat

5:13 pm **plainspeaksgcc:** RE: Psychomotor...you are describing my DS10 to a tee. I was going to jsut lurk, maybe I will participate today! #GTCHAT

5:13 pm **Begabung:** Q1: Action brings flow! #gtchat

5:13 pm **DeborahMersino:** RT @Ingennios: @DeborahMersino we cant sleep cuz our mind cant stop moving! #Dabrowski #psychomotor<=Yep. #gtchat

5:13 pm **GaryBrannigan:** RT @Begabung: Q1: Action brings flow! #gtchat

5:14 pm **Frazzlld:** Found this useful some years ago: "Does your gifted child have adhd?": <http://ow.ly/3ULVR> #gtchat

5:14 pm **laughingatchaos:** @writinginbinary Had a tchr tell me this wk that pub schools aren't set up for "this kind" (2e) of kid.Almost kissed him for honesty #gtchat

5:14 pm **jofrei:** Youngest son was always juggling while I was trying to teach him and most of our family do not sleep very much #gtchat

5:14 pm **mareserinitatis:** When psychomotor affects us positively, looks like multi-tasking. When it's not, it looks like distraction and lack of focus. #gtchat

5:14 **Frazzlld:** @plainspeaksgcc LOL Welcome #gtchat

5:14
pm**Frazzllid:** @pianisparkycc LOL! welcome #gtchat5:14
pm**laughingatchaos:** RT @Begabung: Q1: They need move to think...Like a volcano->Or they explode. YES! #gtchat5:14
pm**eshwaranv:** Any tips to differentiate psychomotor OE from ADHD? #gtchat5:14
pm**giaimojosephine:** RT @writinginbinary: Schools "can't be #gifted, he must be adhd"?! #gtchat Exactly! Many children who are gifted are misdiagnosed as ADD/HD5:14
pm**coachaddamy:** RT @giaimojosephine: RT @writinginbinary: Schools "can't be #gifted, he must be adhd"?! #gtchat Exactly! Many children who are gifted are misdiagnosed as ADD/HD5:14
pm**halleyrebecca:** Halley Griffin from @SeaburySchool for gifted students in Tacoma, Wash. Here for a few, then headed to Gifted Ed Day in Olympia! #gtchat5:14
pm**DeborahMersino:** Q1: "Can be physically & mentally exhausting to live with." - Silverman re Psychomotor OE. #gtchat5:14
pm**writinginbinary:** Heard S. Baum other night.. she rec'mds "thinking track" for the child to walk and think. Get moving in class OK! #gtchat5:14
pm**laughingatchaos:** RT @Frazzllid: Found this useful some years ago: "Does your gifted child have adhd?": <http://ow.ly/3ULVR><-That'll help, thanks! #gtchat5:15
pm**Ingennios:** It involves not just psychological factors but central nervous system sensitivity. - Tolan #Dabrowski #psychomotor #gtchat5:15
pm**Begabung:** @DeborahMersino @Ingennios and sometimes we sleep but brain is still working...dreaming a lot #gtchat5:15
pm**DeborahMersino:** RT @eshwaranv: Any tips to differentiate psychomotor OE from ADHD?<Think it takes a trained counselor who KNOWS giftedness/OE. #gtchat5:15
pm**laughingatchaos:** @eshwaranv I wish there was, I could use those tips as well. They mimic each other too closely. #gtchat5:15
pm**laughingatchaos:** RT @DeborahMersino: Q1: "Can be physically & mentally exhausting to live with." - Silverman re Psychomotor OE.<-Yup and Yup. #gtchat5:15
pm**Ingennios:** RT @Begabung: @DeborahMersino @Ingennios and sometimes we sleep but brain is still working...dreaming a lot #gtchat //Indeed!5:16
pm**DeborahMersino:** By itself, psychomotor does not differentiate gifted from average (Silverman), but gifted often show more than one (if not all) OEs. #gtchat5:16
pm**giaimojosephine:** RT @laughingatchaos: @writinginbinary pub schools aren't set up for (2e) kid.#gtchat many schools can't handle 2E, don't ID them, even.5:16
pm**laughingatchaos:** Wish more schools had moving desks, where a kid could twist or swing feet. #gtchat5:16
pm**k_5remediation:** #TPGA <http://bit.ly/hn4Xw> the goal isn't a well-behaved child but a happy, successful and independent adult. #GTchat5:16
pm**laughingatchaos:** @Ingennios And those dreams are either cool or scary. #gtchat5:16
pm**DeborahMersino:** Q1: As many of you mentioned, first sign of psychomotor OE - less sleep needed as infant (Munger, 1990; Schetky, 1981) #gtchat5:16
pm**Begabung:** RT @DeborahMersino: By itself, psychomotor does not differentiate gifted from average (Silverman), but gifted often show more than one (if not all) OEs. #gtchat5:17
pm**laughingatchaos:** @DeborahMersino DS9 has ALL OEs. Strongly. Deeply. Loudly. #gtchat5:17
pm**Ingennios:** @laughingatchaos But most of the time they generate ideas! #gtchat5:17
pm**mareserinitatis:** And kids will talk with their whole body, not just mouth or even hands. Have to move to communicate ideas. #gtchat

- 5:17 pm **halleyrebecca:** Q1: Those are the kids we seat on exercise balls so they're not thumping chairs, tapping pencils, rolling on the ground. #gtchat
- 5:17 pm **giaimojosephine:** RT @DeborahMersino: RT @eshwaranv: Any tips to differentiate psychomotor OE from ADHD?...how about an evaluation/IQ test? #gtchat
- 5:17 pm **eshwaranv:** @laughingatchaos @DeborahMersino That's because, I read a lot of cases in India about ADHD but virtually non about psychomotor OE. #gtchat
- 5:17 pm **DeborahMersino:** One difference between ADHD and Psychomotor gifted: Gifted are able to keep focused attention/concentration when interested. #gtchat
- 5:17 pm **Begabung:** Q1: multitasking...can dance, read, listen to music, think about a new creation at the same time #gtchat
- 5:17 pm **laughingatchaos:** @Ingennios Yes! Sadly his weakness is writing, so getting those incredible ideas out is tough for him. #gtchat
- 5:18 pm **Paul71:** RT @laughingatchaos: Wish more schs had moving desks, where a kid could twist or swing feet. A sch like that would suit my 10yr dd #gtchat
- 5:18 pm **Begabung:** RT @DeborahMersino: One difference between ADHD and Psychomotor gifted: Gifted are able to keep focused attention/concentration when interested. #gtchat
- 5:18 pm **eshwaranv:** @giaimojosephine An evaluation test? Sounds great... But what are the rubrics? #gtchat
- 5:18 pm **Ingennios:** @laughingatchaos He can record them, draw them, tell them to you! #gtchat
- 5:18 pm **DeborahMersino:** Gifted children who are high in psychomotor are simply very active w/few other symptoms of hyperactivity (Silverman). #gtchat
- 5:18 pm **laughingatchaos:** RT @DeborahMersino: 1 diff between ADHD & Psychomotor gifted: Gifted are able to keep focused attention/concentration when interested #gtchat
- 5:18 pm **Ingennios:** RT @DeborahMersino: By itself, psychomotor does not differentiate gifted from average (Silverman), but gifted often show more than one (if not all) OEs. #gtchat
- 5:18 pm **eshwaranv:** RT @DeborahMersino: One difference between ADHD and Psychomotor gifted: Gifted are able to keep focused attention/concentration when interested. #gtchat
- 5:18 pm **0Quest0:** First books I found useful were "Raising your Spirited Child" by Mary Kurcinka <http://ow.ly/1s2eyi> and #gtchat
- 5:19 pm **writinginbinary:** @deborahmersino sadly schools id adhd, and stop there, dont look for gifted #gtchat
- 5:19 pm **DeborahMersino:** Lastly, relative to gifted w/high psychomotor - aimless activity seems to occur most when there is insufficient mental stimulation. #gtchat
- 5:19 pm **laughingatchaos:** I do think DS9 has this OE AND ADHD; sometimes he's almost manic with hyperactivity, beyond just being on the move #gtchat
- 5:19 pm **Ingennios:** RT @DeborahMersino: One difference between ADHD and Psychomotor gifted: Gifted are able to keep focused attention/concentration when interested. #gtchat
- 5:19 pm **DeborahMersino:** RT @writinginbinary: @deborahmersino sadly schools id adhd, and stop there, dont look for gifted<=so true! #gtchat
- 5:19 pm **giaimojosephine:** RT @eshwaranv: @giaimojosephine An evaluation test? Sounds great... But what are the rubrics? #gtchat I'm thinking most ADD/HD is a myth.
- 5:19 pm **coachaddamy:** RT @laughingatchaos: 1 diff between ADHD & Psychomotor gifted: Gifted keep focused attention when interested #gtchat (ADHD can 2)
- 5:19 pm **giaimojosephine:** RT @DeborahMersino: Gifted children who are high in psychomotor are simply very active w/few other symptoms of hyperactivity (Silverman). #gtchat
- 5:19 pm **Begabung:** They call them Klassen kasperl= classroom clown =(but they are not! #gtchat
- 5:20 pm **Ingennios:** Same old story in #Mexico. #Gifted students always id as ADHD #gtchat

- 5:20 pm **Frazzlld:** Lists of Characteristics Similar in Giftedness and ADHD: <http://ow.ly/3UMjl> #gtchat
- 5:20 pm **GiftedHF:** Related to comments in today's #gtchat – ASD and Giftedness: Twice Exceptionality on the Autistic Spectrum <http://fb.me/OSZa2jlj>
- 5:20 pm **DeborahMersino:** @coachaddamy @laughingatchaos Yes, I by no means am an expert/think it takes a consummate counselor who can diagnose. #gtchat
- 5:20 pm **eshwaranv:** @coachaddamy I think we might be able to observe a marked difference in concentration in such cases. #gtchat
- 5:21 pm **Begabung:** RT @Frazzlld: Lists of Characteristics Similar in Giftedness and ADHD: <http://ow.ly/3UMjl> #gtchat
- 5:21 pm **DeborahMersino:** Let's move now to the second overexcitability: Sensual. #gtchat
- 5:21 pm **plainspeaksgcc:** @DeborahMersino "aimless activity seems to occur most when there is insufficient mental stimulation" <== yeah, that! #gtchat
- 5:21 pm **jofrei:** RT @Frazzlld: Lists of Characteristics Similar in Giftedness and ADHD: <http://ow.ly/3UMjl> #gtchat
- 5:21 pm **eshwaranv:** RT @Frazzlld: Lists of Characteristics Similar in Giftedness and ADHD: <http://ow.ly/3UMjl> #gtchat
- 5:21 pm **GiftedHF:** #gtchat This one, too: Living with Sensory Sensitivities <http://tinyurl.com/y924clo>
- 5:21 pm **Ingennios:** @Begabung and if they are, they should take advantage of their funny side! #gtchat
- 5:21 pm **DeborahMersino:** RT @GiftedHF: Related to comments in today's #gtchat – ASD/Giftedness: 2E on the Autistic Spectrum <http://fb.me/OSZa2jlj> <-TY! #gtchat
- 5:22 pm **FourofaKind2009:** RT @DeborahMersino: One difference between ADHD and Psychomotor gifted: Gifted are able to keep focused attention/concentration when interested. #gtchat
- 5:22 pm **writinginbinary:** DS hates going to sleep brain doesn't shut off easily, when does, he has nightmares, anxieties, understands more than can process #gtchat
- 5:22 pm **DeborahMersino:** Q2: Any ideas on how Sensual Overexcitabilities might present? #gtchat
- 5:22 pm **Frazzlld:** Sensual: VERY picky eaters! Don't like because of smell, taste, texture, appearance.... #gtchat
- 5:22 pm **DeborahMersino:** Q2: Sensory pleasure - seeing, tasting, touching, hearing. (Silverman) #gtchat
- 5:22 pm **Begabung:** Sensual: In my eye like a jasmin flower with some dew #gtchat
- 5:23 pm **0Quest0:** Also "Dreamers, Discovers, Dynamos" by Palladino. Both gr8 when hadn't a clue why toddler ds seemed "different" <http://ow.ly/1s2ezX> #gtchat
- 5:23 pm **DeborahMersino:** Q2: Sensual expression of emotional tension: Overeating, sexual overindulgence, buying sprees, wanting 2 be in limelight (Silverman) #gtchat
- 5:23 pm **DeborahMersino:** RT @Frazzlld: Sensual: VERY picky eaters! Dont like because of smell, taste, texture, appearance....<=Yes! #gtchat
- 5:23 pm **Begabung:** Q2: they have tears in the pockt...crying very easily :_(#gtchat
- 5:23 pm **writinginbinary:** Q2 touching everything!! even other people! yup had to nip that in the bud! #gtchat
- 5:23 pm **giaimojosephine:** RT @GiftedHF: #gtchat – ASD and Giftedness: Twice Exceptionality on the Autistic Spectrum <http://bit.ly/hGOXaQ> Great article!
- 5:23 pm **laughingatchaos:** Q2: Love/hate relationship with sounds/textures/tastes/sights/etc. #gtchat

pm

5:24 pm **Frazzlld:** Ds used to be very fussy about clothes, not because of how they looked, but how they felt. #gtchat

5:24 pm **DeborahMersino:** @0Quest0 - Grateful for your recommendations! Look forward to checking these out. #gtchat

5:24 pm **Begabung:** RT @DeborahMersino: Q2: Sensual expression of emotional tension: Overeating, sexual overindulgence, buying sprees, wanting 2 be in limelight (Silverman) #gtchat

5:24 pm **mareserinitatis:** Seems like sensory OEs are the same thing as sensory integration dysfunction.

pm
5:24 pm **GiftedHF:** very low threshold to sensory stimuli. #gtchat
#gtchat Care and Feeding of Sensual Overexcitabilities <http://tinyurl.com/4nxjkpt> #2e #gifted

5:24 pm **coachaddamy:** RT @mareserinitatis: Seems like sensory OEs=?sensory integration dysfunction. very low threshold to sensory stimuli. #gtchat interetsing.

5:24 pm **EduGirlSDB:** Listening to your answers to Q2, it sounds like this could be mistaken for SID. #gtchat

5:25 pm **eshwaranv:** Q2) I'm one... Have a strong preference for a set of colours/flavors and music... HATE the rest :-) #gtchat

5:25 pm **jofrei:** Q2 Don't like seams on socks, tags, itchy wool clothes very aware of tastes and textures and smells noises and flickering lights #gtchat

5:25 pm **DeborahMersino:** Q2: Aesthetic pleasures: Appreciation of beautiful objects (gems, jewelry, etc.), writing styles, words. (Silverman). #gtchat

5:25 pm **laughingatchaos:** @mareserinitatis They are very similar; DS9 did OT for SPD and it helped a lot. #gtchat

5:25 pm **DeborahMersino:** RT @GiftedHF: #gtchat Care and Feeding of Sensual Overexcitabilities <http://tinyurl.com/4nxjkpt> #2e #gifted <=TY! #gtchat

5:25 pm **Ingennios:** The person who is awed to breathlessness at the sight of a beautiful sunset or cries hearing Mozart #sensual #gtchat

5:25 pm **Begabung:** Q2: a touch is a blow, a sound is a noise, a misfortune is a tragedy, http://www.ri.net/gifted_talented/character.html #gtchat

5:25 pm **giaimojosephine:** Q2: has to cut the tags out of clothing, can't wear certain textures, sqirmy about food textures, synesthesia, sensitive to sound. #gtchat

5:25 pm **laughingatchaos:** @EduGirlSDB They can also go hand in hand. #gtchat

5:25 pm **Frazzlld:** RT @0Quest0: "Dreamers, Discovers, Dynamos" by Palladino. <http://ow.ly/1s2ezX> < good book. #gtchat

5:25 pm **writinginbinary:** @frazzlld I am still fussy about clothes and how they feel! #gtchat

5:26 pm **DeborahMersino:** Note: The traits I'm listing are from Silverman's book, but it looks like they have been adapted from Piechowski. #gtchat

5:26 pm **Ingennios:** Stephanie S. Tolan <http://bit.ly/au1bEq> #gtchat

5:26 pm **DeborahMersino:** @Ingennios Oh yes! #gtchat

5:26 pm **jofrei:** RT @GiftedHF: #gtchat Care and Feeding of Sensual Overexcitabilities <http://tinyurl.com/4nxjkpt> #gtchat

5:26 pm **laughingatchaos:** @DeborahMersino I think they have, they sound very familiar #gtchat

5:26 pm **Ingennios:** @DeborahMersino I'm like that! You should have seen me in NYC when seasons changed! #gtchat

- 5:27 pm **giaimojosephine:** Q2: That's why I used to love the fairy tale, "The Princess and the Pea"--sensory OE in a nutshell! #gtchat highly sensitive (introverted?)
- 5:27 pm **DeborahMersino:** Q2: Adult gifted populations have been found to be higher in sensual OE than average pop. (Silverman & Ellsworth, 1980). #gtchat
- 5:27 pm **giaimojosephine:** RT @Ingennios: @DeborahMersino I'm like that! You should have seen me in NYC when seasons changed! #gtchat Can you say more?
- 5:28 pm **DeborahMersino:** @giaimojosephine - Never thought of that (re Princess and the Pea). Love it! #gtchat
- 5:28 pm **jofrei:** @DeborahMersino Piechowski Mellow out www.mellowout.us #gtchat
- 5:28 pm **writinginbinary:** RT @giaimojosephine: Q2: That's why I used to love the fairy tale, "The Princess and the Pea"--sensory OE in a nutshell! #gtchat highly sensitive (introverted?)
- 5:28 pm **alisonwells:** Hi there, sorry I'm late. Does seem to be crossover. Son diagnosed with ASD, traits you describe used as indicators for diagnosis #gtchat
- 5:28 pm **DeborahMersino:** RT @writinginbinary: @frazzlld I am still fussy about clothes and how they feel! <=Me 2 &cut another tag out of my dd's shirt today! #gtchat
- 5:29 pm **DeborahMersino:** "Mellow Out They Say: If Only I Could" <http://bit.ly/flhppr> (TY @jofrei ! #gtchat
- 5:29 pm **DeborahMersino:** @alisonwells - Glad you're with us. #gtchat
- 5:30 pm **laughingatchaos:** RT @jofrei: @DeborahMersino Piechowski Mellow out www.mellowout.us #gtchat
- 5:30 pm **Ingennios:** @giaimojosephine And let's not talk about the first flowers in spring. OMG, I couldn't stop feeling overwhelmed. #gtchat
- 5:30 pm **laughingatchaos:** RT@DeborahMersino: "Mellow Out They Say: If Only I Could" <http://bit.ly/flhppr> (TY @jofrei! <-1 of the many bks I own & haven't read #gtchat
- 5:30 pm **DeborahMersino:** The other three Overexcitabilities bear a much more direct relationship on giftedness (Silverman). Let's move to Imaginational OE. #gtchat
- 5:31 pm **DeborahMersino:** Q3: What do you think Imaginational Overexcitability looks like? Ideas? #gtchat
- 5:31 pm **jofrei:** I'm NOT Itchy Dabrowski <http://www.giftedresources.org/jo/blog/?p=369> #gtchat
- 5:31 pm **DeborahMersino:** @laughingatchaos @jofrei - I've wanted to read "Mellow Out" for a long time too. Hopefully this summer!! #gtchat
- 5:31 pm **Frazzlld:** Abstract from James Webb's excellent book on misdiagnosis/dual diagnosis in gifted children and adults: <http://ow.ly/3UMOX> #gtchat
- 5:31 pm **giaimojosephine:** RT @Ingennios: @giaimojosephine let's not talk about the first flowers in spring. OMG, I couldn't stop feeling overwhelmed. #gtchat thanks!
- 5:31 pm **Begabungs:** Fear of the unknown, Good sense of humor,...#gtchat
- 5:31 pm **mareserinitatis:** Both mine have sensory integration issues, and I think they're very similar. RT @alisonwells Son diagnosed with ASD... #gtchat
- 5:32 pm **dayswmd:** #gtchat "Best day of my life" or "Worst day of my life". Always one or the other. Nothing in between...
- 5:32 pm **Ingennios:** They day dream, remember their dreams at night and often react strongly to them, believe in magic #imaginational #gtchat
- 5:32 pm **mareserinitatis:** Difficulty telling what's happening between reality and the stories they create in their own mind. #gtchat
- 5:32 pm **Begabungs:** Imaginational=secondlife, virtual worlds,... #gtchat

- 5:32 pm **writinginbinary:** ds told me he could hear flourescent lights buzz! Sensual OE? #gtchat
- 5:32 pm **laughingatchaos:** Q3:Making mnts of molehills/works self into a frenzy worrying/creates intricate worlds #gtchat
- 5:32 pm **DeborahMersino:** Q3: Free play of the imagination: Frequent use of image/metaphor, facilitation for invention & fantasy, detailed visualization #gtchat
- 5:32 pm **FrazzIld:** @alisonwells Hi Alison! #gtchat
- 5:32 pm **DeborahMersino:** RT @mareserinitatis: Difficulty telling whats happening between reality and the stories they create in their own mind. #gtchat
- 5:33 pm **laughingatchaos:** @DeborahMersino Mine is packed so it'll HAVE to be this summer. LOL #gtchat
- 5:33 pm **eshwaranv:** @DeborahMersino Q3) Thinking about a lot of things at the same time, trying to connect imagination with reality. #gtchat
- 5:33 pm **k_5remediation:** #GTchat please see <http://bit.ly/fttMrm> sensory download & #TPGA <http://bit.ly/dDZ7kr> by @ParentingSPD
- 5:33 pm **alisonwells:** RT @FrazzIld: Abstract from James Webb's excellent book on misdiagnosis/dual diagnosis in gifted children and adults: <http://ow.ly/3UMOX> #gtchat
- 5:33 pm **DeborahMersino:** RT @FrazzIld: Abstract from James Webbs excellent book on misdiagnosis/dual diagnosis in gifted children&adults: <http://ow.ly/3UMOX> #gtchat
- 5:33 pm **Ingennios:** RT @mareserinitatis: Difficulty telling whats happening between reality and the stories they create in their own mind. #gtchat// Oh yes!
- 5:33 pm **laughingatchaos:** RT @dayswmd: #gtchat "Best day of my life" or "Worst day of my life". Always one or the other. Nothing in between...<-YES! #gtchat
- 5:33 pm **dayswmd:** Yup...RT @laughingatchaos: Q3:Making mnts of molehills/works self into a frenzy worrying/creates intricate worlds #gtchat
- 5:33 pm **giaimojosephine:** Q3: Active dreamlife, story-telling, creativity, thin line between imagination & "reality", lots of thoughts, intuitive, possibility #gtchat
- 5:34 pm **Ijconrad:** #gtchat Well now that all my overexcitabilities has been discussed ... I must take my leave! I'll be lonely until next chat. ;)
- 5:34 pm **FrazzIld:** RT @dayswmd: "Best day of my life" or "Worst day of my life". Always one or the other. Nothing in between...< YES!! #gtchat
- 5:34 pm **Begabung:** @eshwaranv and sometimes is lost in his/her own imagination world #gtchat
- 5:34 pm **alisonwells:** @mareserinitatis Yes, everything applies here and the fast brain and giftedness part of that? #gtchat
- 5:34 pm **DeborahMersino:** Q3: Poetic/dramatic perception, animistic/magical thinking. (Silverman/Piechowski) #gtchat
- 5:34 pm **eshwaranv:** Oh yes! > RT @Begabung: @eshwaranv and sometimes is lost in his/her own imagination world #gtchat
- 5:34 pm **eshwaranv:** RT @DeborahMersino: Q3: Poetic/dramatic perception, animistic/magical thinking. (Silverman/Piechowski) #gtchat
- 5:34 pm **giaimojosephine:** RT @writinginbinary: ds told me he could hear flourescent lights buzz! Sensual OE? #gtchat I can hear them, too.
- 5:34 pm **jofrei:** Q3 Vivid imagination imaginary friends Utopian dreams #gtchat
- 5:34 pm **FrazzIld:** RT @mareserinitatis: Difficulty telling whats happening between reality and the stories they create in their own mind. <yes again! #gtchat
- 5:34 nm **0Quest0:** @Ijconrad Bye - see u later? #gtchat

- 5:34 pm **DeborahMersino:** Q3: Spontaneous imagery as an expression of emotional tension: Mixing Truth & Fiction (hmmmm :-)) (Silverman/Piechowski) #gtchat
- 5:35 pm **Begabungs:** Did you see the movie Tron? #gtchat
- 5:35 pm **scholaforis:** @DeborahMersino finding #gtchat really informative tonite. Will there be a summary somewhere? missed the beginning.
- 5:35 pm **Ingennios:** @Begabungs Yes! That is the perfect example! #gtchat
- 5:35 pm **FrazzIId:** @ljconrad See ya later! #gtchat
- 5:35 pm **laughingatchaos:** @giaimojosephine @writinginbinary High-pitched buzzing drives me up a wall. Irony: I'm a classically trained flutist. ;) #gtchat
- 5:35 pm **eshwaranv:** @DeborahMersino My mum still has a notebook into which I had scribbled stories and poems when I was about 9. #gtchat :-)
- 5:35 pm **DeborahMersino:** @ljconrad We will miss you dearly!! TY for being here for a bit!! #gtchat
- 5:35 pm **Ingennios:** @giaimojosephine you are very welcome #gtchat
- 5:35 pm **Begabungs:** Q3: some of them are able to make their dream true...walt disney #gtchat
- 5:36 pm **DeborahMersino:** RT @Begabungs: Did you see the movie Tron?<=No, but now I'll look at it with different lenses! TY. #gtchat
- 5:36 pm **laughingatchaos:** RT @Begabungs: Q3: some of them are able to make their dream true...walt disney<-Huge fans here, for many reasons #gtchat
- 5:36 pm **DeborahMersino:** RT @eshwaranv: @DeborahMersino My mum still has notebook which I had scribbled stories and poems when I was about 9. #gtchat :-)<!! #gtchat
- 5:36 pm **jofrei:** @DeborahMersino: Re Q3: Poetic/dramatic perception, animistic/magical thinking. -imaginary, imaginal, imaginal #gtchat
- 5:36 pm **mareserinitatis:** Have to leave. Have fun everyone! #gtchat
- 5:37 pm **DeborahMersino:** Q3: Imaginational OE: Elaborate dreams/illusions, detailed visual recall, fears of unknown, dramatic (Silverman/Piechowski) #gtchat
- 5:37 pm **DeborahMersino:** @mareserinitatis TY for stopping by! #gtchat
- 5:37 pm **FrazzIId:** @scholaforis Hi there. Yes, @DeborahMersino will post a link to the transcript later #gtchat
- 5:37 pm **Begabungs:** @laughingatchaos me too! #gtchat
- 5:37 pm **dylanfern:** people with imaginal OE seem to be really interested in Greek Mythology and Shakespeare.. in my experience #gtchat
- 5:37 pm **DeborahMersino:** Moving on to Intellectual OE! #gtchat
- 5:38 pm **DeborahMersino:** Q4: What does Intellectual OE look like? #gtchat
- 5:38 pm **jofrei:** Q3 Octopus in a topiary tree series <http://www.giftedresources.org/jo/blog/?p=1076> and following #gtchat
- 5:38 pm **Begabungs:** Love of fantasy...sometimes reality is boring to live in it ;) #gtchat
- 5:39 **laughingatchaos:** Q4:The mind goinggoinggoing, even moving faster than able to talk. #gtchat

4/1/2011
pm

Transcript for #gtchat - What the Hasht...

- 5:39 pm **DeborahMersino:** Q4: Intellectual OE: Probing ?s; problem solving; learning: curiosity, concentration, capacity 4 sustained int. effort (Silverman/P) #gtchat
- 5:39 pm **ParentingSPD:** RT @k_5remediation: #GTchat please see <http://bit.ly/fTtMrm> sensory download & #TPGA <http://bit.ly/dDZ7kr> by @ParentingSPD
- 5:39 pm **Begabungs:** Q4: look like Mensa member maybe? #gtchat
- 5:39 pm **giaimojosephine:** RT @DeborahMersino: Q3: Spontaneous imagery as an expression of ...: Mixing Truth & Fiction(Silverman/Piechowski) #gtchat source?
- 5:39 pm **Ingennios:** Q4: They love learning and learning about everything and anything! #gtchat
- 5:39 pm **writinginbinary:** Q3 great problem solving and question asking, high concentration and focus #gtchat
- 5:39 pm **dylanfern:** Q4: People that go to weeknight trivia and get really into it.. #gtchat
- 5:40 pm **DeborahMersino:** Q4: Intellectual OE: Avid reading, detailed planning. Theoretical thinking: Thinking about thinking, analytical thinking. (S/P) #gtchat
- 5:40 pm **giaimojosephine:** RT @laughingatchaos: @giaimojosephine @writinginbinary High-pitched buzzing drives me up a wall. #gtchat I completely get it!
- 5:40 pm **DeborahMersino:** @dylanfern :-) Soooo my sister. #gtchat
- 5:40 pm **FrazzIld:** Over excitability and the gifted from SENG: <http://ow.ly/3UNIT> #gtchat
- 5:40 pm **writinginbinary:** @writinginbinary meant Q4 #gtchat
- 5:40 pm **Begabungs:** curiosity...like Einstein."I am neither especially clever nor especially gifted. I am only very, very curious #gtchat
- 5:40 pm **Ingennios:** Q4: They are the ones known as #gifted in #Mexico, others don't really count. #gtchat
- 5:40 pm **eshwaranv:** RT @DeborahMersino: Q4: Intellectual OE: Avid reading, detailed planning. Theoretical thinking: Thinking about thinking, analytical thinking. (S/P) #gtchat
- 5:40 pm **laughingatchaos:** RT @Ingennios: Q4: They love learning and learning about everything and anything! #gtchat
- 5:41 pm **laughingatchaos:** RT @Begabungs: curiosity...like Einstein."I am neither especially clever nor especially gifted. I am only very, very curious #gtchat
- 5:41 pm **jofrei:** Q4 Intellectual loves researching puzzles problem solving analysing - can be pedantic and a bit overbearing #gtchat
- 5:41 pm **DeborahMersino:** Q4: Intellectual OE: Introspection, love of theory & analysis, moral thinking/development of hierarchy of values (Silverman/Piech). #gtchat
- 5:41 pm **dylanfern:** also, kids with Intellectual OE will blurt the answers out quickly, almost can't help but call out. #gtchat
- 5:41 pm **FrazzIld:** RT @DeborahMersino: Q4: Intellectual OE: Avid reading, detailed planning. Theoretical thinking: Thinking about thinking, analytical thinking. (S/P) #gtchat
- 5:41 pm **writinginbinary:** often want to know more than they can handle, emotionally, #gtchat
- 5:42 pm **DeborahMersino:** Q4: Intellectual OE: Conceptual and intuitive integration (Silverman/Piechowski). #gtchat
- 5:42 pm **FrazzIld:** RT @DeborahMersino: Q4: Intellectual OE: Introspection, love of theory & analysis, moral thinking/development of hierarchy of values (Silverman/Piech). #gtchat

- 5:42 pm **giaimojosephine:** Q4: tolerance for ambiguity, contradiction, paradox. Loves math and science, philosophy, poetry, concern for humanity, global issues #gtchat
- 5:42 pm **DeborahMersino:** RT @dylanferm: also, kids with Intellectual OE will blurt the answers out quickly, almost cant help but call out.<-also Pscychomotor #gtchat
- 5:42 pm **Begabungs:** Q4: thinking & solving about problems and find suddenly a new problem and its game over! again...again...#gtchat
- 5:43 pm **DeborahMersino:** Love ALL of your input/descriptors...what an excellent group we have today! #gtchat
- 5:43 pm **laughingatchaos:** @dylanferm Not all Int OE kids; DS9 is VERY Int OE but won't participate in class. Off thinking more interesting thoughts! LOL #gtchat
- 5:43 pm **giaimojosephine:** RT @Begabungs: Q4: look like Mensa member maybe? #gtchat Could be, except Mensans = about 1% of the gifted population, go figure... #gtchat
- 5:43 pm **Ingennios:** RT @DeborahMersino: Love ALL of your input/descriptors...what an excellent group we have today! #gtchat//thanks! Love the topic!
- 5:43 pm **DeborahMersino:** And last, but certainly not least....(drum roll please): Emotional Overexcitability. #gtchat
- 5:43 pm **EduGirlSDB:** I am so glad I am listening in today. I almost didn't because I had NO understanding of the topic. #gtchat
- 5:43 pm **Begabungs:** We call them NERVENSÄGE, because they ask a lot of questions ;) #gtchat
- 5:44 pm **DeborahMersino:** Q5: What about Emotional Overexcitabilities? What does it look like/feel like? #gtchat
- 5:44 pm **Begabungs:** I am a NERVENSÄGE too :o) #gtchat
- 5:44 pm **DeborahMersino:** @EduGirlSDB - Love that you're here. I learn each and every week from others. It's what makes collaboration so potent. :-) #gtchat
- 5:44 pm **0Quest0:** Is all excitability not emotional? #gtchat
- 5:44 pm **jofrei:** Re can understand but not ready emotionally Sharing the news with the Dabrowski dogs <http://www.giftedresources.org/jo/blog/?p=419> #gtchat
- 5:44 pm **Ingennios:** Q5: they have a special need for deep connections with other people or animals but are unable to find close friends #gtchat
- 5:44 pm **laughingatchaos:** Q5:Oh hell. Just come visit my house & you can see Emo OE in action. ;) #gtchat
- 5:45 pm **Begabungs:** Q5: main problem Loneliness! #gtchat
- 5:45 pm **writinginbinary:** @deborahmersino if i think about emotional oe, I might start to cry! Yup, got that in the house too! #gtchat
- 5:45 pm **DeborahMersino:** Q5: Intense feelings: positive feelings, negative feelings, extremes of emotion, complex emotions/feelings. (Silverman/Piechowski) #gtchat
- 5:45 pm **giaimojosephine:** RT @laughingatchaos: @dylanferm won't participate in class. Off thinking more interesting thoughts! LOL #gtchat ...underachievement?
- 5:45 pm **DeborahMersino:** RT @laughingatchaos: Q5:Oh hell. Just come visit my house & you can see Emo OE in action. ;)<=lol...here too! #gtchat
- 5:46 pm **giaimojosephine:** RT @EduGirlSDB: I am so glad I am listening in today. I almost didn't because I had NO understanding of the topic. #gtchat U R great!
- 5:46 pm **Ingennios:** Q5: They feel other people's feelings, knowing things others find difficult to understand themselves #gtchat
- 5:46 pm **writinginbinary:** Q5 both ds's cry during commercials, reading fiction and at humane society!

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pm

Transcript for #gtchat - What the Hasht...

#gtchat

- 5:46 pm **giaimojosephine:** RT @Begabungs: I am a NERVENSAE too :o) #gtchat
- 5:46 pm **DeborahMersino:** Q5: Emotional OE: Identification w/other's emotions, laughing/crying together (Silverman/Piechowski) #gtchat
- 5:46 pm **laughingatchaos:** @giaimojosephine Oh, DS9 is totally a gifted underachiever. LOL #gtchat
- 5:46 pm **alisonwells:** Yes, rollercoaster, have to learn not to be overwhelmed #gtchat
- 5:46 pm **Begabungs:** RT @Ingennios: Q5: They feel other people's feelings, knowing things others find difficult to understand themselves #gtchat
- 5:47 pm **Frazzlld:** Q5: Physical expressions of stress when anxious. Stomachaches/headaches etc #gtchat
- 5:47 pm **laughingatchaos:** @giaimojosephine His teachers FINALLY FINALLY!!! see his giftedness. And now we're moving. :/ #gtchat
- 5:47 pm **giaimojosephine:** Q5: My father used to call me Sarah Bernhardt because of my strong emotions...does that count? #gtchat
- 5:47 pm **DeborahMersino:** Q5: Emotional OE - Somatic expressions: tense stomach, sinking heart, blushing, flushing (Silverman/Piechowski) #gtchat
- 5:47 pm **eshwaranv:** Q5) Generally looked upon as tantrum... Got to observe, talk, and listen to them. #gtchat
- 5:47 pm **DeborahMersino:** RT @Frazzlld: Q5: Physical expressions of stress when anxious. Stomachaches/headaches etc<=YES! #gtchat
- 5:47 pm **Begabungs:** They can feel animals, plants, energy around ...everything ...hmmm. #gtchat
- 5:47 pm **Ingennios:** RT @DeborahMersino: Q5: Somatic expressions: tense stomach, sinking heart, blushing, flushing (Silverman/Piechowski) #gtchat// oh yes!
- 5:47 pm **GiftedHF:** RT @giaimojosephine: Q5: My father used to call me Sarah Bernhardt because of my strong emotions... #gtchat // Mine did, too!
- 5:47 pm **Frazzlld:** Q5: Emotional OE is often the first to be noticed by parents (Piechowski) #gtchat
- 5:47 pm **DeborahMersino:** RT @Begabungs: RT @Ingennios: Q5: They feel other peoples feelings, knowing things others find difficult to understand themselves<=! #gtchat
- 5:47 pm **Ingennios:** RT @Begabungs: They can feel animals, plants, energy around ...everything ...hmmm. #gtchat
- 5:48 pm **laughingatchaos:** @writinginbinary ASPCA commercials are a danger zone around here #gtchat
- 5:48 pm **writinginbinary:** Q5 ds won't eat happy faced pancakes because "I dont want to hurt it" #gtchat
- 5:48 pm **jofrei:** Q5 Emotional -complex emotions, laugh/ cry at once, heightened senseofjustice, moved by music patriotism emotions attached memories #gtchat
- 5:48 pm **dylanfern:** @Frazzlld uh oh! I might be in this category... #gtchat
- 5:48 pm **DeborahMersino:** Q5: Strong affective memory, fears/anxieties, feeling of guilt, concern w/death, depression, suicidal moods (S/P) #gtchat
- 5:48 pm **laughingatchaos:** RT @Begabungs: They can feel animals, plants, energy around ...everything ...hmmm.<-Yes! This is MY OE. #gtchat
- 5:49 pm **laughingatchaos:** RT @Frazzlld: Q5: Emotional OE is often the first to be noticed by parents (Piechowski)<-Ya think? ;) LOL #gtchat
- 5:49 pm **giaimojosephine:** Q5: Mixed feelings about strong feelings...feeling vulnerable....high emotional

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Transcript for #gtchat - What the Hasht...

pm

sensitivity...calls some movies "tear-jerkers"? #gtchat

5:49 pm

DeborahMersino: Q5: Emotional OE: Relationship feelings: emotional ties/attachments, empathy, sensitivities, attachment to animals (S/P) #gtchat

5:49 pm

Ingennios: RT @DeborahMersino: Q5: Strong affective memory #gtchat// Strong emotional memory. Period.

5:49 pm

laughingatchaos: @writinginbinary Make a sad face pancake & have him put it out of its misery? ;) #gtchat

5:49 pm

giaimojosephine: RT @laughingatchaos: @giaimojosephine His teachers FINALLY FINALLY!!! see his giftedness. And now we're moving. :/ #gtchat GREAT NEWS!

5:50 pm

EduGirlSDB: @laughingatchaos You are cracking me up! #gtchat

5:50 pm

Frazzlld: @DeborahMersino Strong affective memory < so true! #gtchat

5:50 pm

laughingatchaos: RT @Ingennios: RT @DeborahMersino: Q5: Strong affective memory #gtchat// Strong emotional memory. Period. #gtchat

5:50 pm

0Quest0: RT @laughingatchaos: @writinginbinary Make a sad face pancake & have him put it out of its misery? ;) < rofl #gtchat

5:50 pm

DeborahMersino: Q5: Emotional OE Difficulty adjusting to new environments, loneliness (see tonight's chat!), conflicts re depth of relationship (SP) #gtchat

5:50 pm

laughingatchaos: @giaimojosephine Yeah, but now I have to break in new teachers. Sigh... #gtchat

5:50 pm

dayswmd: lol RT @laughingatchaos: RT @Frazzlld: Q5: Emotional OE is often the first to be noticed by parents (Piechowski)<-Ya think? ;) LOL #gtchat

5:50 pm

DeborahMersino: RT @EduGirlSDB: @laughingatchaos You are cracking me up!<=Isn't she the best! Love her authentic nature! #gtchat

5:50 pm

jofrei: See Emotional's reaction to making New Year resolutions <http://www.giftedresources.org/jo/blog/?p=1635> #gtchat

5:50 pm

laughingatchaos: @EduGirlSDB LOL! I laugh to keep from screaming. OEs around here are heightened w/4 GT family members, all w/OEs #gtchat

5:51 pm

giaimojosephine: RT @GiftedHF: RT @giaimojosephine: Q5: My father used to call me Sarah Bernhardt #gtchat // Mine did, too! NO KIDDING? WOW! I LUV GTCHAT!

5:51 pm

laughingatchaos: @DeborahMersino New environments...groan/sigh/whimper... #gtchat

5:51 pm

giaimojosephine: RT @writinginbinary: Q5 ds won't eat happy faced pancakes because "I dont want to hurt it" #gtchat I love this example!

5:51 pm

laughingatchaos: @DeborahMersino @EduGirlSDB Awww, thanks! <blush> #gtchat

5:51 pm

DeborahMersino: Q5: Emotional OE: Feelings toward self - Self-evaluation & judgment, feelings of inadequacy & inferiority (Silverman/Piechowski) #gtchat

5:51 pm

dayswmd: #gtchat Truly astonishing memory & focus. Also, brand-new acquaintances are "best friends"

5:51 pm

DeborahMersino: RT @laughingatchaos: @DeborahMersino New environments...groan/sigh/whimper...<=I know/thought of you when I wrote it. #gtchat

5:52 pm

DeborahMersino: @laughingatchaos Mine have strong Emotional OEs, but did better than expected/than I though during our move. #gtchat

5:52 pm

laughingatchaos: @DeborahMersino LOL! I bet you did! Tonight's chat will be BIG for me. #gtchat

5:52 pm

Ingennios: Q5: Angrier, sadder, happier than anyone and everyone #gtchat

- 5:52 pm **giaimojosephine:** Q5: Strong affective memory, fears/anxieties, feeling of guilt, concern w/death, depression, suicidal moods (S/P) #gtchat uh oh, you got me!
- 5:52 pm **DeborahMersino:** RT @dayswmd: #gtchat Truly astonishing memory & focus. Also, brand-new acquaintances are "best friends" <=See this so often! #gtchat
- 5:52 pm **eshwaranv:** RT @DeborahMersino: RT @dayswmd: #gtchat Truly astonishing memory & focus. Also, brand-new acquaintances are "best friends" <=See this so often! #gtchat
- 5:52 pm **laughingatchaos:** @DeborahMersino Grandparents at the end helped, I'm sure. I'm praying that's the case for us. #gtchat
- 5:53 pm **DeborahMersino:** Whew! So.... #gtchat
- 5:53 pm **0Quest0:** RT @Ingennios: Q5: Angrier, sadder, happier than anyone and everyone #gtchat
- 5:53 pm **laughingatchaos:** RT @dayswmd: #gtchat Truly astonishing memory & focus. Also, brand-new acquaintances are "best friends" <-OMG YES! #gtchat
- 5:53 pm **DeborahMersino:** Q6: Do any of you recognize these traits in yourself? your students/children/teens? #gtchat
- 5:53 pm **writinginbinary:** @DeborahMersino emo. oe's So hard on themselves, can be tough to watch/perfectionists.. #gtchat
- 5:53 pm **DeborahMersino:** RT @0Quest0: RT @Ingennios: Q5: Angrier, sadder, happier than anyone and everyone <=Perfect descriptor! #gtchat
- 5:53 pm **giaimojosephine:** Q5: Emotional OE Difficulty adjusting to new environments, loneliness , conflicts re depth of relationship (SP) #gtchat That's me, me, me!
- 5:54 pm **eshwaranv:** Q6) Oh yes... It's been an hour of self realization for me :) #gtchat
- 5:54 pm **DeborahMersino:** RT @writinginbinary: @DeborahMersino emo. oes So hard on themselves, can be tough to watch/ perfectionists.. <=Oh yes/so tricky! #gtchat
- 5:54 pm **Ingennios:** RT @DeborahMersino: Q6: Do any of you recognize these traits in yourself? #gtchat//are you kidding me?! All five!
- 5:54 pm **giaimojosephine:** RT @laughingatchaos: @giaimojosephine Yeah, but now I have to break in new teachers. #gtchat Have you considered a loose-leaf notebook?
- 5:54 pm **FrazzIId:** RT @0Quest0: RT @Ingennios: Q5: Angrier, sadder, happier than anyone and everyone #gtchat
- 5:54 pm **eshwaranv:** RT @DeborahMersino: RT @writinginbinary: @DeborahMersino emo. oes So hard on themselves, can be tough to watch/ perfectionists.. <=Oh yes/so tricky! #gtchat
- 5:54 pm **laughingatchaos:** Q6: Emo OE is me. I can FEEL moods/others' emotions. It's exhausting, esp. with a 2e OE son & DH/other son w/OEs #gtchat
- 5:54 pm **EduGirlSDB:** This discussion has helped me see two young ones in a whole new light. One KG and one grade 1. #gtchat
- 5:54 pm **KateArmsRoberts:** Q6: Just got here, but reviewing the discussion, I see me and my kids all over. #gtchat
- 5:54 pm **Begabung:** yes...Me, my daughter, my clients, ... #gtchat
- 5:55 pm **DeborahMersino:** Q6: Wowser. Until I tweeted the descriptors, I don't I fully understood how close to home... #gtchat
- 5:55 pm **jofrei:** A car trip with the OEs? Travelling with the Dabrowski dogs <http://www.giftedresources.org/jo/blog/?p=824> #gtchat
- 5:55 pm **laughingatchaos:** @giaimojosephine Current teachers are going to write letter to the new teachers & be avail via email. So grateful #gtchat

- 5:55 pm **writinginbinary:** Q6 see all o.e's in my students at least two per child, and ds's have 2-3, myself 2-3 o.e's #gtchat
- 5:55 pm **DeborahMersino:** It's important that full credit for the descriptors I detailed go to Silverman & Piechowski. #gtchat
- 5:55 pm **Ingennios:** @laughingatchaos Exhausting indeed #gtchat
- 5:55 pm **giaimojosephine:** RT @jofrei: See Emotional's reaction to making New Year resolutions <http://bit.ly/eL5C7B> #gtchat funny! wonderful! Love it!
- 5:55 pm **FrazzIld:** Q6: We have a selection of them in our house..between us, I think we cover them all! #gtchat
- 5:56 pm **DeborahMersino:** "Counseling the Gifted" by Silverman <http://amzn.to/eBmUWi> (worth the price). #gtchat
- 5:56 pm **KateArmsRoberts:** Q6: A couple of my kids and I have at least 3 OEs each. No wonder we appear so odd to other people. #gtchat
- 5:56 pm **Ingennios:** @dayswmd you are not alone, believe me! #gtchat
- 5:57 pm **jofrei:** Q6 Oh YES!!! It's our family and so many of my friends! #gtchat
- 5:57 pm **dylanfern:** This is so great! GT can be such an isolating endeavor. Thanks for sharing everyone #gtchat
- 5:57 pm **jofrei:** RT @DeborahMersino: "Counseling the Gifted" by Silverman <http://amzn.to/eBmUWi> (worth the price). #gtchat
- 5:57 pm **writinginbinary:** RT @DeborahMersino: "Counseling the Gifted" by Silverman <http://amzn.to/eBmUWi> (worth the price). #gtchat
- 5:57 pm **DeborahMersino:** Important to note that OEs carry POSITIVE connotations. Abundance of physical, sensual, creative, intellectual & emotional energy. #gtchat
- 5:57 pm **Ingennios:** RT @DeborahMersino: Important to note that OEs carry POSITIVE connotations. Abundance of physical, sensual, creative, intellectual & emotional energy. #gtchat
- 5:58 pm **coachaddamy:** #GTchat Looking forward to the transcript! Missed most of today's chat, sadly. A topic near and dear to my heart! Thx all!
- 5:58 pm **FrazzIld:** RT @jofrei: RT @DeborahMersino: "Counseling the Gifted" by Silverman <http://amzn.to/eBmUWi> (worth the price). #gtchat
- 5:58 pm **Ingennios:** @DeborahMersino Lots of positive connotations. Great ideas, great projects, creativity... #gtchat
- 5:58 pm **oceanshaman:** RT @DeborahMersino: "Counseling the Gifted" by Silverman <http://amzn.to/eBmUWi> (worth the price). #gtchat
- 5:58 pm **DeborahMersino:** Translated from Polish (Dabrowski), "overexcitability" means "superstimulatability." All can be tapped for good! #gtchat
- 5:58 pm **laughingatchaos:** RT@DeborahMersino:Important:OEs carry POSITIVE connotations.Abundance of physical,sensual, creative, intellectual & emotional energy #gtchat
- 5:58 pm **writinginbinary:** Gosh- this was the quickest hour ever! Thanks @deborahmersino et al! #gtchat
- 5:58 pm **giaimojosephine:** RT @laughingatchaos: @giaimojosephine Current teachers are going to write letter to the new teachers & be avail via email. #gtchat Terrific
- 5:58 pm **DeborahMersino:** @coachaddamy - Will work to get it up as quickly as I can! #gtchat
- 5:58 pm **KateArmsRoberts:** Sometimes this is hard to remember. RT @DeborahMersino: Important to note that OEs carry POSITIVE connotations. #gtchat
- 5:59 pm **DeborahMersino:** Final thoughts everyone? Wow, that went FAST! #gtchat

5:59 pm **Ingennios:** We love #gtchat! Thanks to all!

5:59 pm **Frazzlld:** Interesting that my underachieving kid is the one with strongest OE's #gtchat

5:59 pm **DeborahMersino:** Final thought: these are gifts to be cherished/channeled. Children/teens need support from parents/teachers/counselors. #gtchat

5:59 pm **writinginbinary:** I try to remember to celebrate the kids O.E's it is part of their giftedness and special-ness, but boy it can be a challenge! #gtchat

5:59 pm **eshwaranv:** Thanks to @DeborahMersino and all others for a great convo on #gtchat.. Have a great weekend. :-)

5:59 pm **dayswmd:** #gtchat Don't want to sound negative though. My bright little poppet outshines most. Just gives me a little retinal damage at times...;-)

5:59 pm **eshwaranv:** RT @DeborahMersino: Final thought: these are gifts to be cherished/channeled. Children/teens need support from parents/teachers/counselors. #gtchat

5:59 pm **giaimojosephine:** Silverman & Piechowski are terrific, in person, and what they write (a friend has met them both). Silverman is in NJ in March #gtchat

6:00 pm **Begabung:** Thank you everybody and special thank to Deborah! Great JOB! #gtchat

6:00 pm **laughingatchaos:** Final: OEs are exhausting, parents need recognition of the advanced parenting their GT/OE kids require. And wine. ;) #gtchat

6:00 pm **0Quest0:** RT @DeborahMersino: these are gifts to be cherished/channeled. Children/teens need support from parents/teachers/counselors. #gtchat

6:00 pm **jofrei:** I use Imaginational Dab as a contrast to Wistful Black Dog Imaginational looks forward w hope Wistful looks back w regret #gtchat

6:00 pm **EduGirlSDB:** Now I want another session on how to best guide these kids through the OEs to their potential in the classroom! #gtchat

6:00 pm **laughingatchaos:** @Frazzlld Perhaps UA because compensating for so many OEs? #gtchat

6:00 pm **DeborahMersino:** "One of the greatest gifts a counselor can give gifted young people is an appreciation of their sensitivities,intensities&passions." #gtchat

6:00 pm **laughingatchaos:** @dayswmd Bwahahahaha!!! #gtchat

6:00 pm **DeborahMersino:** Last quote came from Silverman. #gtchat

6:00 pm **eshwaranv:** RT @DeborahMersino: "One of the greatest gifts a counselor can give gifted young people is an appreciation of their sensitivities,intensities&passions." #gtchat

6:01 pm **laughingatchaos:** @EduGirlSDB You and me both! ;) #gtchat

6:01 pm **DeborahMersino:** RT @EduGirlSDB: Now I want another session on how to best guide these kids through the OEs to their potential in the classroom!<YES! #gtchat

6:01 pm **KateArmsRoberts:** Yes!! RT @laughingatchaos: parents need recognition of the advanced parenting their GT/OE kids require. And wine. ;) #gtchat

6:01 pm **Frazzlld:** RT @laughingatchaos: OEs are exhausting, parents need recognition of the advanced parenting their GT/OE kids require. And wine. ;) #gtchat

6:01 pm **KateArmsRoberts:** Me too. RT @EduGirlSDB: I want another session on how to best guide these kids through the OEs to their potential in the classroom! #gtchat

6:01 pm **DeborahMersino:** Well, that's it! TY ALL for your thoughtful, beautiful descriptions and insights & for sharing your experiences. #gtchat

6:02 pm **EduGirlSDB:** @DeborahMersino Thanks for another well-prepped and engaging chat! #gtchat

6:02 pm **FrazzIld:** @laughingatchaos No doubt..emotional OE causes a lot of days off school for a start #gtchat

6:02 pm **DeborahMersino:** Transcript will be up shortly. And please join us at 7pm/EST for our #gtchat session on BONDING. We'll discuss challenges/loneliness #gtchat

6:02 pm **DeborahMersino:** RT @EduGirlSDB: @DeborahMersino Thanks for another well-prepped and engaging chat!<=My pleasure! #gtchat

6:02 pm **writinginbinary:** @DeborahMersino TY! This was a crystalizing experience for me! #gtchat

6:02 pm **jofrei:** @EduGirlSDB A teaching unit by Cindy Strickland http://nswagtc.org.au/images/stories/infocentre/strickland_dabrowski.pdf #gtchat

6:03 pm **giaimojosephine:** RT @EduGirlSDB: how to best guide these kids through the OEs to their potential in the classroom! #gtchat keep coming back, it gets better!

6:03 pm **DeborahMersino:** RT @jofrei: @EduGirlSDB A teaching unit by Cindy Stricklandhttp://nswagtc.org.au/images/stories/infocentre/strickland_dabrowski.pdf #gtchat

6:03 pm **dayswmd:** #gtchat. Bye, all. Great today. I love our amazing-but-vulnerable little ones. Wouldn't trade for anything.

6:03 pm **laughingatchaos:** Ok, I'm off to create my day now! :) See y'all tonight! #gtchat

6:03 pm **EduGirlSDB:** @jofrei Thanks! #gtchat

6:03 pm **FrazzIld:** @DeborahMersino TY. And TY everyone for a great chat. Going out tonight, but hope to make it back for the 12am (GMT) session #gtchat

6:04 pm **DeborahMersino:** One more time, I just have to say thank you for all of your invaluable contributions & resources. YOU are #gtchat! #gtchat

6:04 pm **dayswmd:** Quick. Is there a #gtchat facebook group? I don't fb much but that would interest me.

6:04 pm **jofrei:** @DeborahMersino Thank you very much once again for a great chat #gtchat

6:04 pm **DeborahMersino:** RT @writinginbinary: @DeborahMersino TY! This was a crystalizing experience for me!<=Wow. You made my day! Thank you. #gtchat

6:05 pm **giaimojosephine:** Deborah, thanks for a terrific chat facilitation. Everyone, thanks for a wonderful hour, I really appreciate it! #gtchat

6:05 pm **DeborahMersino:** RT @dayswmd: #gtchat. Bye, all. Great today. I love our amazing-but-vulnerable little ones. Wouldnt trade for anything.<=Well said!! #gtchat

6:06 pm **DeborahMersino:** @giaimojosephine My pleasure! I revel in these hours of sharing and learning. :-)
#gtchat

6:06 pm **DeborahMersino:** Our transcript site is down. I'll post our chat session transcript as soon as it's up again! #gtchat

6:06 pm **Begabung:** Apfelstrudel is ready for #gtstoogies #gtchat

6:07 pm **Paul71:** Thank you all for some really interesting insights. Plenty of food for thought there. Looking forward to the next #gtchat

6:07 pm **0Quest0:** Thank you Deborah and to all #gtchat

6:09 pm **2girlsandpoodle:** Following these tweets potentially life-changing. Describes the 2adults & 2kids of my family. Amazed. #gtchat

6:10 pm **asynschlrfsnd:** Sorry 2 miss #gtchat this a.m.; looking forward 2 reading the transcript when it's up!

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Transcript for #gtchat - What the Hasht...

- 6:14 pm **DeborahMersino:** RT @2girlsandpoodle: Following these tweets potentially life-changing. Describes the 2adults & 2kids of my family. Amazed.<=Good! #gtchat
- 6:14 pm **DeborahMersino:** @asynchschrlnfd - TY for all of your RTs/support. I'll be sure to get it up as soon as it's available. Best wishes! #gtchat
- 6:14 pm **DeborahMersino:** @Paul71 - Glad you were following along! #gtchat
- 6:42 pm **DeborahMersino:** RT @IDODI Destination ImagiNation Training Events in #MA #MD #IA #WA and #TX and the first Regional Tournament in #GA This weekend! #gtchat
- 6:47 pm **DeborahMersino:** #Gifted & talent development organizations will be exponentially more effective and impactful when they embrace technology fully. #gtchat
- 6:57 pm **DeborahMersino:** Enjoy #gtchat? Your support can help take our efforts to the next level: <http://bit.ly/hFJOB4> TY for your consideration! #gifted
- 7:05 pm **geraldaungst:** Interesting social studies lesson: students examine changes on "View History" tab for Wikipedia pgs on Egypt, Mubarak. #edchat #gtchat
- 7:24 pm **LesLinks:** Hi Deborah.. Very sorry to have missed it was really looking forward to this one.close to home at present.. Momtaxi was required.;-(#gtchat
- 9:38 pm **LessonPlanet:** I'm done! Now, what can I do in Math?: Here are some ways to avoid having bored students or a st... <http://bit.ly/fqPzsB> #Gifted #gtchat
- 10:41 pm **lizditz:** #GTchat Gifted & autistic <http://bit.ly/hn4Xw> What social norms should the child meet? @Oregon2E #TPGA
- 11:04 pm **Ijconrad:** Interesting discussion on Davidson's Database Re: #2E #gifted #gtchat <http://fb.me/HBY7ThCn>
- 11:08 pm **DeborahMersino:** Less than an hour until #gtchat! Our topic at 7pm/EST will be BONDING: Supporting Kids Who Feel Lonely/Different. #gifted #parenting #gtchat
- 11:10 pm **KateArmsRoberts:** RT @DeborahMersino: Less than an hour until #gtchat! Our topic at 7pm/EST will be BONDING: Supporting Kids Who Feel Lonely/Different.
- 11:10 pm **Ijconrad:** Univ of So Miss offering gt programs for teacehrs & students #gifte #gtchat #edchat <http://fb.me/OxcSp5BK>
- 11:11 pm **KateArmsRoberts:** Gonna miss most of #gtchat because of parenting. Hoping to check in late.
- 11:17 pm **Ijconrad:** Aussie gt students utilizing distance education #gifted #gtchat #edchat #edtech <http://fb.me/ANseiQ7X>
- 11:21 pm **DeborahMersino:** @KateArmsRoberts - A good reason to miss. Hope we see you though! #gtchat
- 11:23 pm **Ijconrad:** Power of advocacy: Chicago area school district moves gt cuts from immediate to drastic #gtchat #gifted <http://fb.me/UvQ0aZx0>
- 11:25 pm **DeborahMersino:** RT @Ijconrad: Power of advocacy: Chicago area school district moves gt cuts from immediate to drastic #gifted <http://fb.me/UvQ0aZx0> #gtchat
- 11:26 pm **DocForeman:** RT @DeborahMersino: RT @Ijconrad: Power of advocacy: Chicago area school district moves gt cuts from immediate to drastic #gifted <http://fb.me/UvQ0aZx0> #gtchat
- 11:28 pm **Ijconrad:** Hawaiian students make gains in earning college credit via AP #edchat #gtchat <http://fb.me/MVcUWh62>
- 11:33 pm **Ijconrad:** Gifted advocacy makes a comeback in Kentucky school district! #gtchat #gifted <http://fb.me/PrGMVTFY>
- 11:38 pm **lizditz:** MT @DeborahMersino 23 minutes to #gtchat! topic BONDING: Supporting Kids Who Feel Lonely/Different. attention #TPGA fans
- 11:42 pm **Ijconrad:** Presentation from UCONN Analyzing Evidence Based Research Extending gt pedagogy #gtchat #edchat <http://fb.me/zTpYe59X>
- 11:46 **Ijconrad:** Teaching critical thinking from Carol Fertig at Prufrock Press #gtchat #gifted

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pm

Transcript for #gtchat - What the Hasht...

<http://fb.me/VfiCIRb8>

11:47
pm

jofrei: RT @ljconrad: Teaching critical thinking from Carol Fertig at Prufrock Press #gtchat #gifted <http://fb.me/VfiCIRb8>

11:48
pm

DeborahMersino: RT @jofrei: RT @ljconrad: Teaching critical thinking from @cfertig1 at Prufrock Press #gtchat #gifted <http://fb.me/VfiCIRb8> <=TY! #gtchat

11:49
pm

DeborahMersino: @ljconrad - Can't wait to read all your tweets/links after the chat. TY for being our news source! #gtchat

11:55
pm

jofrei: RT@DeborahMersino #gtchat topic BONDING: Supporting Kids Who Feel Lonely/Different <= starting in 5 mins #gtchat

11:55
pm

DeborahMersino: My tweets 4 next hour will be devoted to #gtchat. Pardon heavy stream. Topic: BONDING: Supporting Kids Who Feel Lonely/Different. #gtchat

11:57
pm

megwhoffman: RT @DeborahMersino: My tweets 4 next hour will be devoted to #gtchat. Pardon heavy stream. Topic: BONDING: Supporting Kids Who Feel Lonely/Different. #gtchat

11:58
pm

deepwaterscoach: My tweets 4 next hour will be devoted to #gtchat. Pardon heavy stream. Topic: BONDING: Supporting Kids Who Feel Lonely/Different. #gtchat

11:58
pm

jofrei: RT @ljconrad: Aussie gt students utilizing distance education #gifted #gtchat #edchat #edtech <http://fb.me/ANseiQ7X> #gtchat

11:59
pm

ljconrad: RT @deepwaterscoach: My tweets 4 next hour will be devoted to #gtchat. Pardon heavy stream. #gtchat

11:59
pm

DeborahMersino: Welcome to #gtchat! Our topic: BONDING: Supporting Kids Who Feel Lonely/Different. Join us now. #parenting #gifted #gtchat

February 12, 2011

jofrei: RT @ljconrad: Interesting discussion on Davidsons Database Re: #2E #gifted #gtchat <http://fb.me/HBY7ThCn> #gtchat

ljconrad: @DeborahMersino TY :D #gtchat

DeborahMersino: Please take a moment to introduce yourselves, your role (parent, educator, counselor, advocate, blogger) & share where you reside! #gtchat

deepwaterscoach: RT @ljconrad: RT @deepwaterscoach: My tweets 4 next hour will be devoted to #gtchat. Pardon heavy stream.//or better yet, jump in! #gtchat

12:01
am

jofrei: Hi Jo Freitag from Gifted Resources in Melbourne Australia #gtchat

12:01
am

21stprincipal: John Robinson principal of a redesign high school in North Carolina USA #gtchat

12:01
am

DeborahMersino: I'm Deborah Mersino, moderator of #gtchat, speaker/consultant to GT communities, wife/mom to 2 girls & a learner! I'm in Colorado. #gtchat

12:02
am

ljconrad: Hi from Pittsburgh! Blogger, advocate, parent of gifted kids! Kinda lonely 2nite! dd in Europe, ds out & dh @work. #gtchat

12:02
am

megwhoffman: #gtchat Hello! I'm a curriculum developer at / recent graduate of William & Mary. But this is just a break from teaching elementary kids.

12:02
am

LesLinks: Leslie from Ireland for a little while... tired... ;-D #gtchat [Like it? <http://bit.ly/gGmznG>]

12:03
am

LesLinks: @ljconrad ditto here... #gtchat

12:03
am

DeborahMersino: Welcome North Carolina, Australia, Colorado, Pittsburgh, Ireland, Virginia! Glad you are all here. #gtchat

12:03
am

deepwaterscoach: Hi from CO! I'm Chief Sanity (or Insanity, depending on your perspective) Officer to Gifted Grownups & Parents of GT Kids. #gtchat

12:03 am **deepwaterscoach:** Also parent to 2 GT kids, 1 is 2e. #gtchat

12:03 am **DeborahMersino:** Yes, thank you to our Irish tweeps, who stay awake late to share their thoughts, insights and resources! #gtchat

12:03 am **Ijconrad:** @deepwaterscoach @LesLinks @jofrei Hi!!!!!!!!!!!!!!!!!!!!!! #gtchat

12:04 am **21stprincipal:** Our school as rule takes many students who see themselves as unique and different & we provide them with accepting environment. #gtchat

12:04 am **DeborahMersino:** There are so many potential ways to look at this topic. Let's begin with a few questions about your own experiences/what you see. #gtchat

12:04 am **deepwaterscoach:** RT @Ijconrad: @deepwaterscoach @LesLinks @jofrei Hi!!!!!!!!!!!!!!!!!!!!!!/Hi!!!!!!!!!!!!!! #gtchat

12:04 am **laughingatchaos:** I'm Jen in CO, soon IL. Mom to 2 GT boys, one is 2e. Advocate/blogger/writer/packing Goddess. ;) #gtchat

12:04 am **LesLinks:** Parent of 2 kids one deffo 2E the other probably.. ;-#D #gtchat

12:04 am **LesLinks:** RT @Ijconrad: @deepwaterscoach @LesLinks @jofrei Hi!!!!!!!!!!!!!!!!!!!!!! yayayayayayayaya!!!!!!!!!!!!!! #gtchat

12:04 am **DeborahMersino:** Q1: What do you think causes the feelings of isolation and loneliness that many gifted, talented & creative learners feel? #gtchat

12:04 am **deepwaterscoach:** RT @DeborahMersino: TY to our Irish tweeps, who stay awake late 2 share their thoughts, insights & resources! *handing them coffee* #gtchat

12:05 am **megwhoffman:** #gtchat @laughingatchaos I will soon be there! I'm dreading the packing and moving that must be done around here this spring.

12:05 am **Ijconrad:** @laughingatchaos Hi, Jen! #gtchat

12:05 am **jofrei:** @deepwaterscoach @Ijconrad @LesLinks @jofrei Hi !!!!!!!!!!!!!!! (waving madly across the ocean) #gtchat

12:05 am **DeborahMersino:** While you're answering Q1, I'm going to start putting up a few resource links. #gtchat

12:05 am **deepwaterscoach:** Q1: We only have an hour? #gtchat

12:05 am **Ijconrad:** RT @deepwaterscoach: Q1: We only have an hour? #gtchat

12:06 am **DeborahMersino:** Straight Talk: Helping Bright Teens Through Tough Times via @DavidsonGifted <http://bit.ly/evF57v> #gtchat

12:06 am **EduGirlSDB:** Man, 5 minutes late again. Catching up and slinking into #gtchat. Stephanie in VA, sub, mom of 1, elem tchr.

12:06 am **laughingatchaos:** @megwhoffman Packing has sucked my will to live. ;) #gtchat

12:06 am **deepwaterscoach:** Q1: We live in a society made up of boxes. Our kids don't fit into these boxes & are given msgs that it's bad/wrong not to. #gtchat

12:06 am **laughingatchaos:** Q1: If I knew why they felt so isolated, I could fix it. #gtchat

12:06 am **DeborahMersino:** Excerpts from Some of My Best Friends Are Books (on loneliness) <http://bit.ly/ftJoxB> #gtchat

12:07 am **laughingatchaos:** RT @deepwaterscoach: Q1: We only have an hour?<-Bwahahahahaha!!! #gtchat

12:07 am **LesLinks:** Q1 unusually in our case, we are dealing with feelings of 'ordinaryness??' #gtchat [Like it? <http://bit.ly/hUqEMP>]

12:07 **deepwaterscoach:** Q1: Even from very young, our kids get involved in activities where they're different and misunderstood and shamed for being so. #gtchat
am

12:07 **jofrei:** Q1 Lonely because age peers are not true peers, because often mis-understood, their interests are so different etc, etc, etc! #gtchat
am

12:07 **laughingatchaos:** @DeborahMersino Yet another book I own, haven't yet read, and is now packed. ./ #gtchat
am

12:07 **megwhoffman:** #gtchat @laughingatchaos I remember it sucking my will to live when we moved down here. Wish I could hand you a glass of wine!
am

12:07 **deepwaterscoach:** RT @laughingatchaos: Q1:If I knew why they felt so isolated, I could fix it. #gtchat
am

12:07 **TPBookSeries:** RT @deepwaterscoach: Q1: We live in a society made up of boxes. Our kids don't fit into these boxes & are given msgs that it's bad/wrong not to. #gtchat
am

12:07 **deepwaterscoach:** RT @jofrei: Q1 Lonely because age peers are not true peers, because often mis-understood, their interests are so different etc! #gtchat
am

12:07 **laughingatchaos:** @megwhoffman LOL! I'll be pouring a glass shortly. ;) #gtchat
am

12:08 **TPBookSeries:** RT @deepwaterscoach: Q1: Even from very young, our kids get involved in activities where they're different and misunderstood and shamed for being so. #gtchat
am

12:08 **ljconrad:** Q1: bullying, lack of understanding by teachers, asynchronous development #gtchat
am

12:08 **DeborahMersino:** @EduGirlSDB No tardy slips given here; we're delighted you're with us! #gtchat
am

12:08 **LesLinks:** Which means does not want to engage try things anymore... just hates school, lonely.. #gtchat
am

12:08 **DeborahMersino:** Q1: Dovetailing off our noon/EST chat, Emotional OE and the other overexcitabilities can play a huge role. #gtchat
am

12:08 **megwhoffman:** #gtchat Q1: I love @DeepWatersCoach 's use of the word shamed. I see that a lot.
am

12:08 **laughingatchaos:** Q1: Yeah, I think asynchronous development has a LOT to do with it. #gtchat
am

12:09 **laughingatchaos:** RT @DeborahMersino: Q1: Dovetailing off our noon/EST chat, Emotional OE and the other overexcitabilities can play a huge role.<-YUP! #gtchat
am

12:09 **DeborahMersino:** Q1: In Silverman's book, one girl states, "We are not 'normal' and we know it." #gtchat
am

12:09 **ByrdseedGifted:** #gtchat Hi all. Ian Byrd here. 6th grade gifted teacher in California.
am

12:10 **laughingatchaos:** Q1:2e DS9 has extreme emotional OE, he's aware of it, & I think he only allows in peers he trusts with that. #gtchat
am

12:10 **deepwaterscoach:** RT @megwhoffman:Q1: I love @DeepWatersCoach s use of the word shamed. I see that a lot.//Thx. Shame plays a huge role, I think. U? #gtchat
am

12:10 **DeborahMersino:** Q1: "Multiple meanings, innuendos, and self-consciousness plague us." #gtchat
am

12:10 **deepwaterscoach:** RT @DeborahMersino: Q1: In Silvermans book, one girl states, "We are not normal and we know it." #gtchat
am

12:10 **TPBookSeries:** RT @deepwaterscoach: RT @jofrei: Q1 Lonely because age peers are not true peers, because often mis-understood, their interests are so different etc! #gtchat
am

12:10 **LesLinks:** Q1 Yeah asynchronous is a feature that does not help. Silverman is good on this #gtchat [Like it? <http://bit.ly/ekcLuV>]
am

12:10 **deepwaterscoach:** @ByrdseedGifted Hi! Great to see you! #gtchat
am

4/1/2011

Transcript for #gtchat - What the Hasht...

12:10
am

deepwaterscoach: @ByrdseedGifted Hi, Ian! Great to see you! #gtchat

12:10

DeborahMersino: @ByrdseedGifted So happy to have you with us Ian. Q1: What do you think

am

causes gifted kids/teens to feel lonely/isolated/different? #gtchat

12:11

DeborahMersino: Q1: Intensive self-analysis, self-criticism and the ability to recognize they have limits can also add to feelings of frustration #gtchat

am

12:11

DeborahMersino: RT @LesLinks: Q1 Yeah asynchronous is a feature that doesn't help. Silverman is good on this #gtchat [Like it? <http://bit.ly/ekcLuV>] #gtchat

am

12:11

jofrei: RT @DeborahMersino: Q1: Dovetailing off prev chat Emotional OE and other overexcitabilities can play huge role <= true >bullying #gtchat

am

12:11

ByrdseedGifted: #gtchat We do a Meyers-Briggs style personality test early in the year. Kids can see that their personality types are often rare.

am

12:11

megwhoffman: #gtchat @DeepWatersCoach I think some shame is subtle. Kids pick up when they're "too much" for the teacher to handle.

am

12:12

LesLinks: Shame is what I think dd is feeling at moment.. struggles in math but 99% abstract thinker, but compares to ds, so feels 'ordinary'. #gtchat

am

12:12

EduGirlSDB: RT @megwhoffman: #gtchat @DeepWatersCoach I think some shame is subtle. Kids pick up when they're "too much" for the teacher to handle.

am

12:12

DeborahMersino: Q1: "Self-searching leaves us even more discombobbled." (From American Association for Gifted Children). #gtchat

am

12:12

laughingatchaos: @ByrdseedGifted Oh, I should do that personality test w/my 2e DS9. THAT would be eye-opening! #gtchat

am

12:12

ByrdseedGifted: #gtchat I know some shy kids have really connected with this activity (of course they let me know via email!)

am

12:12

DeborahMersino: RT @megwhoffman: @DeepWatersCoach I think some shame is subtle. Kids pick up when they're "too much" for the teacher to handle. <YES #gtchat

am

12:12

deepwaterscoach: @megwhoffman I agree. So subtle that we don't name it that. But kids internalize that feeling & extrapolate it to other part of life #gtchat

am

12:13

laughingatchaos: @megwhoffman But when they make that connection with a teacher who CAN handle them, it's magic. We have that this year. :) #gtchat

am

12:13

LesLinks: @DeborahMersino Ya... self searching.. do to much of that myself I think...;-D #gtchat

am

12:13

DeborahMersino: Q1: We've talked about "too-muchness" before and I believe the intensities/OEs/asynchrony play a major part in this. #gtchat

am

12:13

megwhoffman: @laughingatchaos You just summarized why I want to teach gifted kids!! :) #gtchat

am

12:13

deepwaterscoach: RT @laughingatchaos: @megwhoffman But when they make that connection with a teacher who CAN handle them, its magic. #gtchat

am

12:13

LesLinks: @laughingatchaos @megwhoffman Ya.. magic... #gtchat

am

12:13

DeborahMersino: @ByrdseedGifted Just out of curiosity, what types do you see most often? #gtchat

am

12:14

laughingatchaos: Q1: GT "too-muchness" plays a huge role in all parts of their lives! #gtchat

am

12:14

deepwaterscoach: RT @DeborahMersino: Q1: Weve talked about "too-muchness" before & I believe intensities/OEs/asynchrony play a major part in it./Yes! #gtchat

am

12:14

jofrei: Q1 They want to discuss things no one else wants to eg Talkfest <http://www.giftedresources.org/jo/blog/?p=14> #gtchat

am

12:14

ljconrad: Had to do PD last yr at county-wide class. Activity: personality typing. Out of 72 educators, I was only 'green'. It was awful!!! #gtchat

am

4/1/2011

Transcript for #gtchat - What the Hasht...

- 12:14 am **laughingatchaos:** @megwhoffman :) It's his homeroom tchr, NOT the GT tchr. ./ But I value him so much. Those teachers are rare and awesomesauce! :) #gtchat
- 12:14 am **megwhoffman:** RT @DeborahMersino: Q1: Talked abt "too-muchness" & I believe the intensities/OEs/asynchrony play a major part in ths. #gtchat / agree!!
- 12:14 am **ByrdseedGifted:** #gtchat @DeborahMersino We split evenly with extrovert/introvert typically. Lots of kids prefer to work alone and take their time.
- 12:15 am **LesLinks:** @DeborahMersino to muchness is right... leaves one gasping for air.... quivering with feelings.. glistening eyed and vulnerable.. #gtchat
- 12:15 am **DeborahMersino:** @ljconrad Never heard of "green" typing. :-) What kind of test was it? #gtchat
- 12:15 am **DeborahMersino:** @ByrdseedGifted That's what I find interesting. So often, ppl think gifted fall only into the introvert category. Thanks! #gtchat
- 12:16 am **deepwaterscoach:** RT @DeborahMersino: @ljconrad Never heard of "green" typing. :-) What kind of test was it?//Environmentally friendly? #gtchat
- 12:16 am **jofrei:** RT @DeborahMersino: Q1: "Multiple meanings, innuendos, and self-consciousness plague us." True! #gtchat
- 12:16 am **DeborahMersino:** Q1: Sensitivities (feelings for others can be deep), which is hard when it's not reciprocated. Feel hurt when displeased w/others. #gtchat
- 12:16 am **LesLinks:** @ByrdseedGifted @DeborahMersino I like... some 'like' to work on their own.. they do!! #gtchat
- 12:16 am **DeborahMersino:** @deepwaterscoach @DeborahMersino @ljconrad lol... #gtchat
- 12:16 am **jensmiles_3:** @DeborahMersino Am reading "A wrinkle in time" w/DS9 based on recommendation of "Some of my best friends are books." #gtchat
- 12:17 am **ByrdseedGifted:** #gtchat @DeborahMersino Just the act of discussing personality can be helpful. ex Some of us are creative, some like to do 1 thing well.
- 12:17 am **ljconrad:** @DeborahMersino lol They just color-coded for class. Only person who 'liked' thinking out of the box. Go figure! Who me? #gtchat
- 12:17 am **DeborahMersino:** @LesLinks: Re "too muchness is right... leaves one gasping for air.... quivering with feelings.. glistening eyed and vulnerable..!!" #gtchat
- 12:17 am **ljconrad:** @deepwaterscoach :p #gtchat
- 12:17 am **ByrdseedGifted:** Great GT book! RT @jensmiles_3: Am reading "A wrinkle in time" w/DS9 based on recommendation of "Some of my best friends are books." #gtchat
- 12:17 am **laughingatchaos:** @ljconrad Did you acknowledge there WAS a box? ;) #gtchat
- 12:17 am **TPBookSeries:** RT @DeborahMersino: Q1: Sensitivities (feelings for others can be deep), which is hard when it's not reciprocated. Feel hurt when displeased w/others. #gtchat
- 12:18 am **DeborahMersino:** @ByrdseedGifted What I like about what you're saying is that it opens the door 4 us to understand differences/excellent! #gtchat
- 12:18 am **LesLinks:** Some feel so deeply, that they protect themselves by 'not feeling'.. #gtchat [Like it? <http://bit.ly/ewbfrg>]
- 12:18 am **megwhoffman:** RT @jensmiles_3: Am reading "A wrinkle in time" w/DS9 based on rec. of "Some of my best friends R books." #gtchat /SO good 4 this topic!
- 12:18 am **laughingatchaos:** RT @LesLinks: Some feel so deeply, that they protect themselves by not feeling.. <-I do this, a lot. :(And it hurts. #gtchat
- 12:18 am **DeborahMersino:** RT @LesLinks: Some feel so deeply, that they protect themselves by not feeling.. <=Yep. Shut down. Close others out/incl. parents. #gtchat
- 12:18 am **deepwaterscoach:** @ljconrad It's not easy being green... #gtchat

4/1/2011

Transcript for #gtchat - What the Hasht...

12:19 am **ljconrad:** @laughingatchaos Oh, Jen. Everyone else seemed huddled together inside the box; I couldn't help but notice it! :) #gtchat

12:19 am **padgets:** #gtchat Hi everyone sorry I am late, My name is Sharon and I am a HS science teacher from Iowa in the USA

12:19 am **DeborahMersino:** @megwhoffman @jensmiles_3 - Now I'm definitely going to go back and reread/suggest for my dds. Loved A Wrinkle in Time. #gtchat

12:19 am **ljconrad:** @deepwaterscoach very funny. #gtchat

12:19 am **LesLinks:** @laughingatchaos @LesLinks happens in this house with more than one of us.. many levels to sift through... ;-(#gtchat

12:19 am **laughingatchaos:** @ljconrad LOL! And then you taped it up and put it on a moving truck...wait, that was my week. ;) #gtchat

12:19 am **deepwaterscoach:** RT @laughingatchaos RT @LesLinks: Some feel deeply, they protect themselves by not feeling.<-I do this, a lot. And it hurts.//ironic #gtchat

12:20 am **LesLinks:** @padgets Woooooohooooo hellllooooo!! #gtchat

12:20 am **megwhoffman:** @DeborahMersino I didn't notice how great Wrinkle in Time was for GT kids till I re-read with students. AMAZING! #gtchat

12:20 am **DeborahMersino:** Q1: Also gifted, talented and creative learners can be extremely hard on themselves - others may not understand/know how 2 handle. #gtchat

12:20 am **padgets:** @LesLinks #gtchat missed you too!!! Hellooo!

12:20 am **ljconrad:** My 'point' is that even as an adult it was awkward and I felt very alone. It's not fun being a group of one. Know how kids feel. :p #gtchat

12:20 am **deepwaterscoach:** @ljconrad Well, it isn't! Esp when you're the only one & you're an out-of-the-box thinker! It's exactly what we're talking 'bout! #gtchat

12:20 am **DeborahMersino:** RT @LesLinks: @padgets Woooooohooooo hellllooooo!! <=Welcome! #gtchat

12:20 am **laughingatchaos:** @megwhoffman Well, I guess I'd better get this book then. Never read it! <hanging head> #gtchat

12:20 am **padgets:** @DeborahMersino #gtchat Hi there!!

12:20 am **deepwaterscoach:** @padgets Hiiiiiiiiiiii!!!!!! #gtchat

12:21 am **padgets:** @DeepWatersCoach #gtchat Howdy !:0)

12:21 am **LesLinks:** @megwhoffman @DeborahMersino many books I did not realise until I reread as adult too.. My Friend Flicka series wonderful 4giftedto #gtchat

12:21 am **DeborahMersino:** Q2: How can you tell when a student/teen is feeling alone/isolated/overwhelmed? How does it present? What have you seen? #gtchat

12:21 am **deepwaterscoach:** @ljconrad I'm sorry. I'm dinking around, & you're feeling the topic. Thx for sharing! #gtchat

12:21 am **padgets:** #gtchat soo much luv, pln is the best!

12:22 am **LesLinks:** @padgets ya.. share that luv!!! #gtchat

12:22 am **DeborahMersino:** @ljconrad - Agree. That's why I love The Gifted Adult by Jacobsen which @DeepWatersCoach turned me onto...and her exc. support! #gtchat

12:22 am **ljconrad:** @deepwaterscoach {{hugs}} I like dinking. *looking up dinking in dictionary* #gtchat

- 12:22 am **laughingatchaos:** RT @DeborahMersino:Thats why I love The Gifted Adult by Jacobsen which @DeepWatersCoach turned me onto<-LOVE this book. #gtchat
- 12:22 am **DeborahMersino:** Q2: How can u tell when a student/teen is feeling alone/isolated/overwhelmed? How does it present? What have you seen? How do u know #gtchat
- 12:23 am **padgets:** #gtchat in my class they isolate themselves, grades go down, attitudes get edgy, attendance becomes an issue
- 12:23 am **ByrdseedGifted:** #gtchat I was a GT kid, & didn't feel comfortable w/ myself til mid 20s. Turning point was understanding I simply _am _different!
- 12:23 am **deepwaterscoach:** @ljconrad LOL! #gtchat
- 12:23 am **DeborahMersino:** RT @ByrdseedGifted: I was a GT kid, & didnt feel comfortable w/ myself til mid 20s. Turning point =I simply _am _different!<=YES #gtchat
- 12:23 am **21stprincipal:** Create a school culture where being different is not a problem but something to be valued. #gtchat
- 12:23 am **LesLinks:** Q2 distance, self care slides, disengages, 'nothing matters', I don't care, can't feel... extreme cases.. can self harm.. ;- #gtchat
- 12:23 am **laughingatchaos:** Q2: DS9's "tell" is dilated eyes. Furrowed brow. Steam from the ears (maybe an exaggeration). But my OE is emo, and I can FEEL him #gtchat
- 12:24 am **ljconrad:** Q2: Good luck on knowing when a gifted teen is feeling anything. They are the masters of disguise! #gtchat
- 12:24 am **DeborahMersino:** Q2: Changes in personality, complaining about being in "GT program", frustrations vented about other kids/teachers, self-criticism. #gtchat
- 12:24 am **laughingatchaos:** @21stprincipal I agree, but a lot of admin (sorry) don't create that culture. :(#gtchat
- 12:24 am **ByrdseedGifted:** #gtchat Q2: I spend time on the playground and look for my students.
- 12:24 am **jofrei:** Q2 Can be expressed by withdrawing even further - not game to try socialising #gtchat
- 12:25 am **DeborahMersino:** RT @ByrdseedGifted: #gtchat Q2: I spend time on the playground and look for my students. <=lucky students. #gtchat
- 12:25 am **LesLinks:** @ljconrad ;- #gtchat
- 12:25 am **deepwaterscoach:** Q2: W/ DD it's tears. DS seems impervious--very comfortable w/ self. #gtchat
- 12:25 am **padgets:** #gtchat sometimes they end up in the principal's office or in IN-school, very not normal behavior for them
- 12:25 am **jofrei:** RT @ljconrad: Q2: Good luck on knowing when a gifted teen is feeling anything. They are the masters of disguise! How true! #gtchat
- 12:25 am **Ineedtocreate:** Q1: (parent & creative) I remember not trying to fit in that much but loved encouragement when I put my heart into a project. #gtchat
- 12:25 am **DeborahMersino:** Q2: I, personally, eschewed all the other kids in elem school, looked for 4-leaf clovers during recess - before & after school. #gtchat
- 12:25 am **21stprincipal:** @laughingatchaos but that is a responsibility to avoid it is malpractice. #gtchat
- 12:26 am **ljconrad:** @21stprincipal You should realize that we all want to take you home with us ... or atleast to our school districts. :) #gtchat
- 12:26 am **deepwaterscoach:** RT @jofrei RT @ljconrad: Q2 Good luck on knowing when a gifted teen is feeling anything. They are the masters of disguise! How true! #gtchat
- 12:26 am **laughingatchaos:** @21stprincipal Yes, but sadly often not a priority. Test scores etc. are. NOT a prob in our school but I know it's out there. #gtchat

- 12:26 am **ByrdseedGifted:** #gtchat Our school has an active Yu-Gi-Oh! culture, so that's a way I connect wandering boys.
- 12:26 am **padgets:** #gtchat when I put my resigning from teaching into practice my gifted kids are blossoming (sp?)
- 12:26 am **laughingatchaos:** RT @ljconrad: @21stprincipal You should realize that we all want to take you home with us ... or atleast to our school districts. :) #gtchat
- 12:26 am **DeborahMersino:** @Ineedtcreate - So essential for kids/youths/teens to feel seen! It can be a turning point and help them feel safe/sane. #gtchat
- 12:27 am **KateArmsRoberts:** Kate, parent, from Toronto checking in late. #gtchat
- 12:27 am **DeborahMersino:** Q2: Sadly, depression can result (esp. with Emotional OE) if student/teen isn't supported. #gtchat
- 12:28 am **21stprincipal:** @ljconrad I just can't understand how any admin would stand by and let any student experience not being valued. #gtchat
- 12:28 am **ljconrad:** @ByrdseedGifted banned at my school. #gtchat
- 12:28 am **DeborahMersino:** @KateArmsRoberts Welcome Kate! Q2: How can you tell when a student/teen is feeling alone/isolated/overwhelmed? How does it present? #gtchat
- 12:28 am **LesLinks:** @DeborahMersino @Ineedtcreate Ya.. they need to feel seen, and that some attention is focus on them.. being invisible is no fun.. #gtchat
- 12:28 am **W3iGHTLESS:** @DeborahMersino The world loves "sequentials" not "randoms". You will never make a "random" a "sequential" #gtchat via G. Betts- ALM
- 12:28 am **KateArmsRoberts:** Q2 When I withdrew into books for my entire after school time was my big reveal. I see that with my eldest. #gtchat
- 12:28 am **JeanneBernish:** RT @jofrei @ljconrad: Q2: Good luck on knowing when a gifted teen is feeling anything. They are the masters of disguise! How true! #gtchat
- 12:28 am **jensmiles_3:** #gtchat Q2: DS when he was in K/1st and felt VERY lonely isolated would hit, anger easily, very demanding, refuse to read.
- 12:28 am **JeanneBernish:** RT @DeborahMersino: RT @ByrdseedGifted: #gtchat Q2: I spend time on the playground and look for my students. <=lucky students. #gtchat
- 12:28 am **deepwaterscoach:** RT @DeborahMersino: Q2: Sadly, depression can result (esp. with Emotional OE) if student/teen isnt supported.//too true #gtchat
- 12:29 am **laughingatchaos:** @21stprincipal @ljconrad I think BIG HS may suffer more from this. Squeaky wheel...the quiet ones slip by #gtchat
- 12:29 am **KateArmsRoberts:** I see the hitting, too. RT @jensmiles_3: #gtchat Q2: DS when he was in K/1st and felt VERY isolated would hit, anger easily #gtchat
- 12:29 am **JeanneBernish:** One of my DD's teachers said it was inappropriate for him to seek her out for conversation #gtchat He was devastated.
- 12:29 am **21stprincipal:** Test scores are not an excuse to avoid responsibility of admin to meet the needs of a child. #gtchat
- 12:29 am **padgets:** #gtchat Valentines day is the worst day at our HS all the kids who do not get something from somebody.....snif sniff
- 12:29 am **DeborahMersino:** Q2: Anger, outbursts, resistance to share, rolled eyes, tears..giving up, downplaying abilities and the big one: working to CONFORM. #gtchat
- 12:29 am **laughingatchaos:** @JeanneBernish Shame on that teacher! :(#gtchat
- 12:30 am **jofrei:** @DeborahMersino: ReQ2: Sadly, depression can result if student/teen isnt supported - I was so grateful youngest had a great mentor! #gtchat
- 12:30 **deepwaterscoach:** RT @W3iGHTLESS: @DeborahMersino World loves "sequentials" not "randoms".

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Transcript for #gtchat - What the Hasht...

am

U'll never make a "random" a "sequential" via G. Betts- ALM #gtchat

12:30
am

DeborahMersino: @JeanneBernish Say more.. #gtchat

12:30
am

laughingatchaos: @DeborahMersino Conformity is painful, if not then than as an adult #gtchat

12:30
am

jensmiles_3: #gtchat Q2:DS now9 talks 2me now. Homeschooling 2yrs helped him trust adults again. Now being around/reading b4 bed gives opp 2express self.

12:30
am

JeanneBernish: So unfortunate! | @padgets: #gtchat in my class they isolate themselves, grades go down, attitudes get edgy, attendance becomes an issue

12:30
am

EduGirlSDB: Q2) The younger kids I have worked with often pick fights or get cranky easily with the students around them in the classroom. #gtchat

12:30
am

FrankBeard: RT @21stprincipal: Test scores are not an excuse to avoid responsibility of admin to meet the needs of a child. #gtchat

12:30
am

LesLinks: @JeanneBernish How silly.. talking is their essence.. that teachers loss.. #gtchat

12:31
am

deepwaterscoach: Q2: It's hard for DD w/ her 2e issues too (Sensory Processing). She feels she sticks out. Lots of tears and tantrums. #gtchat

12:31
am

DeborahMersino: @W3iGHTLESS - Excellent point about randoms. Hoping to attend ALM conference with Betts this year. :-) #gtchat

12:31
am

ljconrad: RT @LesLinks: @JeanneBernish How silly.. talking is their essence.. that teachers loss.. #gtchat

12:31
am

laughingatchaos: @FrankBeard @21stprincipal Preaching to the choir. But funding comes from test scores. Angers me deeply. #gtchat

12:32
am

LesLinks: @laughingatchaos @DeborahMersino non-conformity is big problem at moment with dd in school at moment.. painful.. scary... #gtchat

12:32
am

DeborahMersino: TY for your sad/but real responses. So important for us all to be aware/notice/address. #gtchat

12:32
am

JeanneBernish: It is important to talk to their friends - see if they are sleeping in class. #gtchat

12:32
am

laughingatchaos: @deepwaterscoach Wish we could get your DD and my DS9 together before we move! :/ #gtchat

12:32
am

jensmiles_3: @laughingatchaos @DeborahMersino #gtchat Conforming takes slot of energy, concentration, self-control. Why he would "blow up" when got home.

12:32
am

DeborahMersino: So what do we do. Let's talk about some of the ways we can actively work toward supporting these tender, talented souls. #gtchat

12:32
am

laughingatchaos: @LesLinks Going to be a big problem I foresee...very soon... #gtchat

12:32
am

DeborahMersino: @jensmiles_3 - So makes sense (about the blow ups - alter egos). #gtchat

12:32
am

deepwaterscoach: @laughingatchaos Me too! #gtchat

12:33
am

JeanneBernish: Horrid teacher - a real bully. So glad that year was over! #gtchat

12:33

laughingatchaos: @jensmiles_3 YES! Out of emotional energy and just can't hold it in anymore.

am

Safe at home. #gtchat

12:33
am

DeborahMersino: Q3: How can we support these youths with their identity, self-acceptance, peer relationships? #gtchat

12:33
am

deepwaterscoach: @JeanneBernish Hey, Jeanne! Great to see you on the chat! #gtchat

4/1/2011

Transcript for #gtchat - What the Hasht...

12:33 am **DeborahMersino:** I'm going to be posting tips that are in the @DavidsonGifted article I posted earlier in the chat. Excellent input from leaders. #gtchat

12:34 am **jensmiles_3:** @jofrei @DeborahMersino #gtchat homeschooled 2stem off depression. Saw signs, runs in family. With a more solid self, he's coping well in ps

12:34 am **deepwaterscoach:** Q3: Naming what we see. Expressing the positives. Acknowledging the challenges. Accepting them no matter what. #gtchat

12:34 am **JeanneBernish:** Now in middle school my daughter's ELO class is totally unstructured. Kids have turned on each other. Lord of the Flies! #gtchat

12:34 am **DeborahMersino:** Q3/TIP: Open communication by asking teen ?s about subject at hand. If don't volunteer/share your own to get ball rolling (N. Webb) #gtchat

12:34 am **DeborahMersino:** RT @deepwaterscoach: Q3: Naming what we see. Expressing the positives. Acknowledging the challenges. Accepting them no matter what. #gtchat

12:35 am **ljconrad:** How about we celebrate their individuality? Something to value and respect. Parents can be a big influence. #gtchat

12:35 am **KateArmsRoberts:** Good to know. I think we're headed that way. RT @jensmiles_3: @jofrei @DeborahMersino #gtchat homeschooled 2stem off depression. #gtchat

12:35 am **padgets:** #gtchat making sure I differentiate, mentor them, check in with them, communicate with parents about them, and talk at faculty meeting

12:35 am **LesLinks:** @laughingatchaos @LesLinks I wish you strength with all my heart.. I am genuinely worried here.. cutting??. what to do.. #gtchat

12:35 am **jofrei:** @jensmiles_3 @jofrei @DeborahMersino That is so good to hear! #gtchat

12:35 am **deepwaterscoach:** Q3: I think it's important to tell our kids "I see you! I see how special you are! I see your struggles. I'm here for you." #gtchat

12:35 am **JeanneBernish:** Always great to see you @DeepWatersCoach ! #gtchat - and the rest of you stooges!

12:35 am **deepwaterscoach:** RT @ljconrad: How about we celebrate their individuality? Something to value and respect. Parents can be a big influence. #gtchat

12:35 am **DeborahMersino:** Q3/TIP: Make "special time" for each child, even if u need to make weekly date. Breaking out of routines can open comm. (James Webb) #gtchat

12:35 am **megwhoffman:** Q3: In the classroom, taking notice of individual kids is helpful. Small group discussions around relevant books helps, too. #gtchat

12:35 am **ljconrad:** @deepwaterscoach I *love* when we thnk alike!!!! #gtchat

12:35 am **laughingatchaos:** @KateArmsRoberts I think we're heading that way too... #gtchat

12:35 am **megwhoffman:** RT @deepwaterscoach: Q3: I think it's important to tell our kids "I see you! I see how special you are! I see your struggles. I'm here for you." #gtchat

12:36 am **jensmiles_3:** @laughingatchaos @DeborahMersino #gtchat For those facing that, 1avenue i took: therapy 4me. Therapist teach u 2b emotional- coach 4child.

12:36 am **DeborahMersino:** @JeanneBernish Scary (Lord of the Flies environ)! #gtchat

12:36 am **deepwaterscoach:** RT @ljconrad: @deepwaterscoach I *love* when we think alike!!!!/me too! #gtchat

12:36 am **JeanneBernish:** Agree! | RT @ljconrad: How about we celebrate their individuality? Something to value and respect. Parents can be a big influence. #gtchat

12:36 am **laughingatchaos:** @LesLinks No, I doubt he'd get into cutting, really do. But I watch him closely for depression #gtchat

12:37 am **LesLinks:** @DeborahMersino Yes, I am going to start to take 'special days' off school here I think, once a month, let dd chose what wants to do #gtchat

12:37 am **laughingatchaos:** @jensmiles_3 I agree. We have a GREAT therapist who spec in GT kids/fam. LOVE her and will miss her terribly when we move #gtchat

12:37 am **W3iGHTLESS:** @deborahmersino ALM looks at the affective part of gifted ed. It's a great starting point to foster self discovery & belonging #gtchat

12:37 am **Ineedtocreate:** Q2: I'm very aware of 'fringe kids' because I was one. I think I over-compensated for isolation by becoming an over achiever. #gtchat

12:37 am **DeborahMersino:** Q3: Write a note/leave it for son/daughter/student to read. (Jim Delisle) #gtchat

12:37 am **padgets:** #gtchat Advocate for things like History day, Invention Convention, Science Fairs and any other programs that showcase their talent

12:38 am **JeanneBernish:** I think it is also helpful for them to see there are others like them - there is a great list on @HoagiesGifted #gtchat

12:38 am **LesLinks:** @laughingatchaos @LesLinks ya.. depression is what I worry about to... close to that here, but alert/aware at least so trying2adress #gtchat

12:38 am **DeborahMersino:** Q3: Allow your child room to experience their feelings, including anger, when coping w/loss/tragedy;Be open during rant/rave. D. Ruf #gtchat

12:38 am **laughingatchaos:** @Ineedtocreate Sounds a lot like my husband. ;) #gtchat

12:38 am **deepwaterscoach:** RT @JeanneBernish: I think it is also helpful for them to see there are others like them - there is a great list on @HoagiesGifted #gtchat

12:38 am **jofrei:** Q3 Really actively listen to them try tothem, help locate friends, mentors maybe some role plays or social skills activities #gtchat

12:38 am **Ijconrad:** @LesLinks We do that here, Les! I'm tired of high school myself. They need a break. #gtchat

12:38 am **jensmiles_3:** Q3: #gtchat If they like to write stories, write one together. You learn so much. It's subtle support.

12:38 am **ByrdseedGifted:** Nice way to keep in touch with all (I have 36 kids) RT @DeborahMersino: Q3: Write a note/leave it for student to read. (Jim Delisle) #gtchat

12:38 am **laughingatchaos:** @LesLinks Esp. since I'm being treated for it. I watch him. A lot. #gtchat

12:39 am **Smichael1920:** #gtchat for many the desire 2 conform is the greatest problem & cause of depression

12:39 am **W3iGHTLESS:** The "Super Saturday" concept. pick a day, any day, let the kid pick their activity, let them direct it. It's possible in school too. #gtchat

12:39 am **LesLinks:** @DeborahMersino note writing is good... I used alot with ds.. a nice note, found on a pillow can go a long way... #gtchat

12:39 am **jofrei:** Q3 Alison Brown a psychologist in Melbourne runs social skills course for gifted kids - really great! #gtchat

12:39 am **laughingatchaos:** RT @W3iGHTLESS: The "Super Saturday" concept. pick a day, any day, let the kid pick their activity, let them direct it.<-I like! #gtchat

12:39 am **KateArmsRoberts:** Love this idea. RT @jensmiles_3 Q3 #gtchat If they like to write stories, write one together. You learn so much. Its subtle support. #gtchat

12:39 am **jensmiles_3:** @DeborahMersino Re: q3/tip #gtchat Exactly. 30 min each child once a week, I was told. From birth until they move out. Priceless prevention.

12:39 am **laughingatchaos:** RT @LesLinks: @DeborahMersino note writing is good... I used alot with ds.. a nice note, found on a pillow can go a long way... #gtchat

12:40 am **DeborahMersino:** Q3: Generally, when an adult brings up a taboo subject, it is often a relief to the teen that the adult has raised it (Delisle). #gtchat

12:40 am **Ijconrad:** You can be alone without being lonely! It's okay to enjoy one's own company. #gtchat

- 12:40 am **DeborahMersino:** @W3iGHTLESS Love Super Saturdays; need to remember to implement! #gtchat
- 12:40 am **Smichael1920:** #gtchat funny that when they leave school everyone else wants to be individual! Conformity seems tied to schooling
- 12:40 am **deepwaterscoach:** RT @ljconrad: You can be alone without being lonely! Its okay to enjoy ones own company. #gtchat
- 12:41 am **LesLinks:** @laughingatchaos @LesLinks confession: I should be in treatment myself, probably.. just never seem to get around to it.. #gtchat
- 12:41 am **DeborahMersino:** Q3: Stress how important your child (student) is -not 4 their achievements, but simply b/c of who they are. (Delisle) #gtchat
- 12:41 am **laughingatchaos:** RT @ljconrad: You can be alone without being lonely! Its okay to enjoy ones own company. <-I LOVE being alone! ;) #gtchat
- 12:41 am **JeanneBernish:** @jofrei I think taking them in the car for a drive alone - instead of car pooling - gives them a chance for 1:1 active listening #gtchat
- 12:41 am **LesLinks:** RT @deepwaterscoach: RT @ljconrad: You can be alone without being lonely! Its okay to enjoy ones own company. #gtchat
- 12:41 am **jofrei:** RT @deepwaterscoach: RT @ljconrad: You can be alone without being lonely! Its okay to enjoy ones own company. Agree! #gtchat
- 12:41 am **laughingatchaos:** @LesLinks I was in bad enough shape I finally had to get help. A couple of times. #gtchat
- 12:42 am **jensmiles_3:** Notes were the only way i was comfortable as depressed GT teen 2comm w/my mom. RT @laughingatchaos @LesLinks @DeborahMersino #gtchat
- 12:42 am **deepwaterscoach:** RT @DeborahMersino: Q3: Stress how important ur child (student) is -not 4 achievements, but simply b/c of who they are. (Delisle) #gtchat
- 12:42 am **DeborahMersino:** @ljconrad Great point about needing/cherishing time alone. Often it's needed & kids/adults don't get it - then get overwhelmed. #gtchat
- 12:42 am **deepwaterscoach:** RT @LesLinks: RT @deepwaterscoach: RT @ljconrad: You can be alone without being lonely! Its okay to enjoy ones own company. #gtchat
- 12:42 am **DeborahMersino:** Q3: Counseling from someone who truly "gets" giftedness. Its powerful for whole family. #gtchat
- 12:42 am **padgets:** #gtchat sorry don't mean to be off topic but has anyone else seen this blue owl from checkdog tools? it corrected my spelling!
- 12:42 am **deepwaterscoach:** RT @DeborahMersino: Q3: Counseling from someone who truly "gets" giftedness. Its powerful for whole family. #gtchat
- 12:43 am **laughingatchaos:** RT@DeborahMersino:Q3:Stress how important your child (student) is-not 4 their achievements,but simply b/c of who they are. (Delisle) #gtchat
- 12:43 am **Ineedtocreate:** Even when I got the smallest compliment from a teacher, my effort (& grades) shot up. #gtchat
- 12:43 am **Smichael1920:** True! RT @ljconrad: Q2: Good luck on knowing when a gifted teen is feeling anything. They are the masters of disguise! #gtchat
- 12:43 am **jofrei:** @JeanneBernish @jofrei Yes car trips 1:1 are great opportunities! #gtchat
- 12:43 am **DeborahMersino:** The Gifted Identity Formation Model by Mahoney <http://bit.ly/gYVwTh> #gtchat
- 12:43 am **ljconrad:** @DeborahMersino that's why 'gifted' coaches were created ---> @DeepWatersCoach #gtchat
- 12:43 am **laughingatchaos:** @DeborahMersino I have to be alone to recharge or I have a hard time coping. DH & I both work from home, I'm rarely alone. ./ #gtchat
- 12:43 am **jensmiles_3:** Q3?: Also seems imp 2understand diff types of friendships. And that some Ppl

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am

Transcript for #gtchat - What the Hasht...
only need 1or2; others need 15. Both are ok. #gtchat

12:43 **jensmiles_3:** RT @DeborahMersino: Q3: Counseling from someone who truly "gets" giftedness. It's powerful for whole family. #gtchat

12:44 **DeborahMersino:** Regarding counseling, I personally wish I had gone much earlier...would have potentially altered trajectory of life powerfully. #gtchat

12:44 **LesLinks:** @laughingatchaos @LesLinks know the feeling..often have felt that I am doing no one any good trying to cope/be strongwhilefalling #gtchat

12:44 **deepwaterscoach:** RT @ljconrad: @DeborahMersino thats why gifted coaches were created ---> @DeepWatersCoach//Aw, shucks. ;-) Thx! #gtchat

12:44 **laughingatchaos:** @needtocreate Me too! Suddenly wanted to work harder and do better! #gtchat

12:44 **JeanneBernish:** Finding a counselor used to working with gifted can be lifesaving. #gtchat

am
12:44 **DeborahMersino:** @jensmiles_3 Great point about friendships. Kinships look different/change/evolve. #gtchat

12:44 **ByrdseedGifted:** RT @jensmiles_3: Also seems imp 2understand diff types of friendships. And some Ppl only need 1or2; others need 15. Both are ok. #gtchat

12:44 **laughingatchaos:** @LesLinks Yup. I can relate. And it's so hard for me to ask for help. #gtchat

12:45 **DeborahMersino:** Q3: Ironically, counselors & parents can also "talk"about listening, what it looks like, feels like. Not always a strength of gifted #gtchat

12:45 **DeborahMersino:** RT @deepwaterscoach: RT @ljconrad: @DeborahMersino thats why gifted coaches were created ---> @DeepWatersCoach//Aw, shucks. ;-) YES! #gtchat

12:45 **LesLinks:** Counselling, would love to have had, too.. financial issues can get in the way though.. #gtchat

12:46 **DeborahMersino:** Q3/TIP: Share your own experiences of peer pressure; it can be a profitable topic of conversation in the family (Webb). #gtchat

12:46 **DeborahMersino:** @LesLinks - So true. #gtchat

12:46 **LesLinks:** @laughingatchaos @LesLinks ;-D... anything but HELP ;-D #gtchat

12:47 **DeborahMersino:** Q3: Encourage tolerance and acceptance of different styles, as this can be difficult 4 these kids. (Webb) #gtchat

12:47 **jensmiles_3:** Last 1, gotta run. Q3: B sensitive 2those who need verbal comfort vs need non-verbal. Talking vs. Snuggling. Vry diff needs. #gtchat

12:47 **laughingatchaos:** @LesLinks LOL! Oh, the stories I have...LOL #gtchat

12:47 **EduGirlSDB:** Q3) Any1 know of online resources 4 support 4 teens, perhaps chats like this? For students & teens to talk to others who get them? #gtchat

12:48 **ljconrad:** I actually find this chat to be therapeutic! We need to get working on a 'kids' chat! #gtchat

12:48 **DeborahMersino:** Q3: Practice "role-stripping"...rank central roles in your life (mother, daughter, wife, father, accountant, student) & share (Webb) #gtchat

12:48 **LesLinks:** @laughingatchaos @LesLinks We need to organise that crouse.. so we can all tell stories to each other over poolndrinkypoos... #gtchat

12:48 **JeanneBernish:** @I wish @AmericanMensa had something like that! #gtchat

12:48 **deepwaterscoach:** RT @jensmiles_3: Q3: B sensitive 2those who need verbal comfort vs need non-verbal. Talking vs. Snuggling. diff needs. #gtchat

12:48 **jofrei:** Re:thats why giftedcoaches werecreated > @DeepWatersCoach want to add my

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Transcript for #gtchat - What the Hasht...

am appreciation encouragement from chat friends esp @ljconrad #gtchat

12:48 **DeborahMersino:** Q3: Then share what's behind your feelings about each role. Discuss who you are
am in each of your roles... (Webb). #gtchat

12:49 **LesLinks:** @laughingatchaos @LesLinks sorry, meant cruise...;-D #gtchat
am

12:49 **DeborahMersino:** @ljconrad - So true. I'm hoping to get @Belin-Blank as a Guest Expert for next
am week and try to schedule KidsChat for the week after! #gtchat

12:49 **padgets:** #gtchat I learn so much from you guys
am

12:49 **deepwaterscoach:** @jofrei @ljconrad--agreed, this chat is therapeutic! #gtchat
am

12:50 **W3iGHTLESS:** @DeborahMersino another G. Betts idea. I was fortunate to have him facilitate
am couple of my doctoral classes at UNCO. #gtchat

12:50 **DeborahMersino:** Q4: What's one thing you can try/do/implement/think about this week/month that
am will help support a gifted learner w/feelings? #gtchat

12:50 **laughingatchaos:** @LesLinks We TOTALLY need a gtchat cruise! :) #gtchat
am

12:50 **ljconrad:** @jofrei *ah ... blushing* I talk about you ALL the time to friends. Love your
am creativity. #gtchat

12:50 **DeborahMersino:** @W3iGHTLESS I'm in the Master's Program under Betts/Omdal (it's been 20
am years since undergrad). Loving every minute! #gtchat

12:51 **DeborahMersino:** RT @laughingatchaos: @LesLinks We TOTALLY need a gtchat cruise! :) <=I'm on
am board/lol... #gtchat

12:51 **LesLinks:** @DeborahMersino @ljconrad @Belin-Blank I am close to @Belin-Blank people as
am well.. they did alot for me.. good people.. #gtchat

12:51 **laughingatchaos:** @DeborahMersino Har dee har har... ;) #gtchat
am

12:52 **DeborahMersino:** We've got less than 10 minutes. What are your thoughts about Q4 and/or other
am final thoughts/learns/hopes/ahas? #gtchat

12:52 **LesLinks:** @DeborahMersino @W3iGHTLESS does George have an on-line version of his
am masters perchance? #gtchat

12:52 **EduGirlSDB:** Q4) Write notes of encouragement and support to put in their "buckets" in the
am classroom. <http://amzn.to/gzAb2l> #gtchat

12:52 **deepwaterscoach:** RT @DeborahMersino: RT @laughingatchaos: @LesLinks We TOTALLY need a
am gtchat cruise! :) <=Im on board/lol.../*snort* #gtchat

12:52 **W3iGHTLESS:** @DeborahMersino both truly amazing leaders & learners!!! #gtchat
am

12:53 **DeborahMersino:** Q4: Time. To me, spending time with these learners, asking ?s and actively
am listening (via date or just on the go) will be healthy! #gtchat

12:53 **ByrdseedGifted:** #gtchat Q4 - I can definitely get back in the habit of leaving post-it notes on kids'
am desks :)

12:53 **DeborahMersino:** RT @LesLinks: @DeborahMersino @W3iGHTLESS does George have an on-line
am version of his masters perchance?<=I can ask. #gtchat

12:53 **LesLinks:** @DeborahMersino @gtchat pirate cruise to the bahamas .. and beyond.. them's
am my final thought ar ar ar..... ;-D #gtchat

12:53 **laughingatchaos:** @ByrdseedGifted THAT is a great idea! #gtchat
am

12:53 **padgets:** #gtchat I am thinking Blackbeard
am

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Transcript for #gtchat - What the Hasht...

12:53 am **megwhoffman:** I love all the unique insights from parents of GT kids- I'm tucking many of these ideas away for my future kids . . . #gtchat

12:54 am **ljconrad:** We all need to love the gifted children in our lives and help them to understand the difference btwn being alone and loneliness. :) #gtchat

12:54 am **DeborahMersino:** Collaborate w/teachers (some like @ByrdseedGifted) who have incredible insight. Talk about concerns/listen. #gtchat

12:54 am **deepwaterscoach:** RT @LesLinks: @DeborahMersino #gtchat pirate cruise to the bahamas .. and beyond.. them's my final thought ar ar ar..... ;-D #gtchat

12:54 am **LesLinks:** @ByrdseedGifted Love post it notes... they are a great way to communicate.. ;-D #gtchat

12:54 am **ljconrad:** @LesLinks rotflol :D #gtchat

12:54 am **deepwaterscoach:** RT @ljconrad: We all need to love the GT children in our lives & help them understand the difference btwn being alone and loneliness. #gtchat

12:54 am **laughingatchaos:** @megwhoffman YAY! A teacher actively listening to parents! MWAH! #gtchat

12:55 am **DeborahMersino:** "Help your child identify trusted adults they can turn to. Develop a list of names & phone numbers of these adults." (Jim Delisle). #gtchat

12:55 am **deepwaterscoach:** RT @laughingatchaos: @megwhoffman YAY! A teacher actively listening to parents! MWAH!//Double-MWAH!! #gtchat

12:55 am **JeanneBernish:** RT @DeepWatersCoach: RT @laughingatchaos: @megwhoffman YAY! A teacher actively listening to parents! MWAH!//Double-MWAH!! #gtchat

12:55 am **DeborahMersino:** Also sharing books, like When Gifted Kids Don't Have All the Answers & @christinef's new book "101 Success Secrets" = positive! #gtchat

12:56 am **megwhoffman:** RT @DeborahMersino: "Help yr child identify trusted adults they cn turn 2. Develop list of names, numbers." (Jim Delisle). / LOVE #gtchat

12:56 am **padgets:** #gtchat my conferences last night were great

12:56 am **DeborahMersino:** @megwhoffman @padgets - I include you both among the list of excellent educators as well! #gtchat

12:56 am **JeanneBernish:** Post-its were a mistake. Therapist used that example alot with my DD to help w/ perfection issues #gtchat

12:57 am **megwhoffman:** Awww shucks. (blushes) #gtchat

12:57 am **DeborahMersino:** I had a teacher in High School who knew some things going on w/me. Made it safe. Made me feel more self-acceptance/so vital/grateful #gtchat

12:57 am **ByrdseedGifted:** #gtchat Gotta go. Mrs. Byrd is home early. Nice having two Fridays in a row to chat with you all :) Lots to think about!

12:57 am **jofrei:** RT @DeborahMersino: books like When Gifted Kids Dont Have All the Answers & @christinef's new book "101 Success Secrets" ! #gtchat

12:57 am **padgets:** @DeborahMersino #gtchat thanks, made my day :00

12:57 am **DeborahMersino:** @ByrdseedGifted Thank you for sharing your thoughts & insights. I highly value your contributions!! #gtchat

12:57 am **Workbench20:** RT @Ineedtocreate: Even when I got the smallest compliment from a teacher, my effort (& grades) shot up. #gtchat

12:58 am **JeanneBernish:** Great to see all your faces/avatars again! Missed you! #gtchat

12:58 am **deepwaterscoach:** RT @JeanneBernish: Great to see all your faces/avatars again! Missed you! //right back atcha! #gtchat

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Transcript for #gtchat - What the Hasht...

12:58 am **DeborahMersino:** @JeanneBernish - It's been so long, but I still need to say thanks for your initial encouragement to start #gtchat! GRATITUDE!! #gtchat

12:59 am **ljconrad:** @JeanneBernish Love having you here! :) #gtchat

12:59 am **LesLinks:** Folks I w/ love to stay but I am afraid this soul is fading fast... so.. zzzzz I shall sleep perchance to dream of sails in the wind #gtchat

12:59 am **DeborahMersino:** We've reached the end of another chat. TY all 4 your insights, thoughts, personal stories, vulnerabilities and resources. You rock. #gtchat

12:59 am **laughingatchaos:** @LesLinks G'night m'dear! Thx for staying up so late! #gtchat

12:59 am **DeborahMersino:** @LesLinks - So honored you were with us tonight. Sweet dreams! #gtchat

1:00 am **laughingatchaos:** @JeanneBernish Glad you made the chat tonight! #gtchat

1:00 am **EduGirlSDB:** TY Deborah, for another great chat. I am learning so much from these sessions. #gtchat

1:00 am **deepwaterscoach:** @LesLinks Nighty-night! Thx for all your insight! #gtchat

1:00 am **jofrei:** @LesLinks So good to chat with you -sleep well Pirate cruise dreams arrrrh! #gtchat

1:00 am **LesLinks:** Thanks for the chat @Deborah.. and all for sharing so much honesty about yourselves and kids and situations.. strength to all... #gtchat

1:00 am **DeborahMersino:** Still having some issues w/ wthashtag.com; might try other source for transcripts. Will post as soon as I can. Thank you all again! #gtchat

1:00 am **W3iGHTLESS:** #gtchat GT=potential-All R Consumers of knowlg-Gifted learners become creators of knowledge-They modify our world & need belonging 2 thrive

1:00 am **laughingatchaos:** Hm. May need to truly think about a gtchat cruise... #gtchat

1:01 am **ljconrad:** @LesLinks *playing Puff the Magic Dragon* softly on the phonograph *hot cocoa on nightstand* Get some rest! #gtchat

1:01 am **megwhoffman:** @DeborahMersino I can't thank you enough for moderating these. I have a feeling this will be my sanity when I leave W&M GTland! #gtchat

1:01 am **DeborahMersino:** RT @EduGirlSDB: TY Deborah, for another great chat. I am learning so much from these sessions.<=Me too...collaboration = best. #gtchat

1:01 am **W3iGHTLESS:** RT @DeborahMersino: RT @LesLinks: @DeborahMersino @W3iGHTLESS does George have an on-line version of his masters perchance?<=I can ask. #gtchat

1:01 am **laughingatchaos:** @megwhoffman @DeborahMersino LOL! It's my sanity as the mom of 2 GT boys! LOL #gtchat

1:02 am **LesLinks:** @laughingatchaos @LesLinks you too m'dear.. defo we have to have a pirate cruise.. sailing ships on the water very free and easy... #gtchat

1:02 am **DeborahMersino:** @W3iGHTLESS Very much enjoyed your contributions tonight. I hope you'll join us again! #gtchat

1:02 am **0Quest0:** Just catching the end. @LesLinks interested that u take special Home days: have been doing that too w/out any particular plan #gtchat

1:02 am **laughingatchaos:** @LesLinks Arrrr #gtchat

1:02 am **EduGirlSDB:** @megwhoffman You and I must be very close, I teach in York County. #gtchat

1:02 am **megwhoffman:** @laughingatchaos Ha! I'm seeing lots shades of my future from you tonight!! #gtchat

4/1/2011
am

Transcript for #gtchat - What the Hasht...

#gtcnat

1:02 am **ljconrad:** @DeborahMersino Gratitude to you! Chats just keep getting better and better. Who would have thought we'd have so much to talk abt? #gtchat

1:02 am **DeborahMersino:** @megwhoffman - We're fortunate to have you among us! #gtchat

1:03 am **0Quest0:** Thinking of making them more frequent - even very frequent. #gtchat

1:03 am **jofrei:** @DeborahMersino Thank you so much for gtchat and thank you for your encouragement and support! #gtchat

1:03 am **padgets:** #gtchat have a great night everybody! thanks for the chat! Ahoy matties!!! ummm...might see that blue spelling owl ;0)

1:03 am **megwhoffman:** @EduGirlSDB Yes! I just graduated from / work at W&M CFGE. #gtchat

1:03 am **DeborahMersino:** Sleepover w/dd08 is in full force. Have a great weekend everyone! #gtchat

1:03 am **laughingatchaos:** @megwhoffman LOL! Good! My 1 piece of advice is that parents ain't makin' up the stories they have. ;) #gtchat

1:03 am **LesLinks:** @0Quest0 @LesLinks It is interesting that so many of us do.. I think it would make a good research project.. ;D .. #gtchat

1:04 am **laughingatchaos:** @DeborahMersino How many girls are there? Yikes! LOL #gtchat

1:04 am **EduGirlSDB:** @megwhoffman I have an ad from the Gazette here for the National Curr. Network Conference. I'm guessing ur involved in that. :) #gtchat

1:05 am **ljconrad:** I hear the tickling of the ivories in the Lobby! #gtstooxies #gtchat

1:05 am **LesLinks:** @DeborahMersino We have a sleep over here too .. and.. they are still up too!!! we have two.. it is 1am... and seems like 10... #gtchat

1:05 am **W3iGHTLESS:** @DeborahMersino thanks for having me. I find that there are so many connections btw #gifted & #sped w instructional strat. #gtchat #spedchat

1:05 am **megwhoffman:** @EduGirlSDB I'll be presenting! Some really great folks will be there. You should come! #gtchat

1:06 am **EduGirlSDB:** @megwhoffman If I am not running a Girl Scout cookie booth, I will! #gtchat

1:06 am **jofrei:** RT @ljconrad: I hear the tickling of the ivories in the Lobby! #gtstooxies Did you see the troupe of Twitter Birds who auditioned? #gtchat

1:06 am **EduGirlSDB:** The fam is calling for Wii night! Thanks all! #gtchat

1:07 am **LesLinks:** @W3iGHTLESS @DeborahMersino Ya there are alot of connections b/tween #sped and #gifted.. question of adjusting to need is all... ;D #gtchat

1:07 am **TPBookSeries:** Something to dream by: <http://www.childrenofsophista.com/2011/02/if-i-could-dream.html> #gtchat

1:08 am **LesLinks:** Going for real now.. have fun #gtstooxies...next friday.. we are having pirate food... Ya..pirate food from around the world... cool #gtchat

1:13 am **jensmiles_3:** Yes! (They have purpose cruises) RT @laughingatchaos: Hm. May need to truly think about a gtchat cruise... #gtchat

1:21 am **W3iGHTLESS:** @LesLinks @deborahmersino exactly! Both are "other" populations. They don't fit the mold. Need dynamic ed optnties. #gtchat

1:23 am **Anastasiawords:** RT @21stprincipal: Test scores are not an excuse to avoid responsibility of admin to meet the needs of a child. #gtchat @luwords

1:26 **k_5remediation:** RT @21stprincipal: Test scores are not an excuse to avoid responsibility of admin

4/1/2011
am

Transcript for #gtchat - What the Hasht...
to meet the needs of a child. #gtchat @luuwords

1:37
am **chrstinef:** Yep, missed #gtchat tonight. And now it looks like no #amwriting time. Thing I need to veg.

1:50
am **W3iGHTLESS:** ?@ktenkely: @monk51295 @techfacil This is really interesting: Knowmads "we educate changemakers" <http://t.co/mbkM3X6?> #gtchat

2:00
am **joe_bower:** RT @21stprincipal: Test scores are not an excuse to avoid responsibility of admin to meet the needs of a child. #gtchat

2:00
am **joe_bower:** RT @21stprincipal: Create a school culture where being different is not a problem but something to be valued. #gtchat

2:22
am **lbingley:** RT @21stprincipal: Create a school culture where being different is not a problem but something to be valued. #gtchat

2:43
am **KTVee:** reading "Enriching Curriculum for All Students" and loving learning more about curriculum compacting #gtchat

3:10
am **writinginbinary:** RT @laughingatchaos: Hm. May need to truly think about a gtchat cruise... #gtchat

3:25
am **pkpam:** RT @21stprincipal: Test scores are not an excuse to avoid responsibility of admin to meet the needs of a child. #gtchat

3:31
am **bobneuf:** RT @21stprincipal: Create a school culture where being different is not a problem but something to be valued. #gtchat

4:01
am **KTVee:** @laughingatchaos a #gtchat cruise would be AWESOME! #justsayin

4:33
am **jensmiles_3:** RT @KTVee: @laughingatchaos a #gtchat cruise would be AWESOME! #justsayin

6:44
am **jofrei:** Prompted by @ljconrad -first in series Casting Sprite's education in a new form? <http://www.giftedresources.org/jo/blog/?p=1871> #gtchat

7:02
am **Begabungs:** RT @jofrei: Prompted by @ljconrad -first in series Casting Sprite's education in a new form? <http://www.giftedresources.org/jo/blog/?p=1871> #gtchat

2:56
pm **KTVee:** in enrichment learning, teacher is "guide on the side" -Renzulli/Reis "Enrich. Curriculum 4 All" #gtchat #edchat

6:36
pm **ljconrad:** RT @jofrei: Prompted by @ljconrad -first in series Casting Sprite's education in a new form? <http://www.giftedresources.org/jo/blog/?p=1871> #gtchat

9:29
pm **ljconrad:** RT @padgets Inspired by a fellow tweep, I resigned from teaching for real! Read my blog post here: <http://padgets.blogspot.com/> #gtchat

10:27
pm **Begabungs:** Global virtual meeting for Gifted Education in secondlife! #gifted #education #parenting #gtchat <http://tinyurl.com/6jma2p>

10:36
pm **Begabungs:** RT @ljconrad: RT @padgets Inspired by a fellow tweep, I resigned from teaching for real! Read my blog post here: <http://padgets.blogspot.com/> #gtchat

10:47
pm **educguess:** RT @Begabungs: Global virtual meeting for Gifted Education in secondlife! #gifted #education #parenting #gtchat <http://tinyurl.com/6jma2p>

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