



## Transcript from April 2, 2010 to April 2, 2010

All times are Pacific Time

### April 2, 2010

- 12:31 am **teachagiftedkid:** RT @DeborahMersino: Navigating Family Dynamics 2 Find Sanity Amid Chaos will be our 7pm/EST #gtchat topic on Fri 04.02. #gifted
- 1:18 am **AmazingAmma:** RT @DeborahMersino: Navigating Family Dynamics 2 Find Sanity Amid Chaos will be our 7pm/EST #gtchat topic on Fri 04.02. #gifted
- 1:18 am **AmazingAmma:** RT @DeborahMersino: Framing GT Advocacy Arguments in Today's Climate will be our noon/EST #gtchat topic on Fri. 04.02 #gifted
- 2:15 am **cybraryman1:** RT @DavidsonGifted: RT @DeborahMersino: Framing GT Advocacy Arguments in Today's Climate will be our noon/EST #gtchat topic Friday #gifted
- 2:15 am **cybraryman1:** RT @DeborahMersino: Navigating Family Dynamics 2 Find Sanity Amid Chaos will be our 7pm/EST #gtchat topic on Fri 04.02. #gifted
- 9:49 am **FrazzIId:** RT @DeborahMersino: Framing GT Advocacy Arguments in Todays Climate will be our 5pm GMT (noon/EST) #gtchat topic today #gifted
- 9:50 am **FrazzIId:** RT @DeborahMersino: Navigating Family Dynamics to Find Sanity Amid Chaos will be our midnight GMT (7pm/EST) #gtchat topic today #gifted
- 9:55 am **CathRiordan:** RT @DeborahMersino: Framing GT Advocacy Arguments in Todays Climate will be our 5pm GMT (noon/EST) #gtchat topic today #gifted
- 9:56 am **CathRiordan:** RT @DeborahMersino: Navigating Family Dynamics to Find Sanity Amid Chaos will be our midnight GMT (7pm/EST) #gtchat topic today #gifted
- 12:56 pm **Begabung:** Happy Easter to all our followers and friends around the world! #gifted #gtchat #education
- 1:48 pm **DeborahMersino:** @CathRiordan @FrazzIId @cybraryman1 @AmazingAmma @teachagiftedkid @DavidsonGifted - TY for the RTs! #gtchat today!
- 3:00 pm **NAGCGIFTED:** Parents and Teachers - New round of WOW for April-June <http://bit.ly/38Agb2> #gifted #gtchat
- 3:04 pm **DeborahMersino:** One hour to #gtchat. "Framing GT Advocacy Arguments in Today's Climate" will be our topic. #gifted Join us at noon/EST.
- 3:05 pm **DeborahMersino:** Looking forward 2 conversing about how to rethink advocacy arguments in today's current economy/collaboratively igniting new ideas. #gtchat
- 3:06 pm **DeborahMersino:** ATTN: #gtchat participants: I'm writing a feature 4 Parenting High Potential magazine & would love to hear how #gtchat has benefited you.
- 3:08 pm **DeborahMersino:** Parenting High Potential is a publication of #NAGC (US). Feel free 2 DM or send me an email. Let me know if I can quote you. #gtchat #gifted
- 3:16 pm **Ijconrad:** RT @DeborahMersino: Looking forward 2 conversing about how to rethink advocacy arguments in today's current economy/collaboratively igniting new ideas. #gtchat
- 3:18 pm **DeborahMersino:** RT @CathRiordan: RT @DeborahMersino: Framing GT Advocacy Arguments in Todays Climate will be our 5pm GMT (noon/EST) #gtchat topic today #gifted
- 3:18 pm **DeborahMersino:** RT @CathRiordan: RT @DeborahMersino: Navigating Family Dynamics to Find Sanity Amid Chaos will be our midnight GMT (7pm/EST) #gtchat topic today #gifted

4/1/2011

Transcript for #gtchat - What the Hasht...

- 3:21 pm **DeborahMersino:** ATTN #edchat wonders: If you're available, consider coming to #gtchat in 40 min. Would appreciate ur perspectives on gifted ed advocacy.
- 3:24 pm **DeborahMersino:** ATTN: #edchat wonders: Particularly would like to hear thoughts of administrators and teachers! #gtchat
- 3:25 pm **mbcampbell360:** @DeborahMersino What is the topic for today's #gtchat ?
- 3:27 pm **DeborahMersino:** @mbcampbell360 - Framing GT Advocacy Arguments in Today's Climate will be our noon/EST (5pm GMT) #gtchat topic today
- 3:29 pm **DeborahMersino:** @mbcampbell360 I'd like us to have open dialogue w/educators & administrators, along w/ advocates, as we dig in/work to understand #gtchat
- 3:47 pm **DeborahMersino:** @mbcampbell360 - We would love to have you drop in (if you can). We need to hear from the front lines. TY for considering. #gtchat
- 3:49 pm **DeborahMersino:** RT @NAGCGIFTED: Parents and Teachers - New round of WOW for April-June <http://bit.ly/38Agb2> #gifted #gtchat
- 3:59 pm **DeborahMersino:** My tweets for the next hour will be devoted to #gtchat.
- 4:00 pm **DeborahMersino:** Welcome to our noon/EST #gtchat. Topic: Framing GT Advocacy Arguments in Today's Climate.
- 4:00 pm **HoagiesGifted:** Hi Deborah! #gtchat
- 4:01 pm **DeborahMersino:** We may have a smaller group today (w/Easter weekend and Spring Breaks); however, we've got an intriguing topic! #gtchat
- 4:01 pm **DeborahMersino:** Please take a moment and introduce yourself, your role (parent, educator, administrator, advocate) & where you reside. #gtchat
- 4:02 pm **DeborahMersino:** @HoagiesGifted - So glad you're with us today! I highly value your perspective and insights. #gtchat
- 4:03 pm **FrazzIId:** Hello from Ireland. @CathRiordan tweeting under a new name. Mother and advocate. Enjoying being home alone today. Bliss! #gtchat
- 4:03 pm **DeborahMersino:** I'm Deborah Mersino, moderator of #gtchat, consultant to GT communities and mom to two high-energy girls in CO.
- 4:04 pm **DeborahMersino:** Hello Ireland (@fazzIId)! #gtchat
- 4:04 pm **HoagiesGifted:** Carolyn K., parent and director of Hoagies' Page #gtchat
- 4:04 pm **Ijconrad:** Hi! Gifted parent, paraeducator - sp ed (ES), western Pennsylvania #gtchat
- 4:04 pm **DeborahMersino:** Did you see the Delisle article? <http://bit.ly/9sZ9Mj> What did you think? #gtchat
- 4:05 pm **HoagiesGifted:** Oops - I'm in SE PA #gtchat
- 4:05 pm **DeborahMersino:** Hi @Ijconrad - Glad you're with us! #gtchat
- 4:06 pm **DavidsonGifted:** #gtchat Rebecca, Family Consultant with The Davidson Institute in Reno.
- 4:06 pm **DeborahMersino:** Question: What's wrong with our current advocacy approaches? Delisle mentioned "we've diluted our brand" in a sense. Other thoughts? #gtchat
- 4:07 pm **DeborahMersino:** @DavidsonGifted - Welcome! I'm hoping we can rethink/reframe/question/dialogue about advocacy. What needs to change? #gtchat
- 4:08 pm **DavidsonGifted:** #gtchat We find many feel advocacy is an argument which leads to negative interactions. We try to focus on advocacy as a partnership.
- 4:08 pm **janellewilson:** @DeborahMersino 6th grade gifted science teacher north of ATL. Class site <http://www.mrswilsonscience.com> #gtchat
- 4:08 pm **DeborahMersino:** For those who haven't read the Delisle article, he speaks about the fact we can't even agree on a universal definition of "gifted". #gtchat
- 4:09 pm **FrazzIId:** @DeborahMersino Just had a quick read of the Delisle article: <http://bit.ly/9sZ9Mj> Makes a very valid point #gtchat

4:09 pm **DeborahMersino:** @janellewilson - So glad you're with us. It's important to hear from educators on the front lines! #gtchat

4:10 pm **DeborahMersino:** @Frazzlid - I agree w/ Delisle. If we consider "marketing" gifted ed, which we should, we need a clear/concise brand and message. #gtchat

4:11 pm **DeborahMersino:** @DavidsonGifted - Good point. Can you say more about "partnerships"? #gtchat

4:13 pm **Frazzlid:** I think that we are afraid to offend. As if, by claiming the gifted are smart, we are inferring that everyone else is stupid. #gtchat

4:13 pm **janellewilson:** I think talking to your child's educator about ideas is important. I have a lot of freedom in how I present info #gtchat

4:14 pm **DeborahMersino:** As with any effective campaign/mission, the simpler the message, the better. Although many myths exist, we can get more clarity. #gtchat

4:14 pm **cybraryman1:** We need a clear, concise, strong Mission Statement #gtchat

4:14 pm **janellewilson:** I'm also willing to work with admin to make changes. Sadly, I don't often hear from parents -especially about ideas for class. #gtchat

4:15 pm **DeborahMersino:** @janellewilson - Do you work solely with #gifted students or in a regular classroom? #gtchat

4:15 pm **DeborahMersino:** AMEN! RT @cybraryman1 We need a clear, concise, strong Mission Statement #gtchat

4:15 pm **DavidsonGifted:** #gtchat As the saying goes, you attract more bees with honey than vinegar. Partnership is working together, not making demands.

4:15 pm **janellewilson:** On the other hand, we have 6th grade science gifted at my school this yr in part because of patent advocacy. #gtchat

4:16 pm **DeborahMersino:** @cybraryman1 - With so many differing state/national/global standards & def., ppl wind up confused - further promulgates myths. #gtchat

4:17 pm **janellewilson:** @DeborahMersino I teach 1 reg class & 3 gifted/accelerated classes. Gifted students & high flyers who have not qualified for gifted #gtchat

4:17 pm **cybraryman1:** We all have to work together - children, parents, administrators, community, businesses #gtchat

4:17 pm **DeborahMersino:** @DavidsonGifted - Couldn't agree more...which is why I think the mission/framework must be positive, not combative. #gtchat

4:17 pm **ShellTerrell:** RT @cybraryman1: We all have to work together - children, parents, administrators, community, businesses #gtchat

4:17 pm **Ijconrad:** Not every child is intellectually gifted. Not every child is a starter on the soccer team. #gtchat

4:17 pm **Frazzlid:** The first step to advocacy is having a clear definition. We do need to use honey, but we also need to be prepared to be clear. #gtchat

4:17 pm **DeborahMersino:** @DavidsonGifted - Your organization does one of the best jobs around at celebrating the need, the opportunities, etc. #gtchat

4:19 pm **DeborahMersino:** So many incredible leaders have worked tirelessly on behalf of #gifted. Would be powful 2 form mre alignment/collaboration/clarity? #gtchat

4:20 pm **DavidsonGifted:** #gtchat @DeborahMersino Thank you! @Frazzlid Agreed! This article includes tips for being clear other advocacy steps <http://bit.ly/bjr4J>

4:20 pm **DeborahMersino:** @ShellTerrell - Welcome! #gtchat

4:22 pm **Ijconrad:** Sch Dist's embrace gifted ed when they see it benefits them. Parent advocacy works. #gtchat

4:22 pm **Frazzlid:** @Ijconrad Why does it feel ok to talk about your kids being star soccer players, but not intellectually gifted? That is a problem #gtchat

4:23 pm **DeborahMersino:** I wonder if multiple national oras. biz. orts could come toaether. have a united

- 4:23 pm **DeborahMersino:** RT @ljconrad: Sch Dist's embrace gifted ed when they see it benefits them. Parent advocacy works. #gtchat
- 4:23 pm **deepwaterscoach:** Hello, everyone! Sorry to enter the #gtchat late. I'm Lisa Lauffer, life coach to the gifted & parents thereof. Parent of 2 gifted (1 is 2e)
- 4:24 pm **theboysstore:** Having the right people in the district helps too. Some are more in tune with the needs of the gifted than others #gtchat
- 4:25 pm **DeborahMersino:** @ljconrad - Agree! I'm just imagining more collaboration (Fed, state, local, school). Seems needed, especially now. #gtchat
- 4:25 pm **DeborahMersino:** @deepwaterscoach @theboysstore - Welcome to you both! Glad you are here. We're discussing best advocacy approaches/new ideas. #gtchat
- 4:25 pm **ljconrad:** A great gifted program enhances a district's image and can grow the tax base. #gtchat
- 4:27 pm **DeborahMersino:** Disparate groups (Intellectuals/researchers, association leaders, GT educators, district coord, parents, school boards) need unity. #gtchat
- 4:27 pm **DeborahMersino:** RT @ljconrad: A great gifted program enhances a district's image and can grow the tax base. #gtchat
- 4:27 pm **Frazzlld:** A universally accepted, clear definition would be great. We have become way too woolly in an attempt to avoid offence to anyone #gtchat
- 4:28 pm **DeborahMersino:** @HoagiesGifted - Are you still here? I'd love your thoughts. You've been a consummate servant to this community for so long! #gtchat
- 4:28 pm **deepwaterscoach:** RT @ljconrad: A great gifted program enhances a district's image and can grow the tax base. #gtchat
- 4:28 pm **Frazzlld:** RT @DeborahMersino: Disparate groups (Intellectuals/researchers, association leaders, GT educators, district coord, parents, school boards) need unity. #gtchat
- 4:29 pm **GaryBrannigan:** It is important to get the community involved #gtchat
- 4:29 pm **DeborahMersino:** Unity can only come through clarity. Clarity comes from singular message framed in a positive way. Must be compelling & UNIFY #gtchat
- 4:29 pm **cybraryman1:** Bring back former students to give their input, expertise and support for gifted programs #gtchat
- 4:29 pm **DeborahMersino:** @Frazzlld - Agreed. #gtchat
- 4:30 pm **theboysstore:** My thoughts exactly RT @GaryBrannigan: It is important to get the community involved #gtchat
- 4:30 pm **GaryBrannigan:** Try to tie gt activities to community needs #gtchat
- 4:30 pm **DeborahMersino:** Please know that I'm not diminishing past/current efforts. Profound work has been done by leaders. Just looking at big picture/opps. #gtchat
- 4:31 pm **mygiftedgirl:** Running late to check in on #gtchat. Busy holiday preps and off to doc appt! Hugs out there for my gifted tweeps!
- 4:31 pm **theboysstore:** Always nice to hear their point of view RT @GaryBrannigan: It is important to get the community involved #gtchat
- 4:31 pm **Frazzlld:** RT @cybraryman1: Bring back former students to give input, expertise and support for gifted programs./ Good idea. Role models too #gtchat
- 4:31 pm **DeborahMersino:** W/ regard to community argument, what are the other most compelling reasons to support strong GT programming? #gtchat
- 4:32 pm **deepwaterscoach:** In coaching, we talk about designing alliances. What might it look like to get all players together & design our #gifted alliance? #gtchat
- 4:32 pm **NAGCGIFTED:** Sometimes sharing the myths and realities helps - video from MD DOE <http://bit.ly/9VXWai> NAGC page <http://bit.ly/8GKA9p> #gtchat #gifted

4/1/2011

Transcript for #gtchat - What the Hasht...

- 4:32 pm **DeborahMersino:** @GaryBrannigan - Glad you're here! #gtchat
- 4:33 pm **Ijconrad:** Gifted program needs to be built before they can seek community support, IMHO. #gtchat
- 4:33 pm **DeborahMersino:** RT @deepwaterscoach: In coaching, we talk about designing alliances. What might it look like to get all players together & design our #gifted alliance? #gtchat
- 4:33 pm **DeborahMersino:** @NAGCGIFTED - TY for being here. You are the linchpin in my opinion! #gtchat
- 4:34 pm **FrazzIId:** @DeborahMersino In current economic climate, we need to nurture and encourage innovative minds. Now is a good time to advocate #gtchat
- 4:34 pm **mygiftedgirl:** SEe what's happening in FL <http://www.facebook.com/pages/Florida-Gifted-Network/167533133177?ref=ts> #gtchat
- 4:34 pm **deepwaterscoach:** GT is our future. What solutions to world issues r we missing by not sparking intelligent, morally concerned young minds & hearts? #gtchat
- 4:35 pm **DeborahMersino:** I've been reading Seth Godin's book "Linchpin" & am finding it thought-provoking w/regard to gifted ed advocacy. #gtchat
- 4:35 pm **DeborahMersino:** RT @deepwaterscoach: GT is our future. What solutions to world issues r we missing by not sparking intelligent, morally concerned young minds & hearts? #gtchat
- 4:36 pm **FrazzIId:** @NAGCGIFTED Watched that video earlier today. It's great! Top 10 myths of #gifted ed, by teens: <http://bit.ly/9VXWAl> #gtchat
- 4:36 pm **GaryBrannigan:** @deepwaterscoach The intelligent, morally concerned element is important to demonstrate on a community level...or larger. #gtchat
- 4:36 pm **deepwaterscoach:** RT @theboysstore: We need 2 show that good GT programs enhances whole school's program~Enhanced teaching leads to overall better ed #gtchat
- 4:37 pm **Ijconrad:** @deepwaterscoach totally agree, but our small town school board is myoptic when it comes to the BIG picture. #gtchat
- 4:37 pm **DeborahMersino:** On the subject of videos/stories, I do believe the universal/clear mission must be told through stories & future-casting. #gtchat
- 4:38 pm **DeborahMersino:** This can be done nationally, statewide and locally. Brings #gifted ed to life/makes it more understandable/human. #gtchat
- 4:39 pm **GaryBrannigan:** Athletic programs get a lot of press. Those involved in GT Prog need to be more visible. #gtchat
- 4:39 pm **deepwaterscoach:** Welcome to the #gifted dilemma everywhere. RT @Ijconrad: Our small town school board is myoptic when it comes to the BIG picture. #gtchat
- 4:40 pm **theboysstore:** Comes back 2 advocacy RT @Ijconrad: @deepwaterscoach totally agree, but r town school board is myoptic when it comes 2 the BIG pic #gtchat
- 4:40 pm **DeborahMersino:** IMHO, I see too much {space} between GT leaders/groups, the educators themselves and parents. Must bridge communicat. gap to succeed #gtchat
- 4:40 pm **KathyLoh:** RT @DeborahMersino: IMHO, I see too much {space} between GT leaders/groups, the educators themselves and parents. Must bridge communicat. gap to succeed #gtchat
- 4:41 pm **theboysstore:** It can be done RT @GaryBrannigan: Athletic programs get a lot of press. Those involved in GT Prog need to be more visible. #gtchat
- 4:41 pm **GaryBrannigan:** Many people in comm. don't understand the need for GT prog. They may even have a neg. view of them. #gtchat
- 4:41 pm **DeborahMersino:** What words/images come to mind when you think of gifted students? If you could rebrand the power of gifted ed? #gtchat
- 4:41 pm **Ijconrad:** Good gifted programs can counter a whole lot of bad press for a district subjected to drugs, teen suicide, and bullying! #gtchat

- 4:42 pm **DeborahMersino:** @KathyLoh - love that you're here... #gtchat
- 4:42 pm **FrazzIld:** To quote Deborah Eyre: G&T provision only really works where the entire school is aiming for excellence. <http://bit.ly/9axRfL> #gtchat
- 4:42 pm **theboysstore:** In my community we deal with educators that don't want to cahnge their method of teaching to include GT #gtchat
- 4:42 pm **GaryBrannigan:** @ljconrad Good point about countering bad press! #gtchat
- 4:43 pm **KathyLoh:** @DeborahMersino thanks happy to be here #gtchat
- 4:43 pm **DeborahMersino:** @GaryBrannigan Agreed. That's why we need a straightforward, simple and unified message. #gtchat
- 4:43 pm **deepwaterscoach:** @KathyLoh What kinds of alliances do you think we could create to bridge the #gifted gap? How can we do so? #gtchat
- 4:43 pm **FrazzIld:** Agree RT @GaryBrannigan: Athletic programs get a lot of press. Those involved in GT Prog need to be more visible. #gtchat
- 4:43 pm **deepwaterscoach:** RT @DeborahMersino: What words/images come to mind when you think of gifted students? If you could rebrand the power of gifted ed? #gtchat
- 4:43 pm **DeborahMersino:** @theboysstore - Sad, but true. Teachers are overworked, trying to balance the needs of up to 5 grd levels in one class. Makes sense. #gtchat
- 4:44 pm **KathyLoh:** To "bridge gap" think of all as part of one being - unified dynamic with a reason to evolve and ask what wants to happen? #gtchat
- 4:44 pm **DavidsonGifted:** #gtchat @DeborahMersino curious, leaders, unique, responsible, balanced, empathetic, strong desire to learn
- 4:45 pm **KathyLoh:** @deepwaterscoach understand it as a whole rather than parts, then see how the parts are each essential to the whole, honor #gtchat
- 4:45 pm **DeborahMersino:** @theboysstore - That's why we need compelling mission/opportunity to sell gifted ed programming that works/serves comm/world. #gtchat
- 4:45 pm **DeborahMersino:** RT @DavidsonGifted: #gtchat @DeborahMersino curious, leaders, unique, responsible, balanced, empathetic, strong desire to learn
- 4:45 pm **deepwaterscoach:** How do we get the education community at large to sit down to the table w/ us to discuss the imperative 4 good #gifted programming? #gtchat
- 4:46 pm **DeborahMersino:** @KathyLoh - excellent. time to tear down walls, see the mission together, spread hope, messages and opportunities. #gtchat
- 4:46 pm **FrazzIld:** driven, articulate, visionary #gtchat
- 4:46 pm **GaryBrannigan:** Look how comm. gets behind Amer. Idol contestant, Nat. Spelling Bee participant... #gtchat
- 4:46 pm **DavidsonGifted:** #gtchat @DeborahMersino A simple unified message would be nice, but needs and are all so unique and varied it will be hard to come up with.
- 4:47 pm **DeborahMersino:** @deepwaterscoach - Excellent question (particularly given what Colorado Dept. of Ed. just decided). #gtchat
- 4:47 pm **morsemusings:** @DeepWatersCoach Parent of gifted children speaking to teachers ... learned that not even teachers speak the same language. My view #gtchat
- 4:47 pm **DeborahMersino:** RT @FrazzIld: driven, articulate, visionary #gtchat
- 4:47 pm **theboysstore:** Our district wants to try cluster teaching which means selling the new way of teaching to the educators #gtchat
- 4:47 pm **ljconrad:** Sadly, not all school dist's are governed by those who aim high. Many aim only for lower taxes. Enlighten them to gt rewards. #gtchat
- 4:48 pm **DeborahMersino:** @DavidsonGifted - You make an solid point; however, we may need to oversimplify a bit if we are to garner more widespread buy in. #gtchat
- 4:48 pm **hildebuys:** #gtchat #gifted Help two Gifted Children in denmark <http://tinyurl.com/yhnjf2u>

need to be on fb Avocacy gone wrong

- 4:48 pm **Frazzlld:** Goodness knows, with all those skills at our disposal, surely we can come up with a plan?! #gtchat
- 4:48 pm **theboysstore:** @morsemusings Most teachers in my area are not aware of the "special" needs of the gifted #gtchat
- 4:49 pm **MSUgifted:** #gtchat @DeborahMersino & @DavidsonGifted definitely curious and unique, also potential, eager, but sometimes, unfortunately, frustrated
- 4:49 pm **DeborahMersino:** We have so much compelling research, knowledge, understanding of diverse gifted population. School boards make decisions though. #gtchat
- 4:49 pm **DeborahMersino:** RT @Frazzlld: Goodness knows, with all those skills at our disposal, surely we can come up with a plan?! #gtchat
- 4:49 pm **deepwaterscoach:** Agreed! How can we find unified lang.? RT @morsemusings:Parent of gifted children speaking to teachers --not speaking same language. #gtchat
- 4:50 pm **DeborahMersino:** @DavidsonGifted - I think your org has elevated & explained, "branded" if you will, profound giftedness so powerfully! Exc. example. #gtchat
- 4:51 pm **DavidsonGifted:** #gtchat Change starts with one person, one school, one district. It starts as a whisper, and grows into a roar that cant be ignored.
- 4:51 pm **KathyLoh:** @deepwaterscoach @morsemusings find the new or common language first. There is a foundational connection. look for it #gtchat
- 4:51 pm **DeborahMersino:** Let's start by supporting @NAGCGIFTED (become a member), our state orgs & continue brainstorming what the singular message could be #gtchat
- 4:51 pm **ljconrad:** Communicate "with" teachers. Stop making demands. Parents and teachers need to walk a day in each others shoes. #gtchat
- 4:51 pm **DeborahMersino:** RT @DavidsonGifted: #gtchat Change starts with one person, one school, one district. It starts as a whisper, and grows into a roar that cant be ignored.
- 4:52 pm **DavidsonGifted:** #gtchat @DeborahMersino Thank you for your kind words.
- 4:52 pm **Frazzlld:** RT @DavidsonGifted: Change starts with 1 person, 1 school, 1 district. Starts as a whisper, grows into a roar that cant be ignored. #gtchat
- 4:52 pm **DeborahMersino:** RT @ljconrad: Communicate "with" teachers. Stop making demands. Parents and teachers need to walk a day in each others shoes. #gtchat
- 4:52 pm **KathyLoh:** There is greater separation when we polarize. Find the common ground, explore the polarities, create the third way. Evolve #gtchat
- 4:53 pm **cybraryman1:** Why reinvent the wheel! Find a parent advocacy program that is in place that works and then replicate it. #gtchat
- 4:53 pm **deepwaterscoach:** I think this is essential! RT @KathyLoh: @morsemusings find the new or common language first. Look for the foundational connection. #gtchat
- 4:53 pm **KathyLoh:** @ljconrad love that - "stop making demands" and add assume positive intent #gtchat
- 4:53 pm **DeborahMersino:** Collaboration, empathy, singular messaging, perseverance. Number one thing that will elevate, though, UNITY. #gtchat
- 4:54 pm **GaryBrannigan:** Communities need something tangible to be proud of. Otherwise they are neutral or neg toward gt progs #gtchat
- 4:55 pm **DeborahMersino:** @cybraryman1 I'm thinking nationally/globally though, b/c even though local adv. is vital, we need more unity/to see bigger picture. #gtchat
- 4:55 pm **KathyLoh:** RT @DeborahMersino: Collaboration, empathy, singular messaging, perseverance. Number one thing that will elevate, though, UNITY. #gtchat
- 4:55 pm **GaryBrannigan:** Have to get back to work now. Best to all! #gtchat
- 4:55 pm **DeborahMersino:** We've got just a few minutes left. I appreciate the candor and input of everyone. Final thoughts, ideas? #gtchat

4/1/2011

Transcript for #gtchat - What the Hasht...

4:56 pm

**ljconrad:** National engagement for state organizations! #gtchat

4:56 pm

**morsemusings:** RT @deepwaterscoach: I think this is essential! RT @KathyLoh: @morsemusings find the new or common language first. Look for the foundational connection. #gtchat

4:56 pm

**DeborahMersino:** State #gifted associations typically focus more on GT educators, which is vital, but need much more parent involvement/dialogue. #gtchat

4:57 pm

**chrstinef:** RT @DeborahMersino: State #gifted associations typically focus more on GT educators, which is vital, but need much more parent involvement/dialogue. #gtchat

4:57 pm

**KathyLoh:** Thanks - sorry I was so late in attending (I have a note of excuse LOL) - @DeborahMersino you are a master leader! #gtchat

4:57 pm

**chrstinef:** @DeborahMersino so darn true! #gtchat

4:57 pm

**DeborahMersino:** Yes! RT @ljconrad National engagement for state organizations! #gtchat

4:58 pm

**Frazzlld:** "Normalise" giftedness by showing role models/examples. Persuade some very successful, high profile people to "out" themselves #gtchat

4:58 pm

**KathyLoh:** RT @DeborahMersino: State #gifted assoc typically focus more on GT educators, which is vital, need more parent involvement/dialogue. #gtchat

4:59 pm

**deepwaterscoach:** How much do we bring our own sense & exp's of feeling misunderstood to the table? Maybe we need to acknowledge this to move forward. #gtchat

4:59 pm

**DeborahMersino:** We've got incredible leaders at NAGC (@NAGCGIFTED). Join if you haven't already. www.nagc.org. #gtchat

4:59 pm

**ljconrad:** When's the next chat! #gtchat

4:59 pm

**DeborahMersino:** RT @Frazzlld: "Normalise" giftedness by showing role models/examples. Persuade some very successful, high profile people to "out" themselves #gtchat

4:59 pm

**KathyLoh:** RT @Frazzlld: "Normalise" giftedness by showing role models/examples. Persuade ery successful, high profile ppl 2 "out" themselves #gtchat

4:59 pm

**DeborahMersino:** RT @deepwaterscoach: How much do we bring our own sense & exp's of feeling misunderstood to the table? Maybe we need to acknowledge this to move forward. #gtchat

4:59 pm

**DavidsonGifted:** #gtchat Thanks for the great chat! I have a meeting to get to, sorry I've gotta run. Any questions? info@daidsongifted.org.

5:00 pm

**DeborahMersino:** Clear, simple messaging backed by powerful, compelling human-interest stories! #gtchat

5:00 pm

**KathyLoh:** Agree! RT @deepwaterscoach: How much do we bring our own sense & exps of feeling misunderstood to the table? #gtchat

5:00 pm

**DeborahMersino:** @DavidsonGifted - TY for your wisdom and for being here. #gtchat

5:01 pm

**DeborahMersino:** That's it my impassioned tweeps. Thank you all for sharing your perspectives, thoughts, ideation and passion. #gtchat

5:02 pm

**DeborahMersino:** @ljconrad - #gtchat takes place every Friday at noon/EST and 7pm/EST. At 7pm/EST, we'll be discussing "Finding Sanity Amid Chaos at Home"

5:02 pm

**Frazzlld:** @DeborahMersino TY for a great chat. So, who's doing up the new definition for homework?!! #gtchat

5:03 pm

**deepwaterscoach:** @DeborahMersino Thanks again for a great topic and leading it so well! #gtchat

5:03 pm

**deepwaterscoach:** Overachiever! LOL! RT @Frazzlld: @DeborahMersino TY for a great chat. So, who's doing up the new definition for homework?!! #gtchat

5:03 pm

**DeborahMersino:** @ljconrad - The full topic title for our next #gtchat session today: "Navigating Family Dynamics: Finding Sanity Amid Chaos."

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Transcript for #gtchat - What the Hasht...

- 5:04 pm **DeborahMersino:** @Frazzlld - Take a stab, Ms. Leader of Ireland Gifted Advocacy! :-) We should all continue to give it thought! #gtchat
- 5:05 pm **DeborahMersino:** I'm off to write a feature for Parenting High Potential (Part II of Twitter & Social Networking piece). #gtchat
- 5:05 pm **KathyLoh:** RT @DeborahMersino: What words/images come to mind when you think of gifted students? If you could rebrand the power of gifted ed? #gtchat
- 5:06 pm **DeborahMersino:** If any #gtchat participants would like to comment on benefits of #gtchat or social netwkg, DM me or send me an email [deborah@ingeniosus.net](mailto:deborah@ingeniosus.net).
- 5:07 pm **DeborahMersino:** Let me know if you're okay with me quoting you in the Parenting High Potential article too. TY for your consideration! #gtchat #gifted
- 5:07 pm **morsemusings:** mojofiti: a world without language barriers. #gtchat
- 5:08 pm **DeborahMersino:** RT @morsemusings: mojofiti: a world without language barriers. #gtchat
- 5:08 pm **KathyLoh:** @deepwaterscoach I am using tweetchat for #gtchat and will be using it for #CTIchat -it's easy! you?
- 5:09 pm **cybraryman1:** @DeborahMersino You should set up a Wallwisher page for comments on benefits of #gtchat or a voicethread.
- 5:11 pm **morsemusings:** RT @mojofitiproject New report finds that children use physical distance to measure time. <http://cot.ag/d7SQLj> #gtchat
- 5:12 pm **deepwaterscoach:** RT @morsemusings: mojofiti: a world without language barriers. #gtchat
- 5:19 pm **morsemusings:** RT @Frazzlld: RT @DavidsonGifted: Change starts with 1 person, 1 school, 1 district. Starts as a whisper, grows into a roar that cant be ignored. #gtchat
- 5:21 pm **KathyLoh:** @morsemusings awesome! wonderful to catch you at the #gtchat
- 5:39 pm **TheFaustianMan:** RT @DavidsonGifted: #gtchat Change starts with one person, one school, one district. It starts as a whisper, and grows into a roar that cant be ignored.
- 6:54 pm **DeborahMersino:** Ireland has spoken! Thank you @frazzlld @CathRiordan for your input on #gtchat. I welcome other feedback/support for my article. #gifted
- 6:54 pm **DeborahMersino:** To easily comment for Parenting High Potential article on #gtchat, visit: <http://www.wallwisher.com/wall/gtchat>. TY @cybraryman1 !
- 6:56 pm **DeborahMersino:** Just be sure to include your name, role (parent, educator, advocate) & where you reside if you're open to being quoted for PHP artc #gtchat
- 7:02 pm **DeborahMersino:** Is your state #gifted association on Twitter? I envision a day when all 50 in the US are collaborating. #gtchat
- 7:09 pm **cybraryman1:** RT @DeborahMersino: Please comment for Parenting High Potential article on #gtchat, visit: <http://bit.ly/9Bt7NB> (Include name,role,state)
- 7:19 pm **Frazzlld:** RT @DeborahMersino To easily comment for Parenting High Potential article on #gtchat, visit: <http://www.wallwisher.com/wall/gtchat>.
- 7:25 pm **Begabung:** <http://twitdraw.com/39ie6x> @Begabungs #twitdraw #gtchat
- 8:19 pm **Frazzlld:** Towards a definition: What makes a student #gifted: <http://bit.ly/aYydOU> #gtchat
- 8:20 pm **Frazzlld:** But a global definition of #gifted will be hard to reach: <http://bit.ly/aabgh0> #gtchat
- 9:56 pm **DeborahMersino:** For new followers: RED ALERT: #Gifted Education is a Civil Rights Issue | <http://bit.ly/bW5yOa> #gtchat
- 9:58 pm **DeborahMersino:** We're just an hour away from #gtchat. Should be a lively impassioned chat. Topic: Navigating Family Dynamics: Finding Sanity Amid Chaos!
- 10:10 pm **DeborahMersino:** @DeepWatersCoach - TY for the #FF. As Chief Sanity Officer for Gifted Parents/Kids, I certainly hope you're coming to #gtchat.
- 10:22 pm **chrstinef:** Next up..#gtchat and then...writing cave here I come!
- 10:49 pm **profalavfair:** I'm about to join #gtchat (THEN Happy Hour :-). Going to try Tweetchat which I

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Transcript for #gtchat - What the Hasht...

- 10:49 pm **profplayfair**: ... about to join #gtchat (THEN happy hour :). Going to try #gtchat which I just learned about.
- 10:58 pm **DeborahMersino**: My tweets for the next hour will be devoted to #gtchat.
- 10:59 pm **chrstinef**: Hi guys...I made it over - at least for a while! #gtchat
- 10:59 pm **DeborahMersino**: Welcome to #gtchat ! Our topic: Navigating Family Dynamics to Find Sanity Amid Chaos. Parents of #gifted, join us!
- 11:00 pm **DeborahMersino**: Please take a moment to introduce yourself, your role (harried mother/father, author, educator, therapist) and where you reside. #gtchat
- 11:02 pm **profplayfair**: Mom/stepmom to 2 gifted teen boys, gifted advocate & writer, Boulder CO #gtchat
- 11:02 pm **chrstinef**: I'm a school psychologist and author and hail from Southern Calif #gtchat
- 11:02 pm **DeborahMersino**: I'm Deborah Mersino, moderator of #gtchat, mother of 2 girls (1/2E), consultant to GT communities. I moved to CO a 1 1/2 ago from Chicago.
- 11:02 pm **DavidsonGifted**: Erik here with the Davidson Institute. I am a Family Consultant (advocate/resource locator) and I live in Las Vegas, NV. #gtchat
- 11:02 pm **FrazzIId**: Hi from Ireland again. Harried mother sounds about right! Looking forward to some tips... #gtchat
- 11:03 pm **mygiftedgirl**: sources of chaos: sibling rivalry, 4 OE ppl in 1 house, bit o ADD/ADHD mixed in. But it's fun! #gtchat
- 11:03 pm **LesLinks**: RT @DeborahMersino: Please take a moment to introduce yourself, your role (harried mother/father, author, educator, therapist) and where you reside. #gtchat
- 11:04 pm **mygiftedgirl**: ok..gotta do church now. got my 2cents in... #gtchat
- 11:04 pm **FrazzIId**: @LesLinks Hi Les. This is Catherine in Wicklow. Great to see you here #gtchat
- 11:04 pm **chrstinef**: @mygiftedgirl have a great weekend! #gtchat
- 11:04 pm **DeborahMersino**: Welcome everyone! First question: What's the biggest source of chaos in your home? #gtchat @mygiftedgirl - Bye!
- 11:05 pm **GaryBrannigan**: Clinical & School Psychologist #gtchat
- 11:05 pm **BrendonWalker**: Dad from Sydney joining the conversation #gtchat
- 11:05 pm **DeborahMersino**: @LesLinks - Yes, it's great to have you here! #gtchat
- 11:06 pm **getsweetie**: #gtchat the biggest source of chaos in our home is keeping everyone engaged in a few like activities despite ages!
- 11:06 pm **DeborahMersino**: @BrendonWalker @GaryBrannigan - Glad you're both here. We're first talking about sources of chaos/family dynamics with #gifted. #gtchat
- 11:06 pm **profplayfair**: Parents ground down by "logic" that never ends. #gtchat
- 11:07 pm **chrstinef**: @profplayfair ha! so darn true!@ #gtchat
- 11:07 pm **BrendonWalker**: Just asked @soundsuccess & she says the biggest source of chaos is me! #gtchat
- 11:07 pm **DeborahMersino**: Perfectionism, asynchronous development, overexcitabilities/intensities, sibling rivalries, debates... #gtchat
- 11:07 pm **getsweetie**: #gtchat Mom of 4 Gifted children, 1 GT/LD/VI child, Independent Educational Consultant, Bride to one amazing husband
- 11:07 pm **DeborahMersino**: RT @profplayfair: Parents ground down by "logic" that never ends. #gtchat
- 11:08 pm **FrazzIId**: @DeborahMersino Was going to say my dd, but in truth it's probably me! #gtchat
- 11:08 pm **DeborahMersino**: ROFL - RT @BrendonWalker Just asked @soundsuccess & she says the biggest source of chaos is me! #gtchat

- 11:08 pm **getsweetie:** #gtchat Of course, some days I think my guys are mostly gifted at making chaos, messes, etc... :)
- 11:08 pm **BrendonWalker:** ...And the reason for that is bcoz I'm not there as much as Mum is, so it breaks routine ;) #gtchat
- 11:09 pm **profplayfair:** Sibling rivalry is also a huge issue for us, particularly with stepbrothers. #gtchat
- 11:09 pm **DeborahMersino:** @BrendonWalker - Makes complete sense. #gtchat
- 11:10 pm **DeborahMersino:** @FrazzIld - You bring up an interesting point. How much of the chaos starts with us/parents? #gtchat
- 11:10 pm **FrazzIld:** Creative teen daughter feels inferior to her more academic brother. He gets high grades. Her ability not so measureable. #gtchat
- 11:10 pm **DavidsonGifted:** @profplayfair Sylvia Rimm gives some good advice for dealing w/ sib rivalry: <http://bit.ly/cumzJB> #gtchat
- 11:10 pm **chrstinef:** @DeborahMersino I think chaos often starts with us #gtchat
- 11:11 pm **chrstinef:** @DeborahMersino how we react to our kids intensity...through the veil of our own #gtchat
- 11:11 pm **chrstinef:** RT @DavidsonGifted: @profplayfair Sylvia Rimm gives some good advice for dealing w/ sib rivalry: <http://bit.ly/cumzJB> #gtchat
- 11:11 pm **getsweetie:** #gtchat It seems perfectionism often takes its form as all or nothing positioning when stress/deadlines/choices hit...adding chaos
- 11:11 pm **profplayfair:** @DeborahMersino A LOT of it is the parents, OK, yes, true! We're intense too! #gtchat
- 11:12 pm **DeborahMersino:** @chrstinef - Could you tell everyone about the book you're writing? #gtchat
- 11:12 pm **DeborahMersino:** RT @chrstinef @DeborahMersino how we react to our kids intensity...through the veil of our own #gtchat {powerful point}
- 11:12 pm **FrazzIld:** It makes a difference when we can recognise our own issues first. #gtchat
- 11:12 pm **chrstinef:** @DeborahMersino Sure - it is a parenting book called Emotionally Intense #gtchat
- 11:12 pm **mommyperks:** RT @DeborahMersino: Perfectionism, asynchronous development, overexcitabilities/intensities, sibling rivalries, debates... #gtchat
- 11:13 pm **profplayfair:** @chrstinef Thanks for article on sibs I will definitely read that and share with spouse. #gtchat
- 11:13 pm **BrendonWalker:** @DeborahMersino it's true...when I'm not there, Mum runs the house like a well oiled machine. When I turn up, it breaks the rhythm #gtchat
- 11:13 pm **chrstinef:** @DeborahMersino It focuses on strategies to deal with our gifted kids intensity. Due out in 2011 by Prufrock Press #gtchat
- 11:13 pm **GaryBrannigan:** Many problems start because of issue of what one person intends and the other perceives #gtchat
- 11:13 pm **DeborahMersino:** Example: Wanting child 2 stop working on creative project to take care of a "to-do"...when we wouldn't want to do that ourselves! #gtchat
- 11:13 pm **FrazzIld:** Looks good. Must read! TY RT @DavidsonGifted: Sylvia Rimm gives some good advice for dealing w/ sib rivalry: <http://bit.ly/cumzJB> #gtchat
- 11:13 pm **getsweetie:** One of the sources of chaos for my learners is the struggle to realize just because they CAN doesn't always mean they should #gtchat
- 11:14 pm **mommyperks:** RT @chrstinef: @DeborahMersino It focuses on strategies to deal with our gifted kids intensity. Due out in 2011 by Prufrock Press #gtchat
- 11:14 pm **chrstinef:** @DeborahMersino excellent example #gtchat

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Transcript for #gtchat - What the Hasht...

- 11:14 pm **getsweetie:** RT @GaryBrannigan: Many problems start because of issue of what one person intends and the other perceives #gtchat/ yes
- 11:14 pm **DeborahMersino:** RT @GaryBrannigan: Many problems start because of issue of what one person intends and the other perceives #gtchat
- 11:14 pm **chrstinef:** RT @DavidsonGifted: Sylvia Rimm gives some good advice for dealing w/ sib rivalry: <http://bit.ly/cumzJB> EXCELLENT! #gtchat
- 11:14 pm **BrendonWalker:** @chrstinef @DeborahMersino parents need to be so in tune with each other to deliver consistency #gtchat
- 11:15 pm **DeborahMersino:** @mommyperks - So happy you're here! #gtchat
- 11:15 pm **DeborahMersino:** RT @getsweetie: RT @GaryBrannigan: Many problems start because of issue of what one person intends and the other perceives #gtchat/ yes
- 11:15 pm **chrstinef:** @BrendonWalker very true! #gtchat
- 11:15 pm **LesLinks:** RT @GaryBrannigan: Many problems start because of issue of what one person intends and the other perceives #gtchat
- 11:15 pm **GaryBrannigan:** Gt kids can get in a zone that others may not understand #gtchat
- 11:15 pm **mommyperks:** True! RT @GaryBrannigan Many problems start because of issue of what one person intends and the other perceives #gtchat
- 11:16 pm **chrstinef:** @GaryBrannigan absolutely! #gtchat
- 11:16 pm **DeborahMersino:** @BrendonWalker - Excellent point - Important to be on the same page - particularly when the intensity rises. #gtchat
- 11:16 pm **chrstinef:** RT @GaryBrannigan: Gt kids can get in a zone that others may not understand #gtchat
- 11:16 pm **Frazzld:** So true RT @GaryBrannigan: Many problems start because of issue of what one person intends and the other perceives #gtchat
- 11:16 pm **DavidsonGifted:** @chrstinef So true. If there is one word that can sum up good advice for handling many issues we discuss on #gtchat its this: Modeling.
- 11:16 pm **chrstinef:** Important to stay CALM as intensity rises! #gtchat
- 11:16 pm **profplayfair:** YES Very true in our house @LesLinks Many problems start because of issue of what one person intends and the other perceives. #gtchat
- 11:17 pm **getsweetie:** The ability to hyper focus/imagine/ often makes that "zone" more heavily walled than other children #gtchat
- 11:17 pm **mommyperks:** RT @DavidsonGifted: @chrstinef So true. If there is one word that can sum up good advice for handling many issues we discuss on #gtchat its this: Modeling.
- 11:17 pm **DeborahMersino:** @GaryBrannigan -Say more about "the zone"...it's such a critical issue relative to intensity, parenting and chaos. #gtchat
- 11:17 pm **chrstinef:** @DavidsonGifted modeling and coaching...key! #gtchat
- 11:17 pm **DeborahMersino:** RT @DavidsonGifted: @chrstinef So true. If there is one word that can sum up good advice for handling many issues we discuss on #gtchat its this: Modeling.
- 11:17 pm **Frazzld:** But so difficult! RT @chrstinef: Important to stay CALM as intensity rises! #gtchat
- 11:17 pm **chrstinef:** Best gift to give kids...teaching them to self-monitor their intensity! #gtchat
- 11:18 pm **getsweetie:** One of the common themes I see with my GT learners is believing their way of thinking is THE way #gtchat
- 11:18 pm **cybraryman1:** It is hard for parents to be impartial #gtchat
- 11:18 pm **chrstinef:** OH YES! Very difficult! RT @Frazzld: But so difficult! RT @chrstinef: Important to stay CALM as intensity rises! #gtchat

- 11:18 pm **DeborahMersino:** @DavidsonGifted - Just knew you would offer sound/wise advice. Modeling - vital. #gtchat
- 11:18 pm **DeborahMersino:** RT @getsweetie: One of the common themes I see with my GT learners is believing their way of thinking is THE way #gtchat
- 11:18 pm **chrstinef:** Definitely RT @getsweetie: One of the common themes I see with my GT learners is believing their way of thinking is THE way #gtchat
- 11:18 pm **mommyperks:** Daily struggle here. RT @chrstinef Best gift to give kids...teaching them to self-monitor their intensity! #gtchat
- 11:19 pm **DeborahMersino:** {Say more} RT @chrstinef Best gift to give kids...teaching them to self-monitor their intensity! #gtchat
- 11:19 pm **BrendonWalker:** I struggle with this sometimes. They know how to push my buttons RT @chrstinef: Important to stay CALM as intensity rises! #gtchat
- 11:19 pm **chrstinef:** True. Hard to gain perspective. RT @cybraryman1: It is hard for parents to be impartial #gtchat
- 11:19 pm **mommyperks:** Same here... RT @getsweetie One of the common themes I see with my GT learners is believing their way of thinking is THE way #gtchat
- 11:19 pm **DavidsonGifted:** @chrstinef Great point. Needs to be some coaching to provide context for the modeling of positive behaviors. #gtchat
- 11:19 pm **DeborahMersino:** @getsweetie - You've obviously been secretly living at our home. #gtchat
- 11:20 pm **chrstinef:** Teaching kids not just that they are intense, but that it is normal (for them) is a place to start #gtchat
- 11:20 pm **chrstinef:** Then, strategies to deal with that intensity need to be modeled by part #gtchat
- 11:20 pm **cybraryman1:** Parents need a "bag of tricks" to deal with their children: <http://bit.ly/19CerU> #gtchat
- 11:20 pm **DeborahMersino:** Next question: What do you do when intensity rises? #gtchat
- 11:21 pm **FrazzIId:** @Leslinks try signing in through [www.tweetchat.com](http://www.tweetchat.com) It makes the chat so much easier as the #gtchat bit is added automatically.
- 11:21 pm **profplayfair:** @chrstinef What a great insight about intensity. Especially if I remember it too! #gtchat
- 11:21 pm **chrstinef:** Also, parents acting as emotional coach to their kids to empower them to learn to recognize and control their intensity #gtchat
- 11:21 pm **DavidsonGifted:** @getsweetie Yes, we see this often too. Teaching negotiation skills and to see from the "other" perspective is essential. #gtchat
- 11:21 pm **GaryBrannigan:** Some might call the zone a peak experience, being in the moment so intensely that the person loses track of time & other things #gtchat
- 11:21 pm **chrstinef:** Give yourself a time out first! #gtchat
- 11:22 pm **chrstinef:** Then cue your kid about their intensity. Remind them of whatever strategies you have already taught #gtchat
- 11:22 pm **chrstinef:** Allow them time and space to get a hold of their emotions #gtchat
- 11:22 pm **mommyperks:** RT @DavidsonGifted: @getsweetie Yes, we see this often too. Teaching negotiation skills and to see from the "other" perspective is essential. #gtchat
- 11:23 pm **DeborahMersino:** @GaryBrannigan - TY re def of zone! It's an issue many parents deal with as they work to get kids to stay on somewhat of a schedule. #gtchat
- 11:23 pm **DeborahMersino:** RT @chrstinef: Give yourself a time out first! #gtchat
- 11:23 pm **DavidsonGifted:** Short & sweet article w/suggestions for dealing with intensities: [http://www.davidsongifted.org/db/Articles\\_id\\_10238.aspx](http://www.davidsongifted.org/db/Articles_id_10238.aspx) #gtchat
- 11:24 pm **DavidsonGifted:** @DeborahMersino I like this. We ALL need a time out sometimes. #gtchat
- 11:24 pm **BrendonWalker:** @chrstinef so true... all 3 tweets #gtchat

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Transcript for #gtchat - What the Hasht...

- 11:24 pm **BrendonWalker:** @chrstinef so true...an @tweets #gtchat
- 11:24 pm **DeborahMersino:** When they're calmer, listening to them - their perspectives - is critical (before diving in w/feedback). #gtchat
- 11:24 pm **GaryBrannigan:** @DeborahMersino Yes, like time to eat, go to sch.... Kids can have a hard time transitioning #gtchat
- 11:25 pm **getsweetie:** RT @DeborahMersino: @getsweetie - You've obviously been secretly living at our home. #gtchat most of our homes! :)
- 11:25 pm **chrstinef:** @BrendonWalker thanks! I am passionate about this topic! :D #gtchat
- 11:25 pm **chrstinef:** @DeborahMersino yep! #gtchat
- 11:25 pm **DeborahMersino:** RT @GaryBrannigan: @DeborahMersino Yes, like time to eat, go to sch.... Kids can have a hard time transitioning #gtchat
- 11:25 pm **mommyperks:** RT @DeborahMersino: When they're calmer, listening to them - their perspectives - is critical (before diving in w/feedback). #gtchat
- 11:25 pm **chrstinef:** @DeborahMersino definitely! #gtchat
- 11:25 pm **getsweetie:** One of the huge arguments between two of mine involves whose method is more "efficient" in process ugh! #gtchat
- 11:25 pm **BrendonWalker:** @DeborahMersino @chrstinef sometimes I use a count of 10 to take a breath and compose #gtchat
- 11:25 pm **DeborahMersino:** Any tips for transitioning amid chaos/intensities? #gtchat
- 11:25 pm **profplayfair:** Thank you all - have to run - many great insights. Look forward to transcript. Bye! #gtchat
- 11:26 pm **DeborahMersino:** {Can't wait for your book!} @chrstinef @BrendonWalker thanks! I am passionate about this topic! :D #gtchat
- 11:26 pm **FrazzIId:** RT @GaryBrannigan: Some might call the zone a peak experience, being in the moment so intensely that the person loses track of time & other things #gtchat
- 11:26 pm **chrstinef:** @profplayfair bye! #gtchat
- 11:26 pm **chrstinef:** @DeborahMersino get out of the emotions... #gtchat
- 11:26 pm **DeborahMersino:** @proplayfair - Thank you for being with us! #gtchat
- 11:27 pm **chrstinef:** @profplayfair thanks! (me neither) #gtchat
- 11:27 pm **getsweetie:** I literally call it a "neutral zone"...a complete redirect verbally "heads up" look at me, redirect...time out...#gtchat
- 11:27 pm **mommyperks:** @DeborahMersino Just realized I wasn't using the hashtag. LOL. #gtchat
- 11:27 pm **chrstinef:** @getsweetie good strategy! #gtchat
- 11:28 pm **mommyperks:** @DeborahMersino I usually try to give a ten minute warning so he doesn't get too upset about a transition. #gtchat
- 11:28 pm **FrazzIId:** Transitions are a problem in our house. Particularly transitioning to homework or away from the playstation! #gtchat
- 11:28 pm **GaryBrannigan:** @DeborahMersino Having to transition is the problem. If we can give them time, things would be ok, but we force them into a schedule #gtchat
- 11:28 pm **DeborahMersino:** Modeling, time, listening, neutral zone, calming emotions before talking, time outs for adults first...excellent insights. #gtchat
- 11:29 pm **getsweetie:** Sometimes that "zone" of focus is also involved in accepting that different folks choose different values, boundaries #gtchat
- 11:29 pm **DeborahMersino:** @mommyperks - You're not alone. We've all done that many times (re hashtag). #gtchat
- 11:29 pm **mommyperks:** RT @DeborahMersino: Modeling, time, listening, neutral zone, calming emotions before talking, time outs for adults first...excellent insights. #gtchat

- 11:29 pm **getsweetie:** often my gt learners divide themselves by what they "value" analytical formats, artistic, etc...when they can move between them #gtchat
- 11:30 pm **DavidsonGifted:** @mommyperks Good strategy. Give plenty of warning so transitions are not a surprise. Some kids need to mentally prepare beforehand. #gtchat
- 11:30 pm **DeborahMersino:** @GaryBrannigan - But to @FrazzIld 's point, don't parents need schedules (of some sort)? #gtchat
- 11:30 pm **GaryBrannigan:** But, kids need to learn that there are things you have to do that you don't want to do! #gtchat
- 11:30 pm **getsweetie:** It is not unusual for a gt learner to not risk areas of attempts where they are not competent...despite logic that its a new thing ..#gtchat
- 11:31 pm **mommyperks:** RT @DavidsonGifted: @mommyperks Good strategy. Give plenty of warning so transitions are not a surprise. Some kids need to mentally prepare beforehand. #gtchat
- 11:31 pm **chrstinef:** Schedules are fine, as long as everyone also learns that sometimes life just happens #gtchat
- 11:31 pm **GaryBrannigan:** They need to achive a good balance of their needs and reality of life #gtchat
- 11:31 pm **chrstinef:** Flexibility must also be taught #gtchat
- 11:32 pm **DeborahMersino:** Let's talk about the other side of the chaos. What do your kids revel in most (as a family)? What brings out their spirit/joy? #gtchat
- 11:32 pm **chrstinef:** RT @GaryBrannigan: They need to achive a good balance of their needs and reality of life #gtchat
- 11:32 pm **FrazzIld:** @GaryBrannigan I don't think any amount of extra time would help here. It's just lack of self-discipline on occasions, I fear. #gtchat
- 11:32 pm **GaryBrannigan:** For gt kids, soc/emo skills may not match their intellectual #gtchat
- 11:32 pm **DeborahMersino:** RT @chrstinef: Flexibility must also be taught #gtchat
- 11:32 pm **cybraryman1:** @mommyperks Children definitely need to be helped with transitions. We had a program to do this with children entering MS #gtchat
- 11:33 pm **LesLinks:** flexibility is good, especially if one has unflexible ones #gtchat
- 11:33 pm **DavidsonGifted:** Good explanation of Dabrowski's overexcitabilities with strategies to deal: [http://www.davidsongifted.org/db/Articles\\_id\\_10102.aspx](http://www.davidsongifted.org/db/Articles_id_10102.aspx) #gtchat
- 11:33 pm **mommyperks:** @DeborahMersino My son LOVES it when he wins an argument. LOL. When his 'lawyer skills' work :- ) ( as we call it ) #gtchat
- 11:33 pm **FrazzIld:** Good point. RT @GaryBrannigan: They need to achive a good balance of their needs and reality of life #gtchat
- 11:34 pm **doctorjeff:** RT @DeborahMersino: Let's talk about the other side of the chaos. What do your kids revel in most (as a family)? What brings out their spirit/joy? #gtchat
- 11:34 pm **mommyperks:** @DeborahMersino He also loves it when we allow him to be in charge of an evening: TV, dinner, snack, game, etc. #gtchat POWER! LOL
- 11:34 pm **DeborahMersino:** Joy-infusers: Complete focus/listening to them; spending down-time and/or doing activities that they enjoy (even if it is the Wii). #gtchat
- 11:34 pm **DeborahMersino:** RT @DavidsonGifted: Good explanation of Dabrowski's overexcitabilities with strategies to deal: [http://www.davidsongifted.org/db/Articles\\_id\\_10102.aspx](http://www.davidsongifted.org/db/Articles_id_10102.aspx) #gtchat
- 11:34 pm **doctorjeff:** @DeborahMersino Learning something new if they had a hand in initiating, brings out spirit and joy. #gtchat
- 11:34 pm **DeborahMersino:** RT @mommyperks: @DeborahMersino He also loves it when we allow him to be in charge of an evening: TV, dinner, snack, game, etc. #gtchat POWER! LOL
- 11:35 pm **DavidsonGifted:** @cybraryman1 Transition from elementary to middle school can be overwhelming for so many kids. They need lots of scaffolding/support. #gtchat

- 11:35 pm **getsweetie:** One of the things I try to help ours perceptualize is that there are limitations of time...no matter what the concept #gtchat
- 11:35 pm **DeborahMersino:** @doctorjeff - Welcome! #gtchat
- 11:35 pm **getsweetie:** When we work out "necessary" parts of what they want/need/must include in 24 hours...sometimes the transition choices become easier #gtchat
- 11:35 pm **chrstinef:** My kids love time to be creative...on their own terms. So we do that. #gtchat
- 11:36 pm **DeborahMersino:** @doctorjeff - Love it. #gtchat
- 11:36 pm **GaryBrannigan:** Their intensity can be energizing to all around them. They bring life into the home. #gtchat
- 11:36 pm **LesLinks:** transition from primary to secondary can be very tricky indeed.. alot of support needed #gtchat
- 11:36 pm **getsweetie:** As ours grow we've allowed them more freedom as to what prices they are willing to pay to "not" do something! #gtchat
- 11:37 pm **mommyperks:** RT @getsweetie: When we work out "necessary" parts of what they want/need/must include in 24 hours...sometimes the transition choices become easier #gtchat
- 11:37 pm **cybraryman1:** @mommyperks Yes MS = Middle School. I have to abbreviate with the 140 character limitation! #gtchat
- 11:37 pm **DeborahMersino:** {Healthy perspective!} RT @GaryBrannigan Their intensity can be energizing to all around them. They bring life into the home. #gtchat
- 11:37 pm **Frazzlld:** They love competitions..like quizzes/singstar/card games where the best fun is to be had by being silly. #gtchat
- 11:37 pm **doctorjeff:** I love 2 have conversations with my son Jordi on whatever he wants to talk about: Here's one I wrote on blog: <http://bit.ly/2uhzdO> #gtchat
- 11:38 pm **GaryBrannigan:** They may exhaust us when around, but we miss them when they are not there (can't wait for them to be back) #gtchat
- 11:38 pm **DeborahMersino:** We've discussed this at #gtchat before, but agree that parents' perfectionism/control/intensities can dose spirit/passion Letting go #gtchat
- 11:38 pm **cybraryman1:** MS also has to transition new students. Have them come in w/o other students and walk them thru bldg & answer their questions. #gtchat
- 11:38 pm **mommyperks:** RT @Frazzlld: They love competitions..like quizzes/singstar/card games where the best fun is to be had by being silly. #gtchat
- 11:38 pm **doctorjeff:** I think my son appreciates that his dad gets joy from us learning together ... exploring together. #gtchat
- 11:38 pm **LesLinks:** Learning from history #gtchat
- 11:39 pm **mommyperks:** RT @GaryBrannigan: They may exhaust us when around, but we miss them when they are not there (can't wait for them to be back) #gtchat
- 11:39 pm **DeborahMersino:** Being silly is downright healthy! #gtchat
- 11:39 pm **mommyperks:** @GaryBrannigan Oh, my gosh. I ALWAYS say that. When my son is here, I'm exhausted. When gone...I miss him so much. #gtchat So true!!
- 11:39 pm **chrstinef:** @DeborahMersino so true...must let children develop into themselves...let them have some freedom in that #gtchat
- 11:40 pm **getsweetie:** One of the decompressors for my guys has been to help them unplug via art/music/imaginative play, etc #gtchat
- 11:40 pm **Frazzlld:** @doctorjeff You're lucky. My kids just think I'm nuts! #gtchat
- 11:40 pm **mommyperks:** I know nothing about that ;- ) RT @DeborahMersino Being silly is downright healthy! #gtchat
- 11:40 pm **LesLinks:** @mommyperks Me too...it is to quiet when they are not here. #gtchat

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Transcript for #gtchat - What the Hasht...

11:40 pm

**LesLinks:** @mommyperks Me too... it is to quiet when they are not here.... #gtchat

11:40 pm

**chrstinef:** RT @mommyperks: I know nothing about that ;-)  
RT @DeborahMersino Being silly is downright healthy! #gtchat

11:41 pm

**BrendonWalker:** {4got the tag} @DeborahMersino routine and the things they're passionate about. #gtchat

11:41 pm

**doctorjeff:** @Frazzlld why?? #gtchat

11:41 pm

**DeborahMersino:** Question: Can we simplify more? Allow for more messes? Revel in the chaos? Be more flexible? #gtchat

11:41 pm

**mommyperks:** Almost lonely... RT @LesLinks @mommyperks Me too... it is to quiet when they are not here.... #gtchat

11:41 pm

**chrstinef:** Most of the time, my kids rejuvenate my spirit! I love their world perspective #gtchat

11:41 pm

**LesLinks:** Scouts and sea scouting has been a good thing for us..... #gtchat

11:41 pm

**doctorjeff:** I think we don't give kids in general the intellectual credit they deserve, GT or otherwise. #gtchat

11:42 pm

**chrstinef:** @DeborahMersino Absolutely - it is out of chaos that brilliance is truly born! #gtchat

11:42 pm

**mommyperks:** @DeborahMersino We actually did simplify - smaller house, smaller town, one car, gave most belongings away. It did help! #gtchat

11:42 pm

**getsweetie:** RT @DeborahMersino: Question: Can we simplify more? Allow for more messes? Revel in the chaos? Be more flexible? #gtchat

11:42 pm

**doctorjeff:** I tweeted yesterday that kids are better explorers than adults because they don't bring preconceived notions to the pbm at hand. #gtchat

11:42 pm

**JaneBalvanz:** RT @DeborahMersino Question: Can we simplify more? Allow for more messes? Revel in the chaos? Be more flexible? #gtchat ~->YES!

11:42 pm

**DeborahMersino:** @BrendonWalker - I agree. Although they sometimes fight against routine, they seem more at peace when it's present. Passion = Joy #gtchat

11:42 pm

**getsweetie:** It seems we (as parents) are continually slimming down the schedules, calling for more "flow" space at our house #gtchat

11:43 pm

**mommyperks:** @DeborahMersino Gave us more of a chance to just focus on the kids and on our son. To HEAR him. You know what I mean? #gtchat

11:43 pm

**GaryBrannigan:** @DeborahMersino YES, YES, YES to all three questions. We have to try to put ourselves in their shoes #gtchat

11:43 pm

**doctorjeff:** RT @JaneBalvanz: RT @DeborahMersino Question: Can we simplify more? Allow for more messes? Revel in the chaos? Be more flexible? #gtchat ~->YES!

11:43 pm

**chrstinef:** @doctorjeff so true! #gtchat

11:43 pm

**Frazzlld:** @mommyperks My lot are away for a couple of days and I find it rather peaceful, actually! #gtchat

11:43 pm

**deepwaterscoach:** Hello! Late attendee, but I'm here! I'm Lisa Lauffer, Chief Sanity Officer for Gifted Grownups & Parents of Gifted Kids! #gtchat

11:43 pm

**DeborahMersino:** RT @getsweetie: It seems we (as parents) are continually slimming down the schedules, calling for more "flow" space at our house #gtchat

11:43 pm

**getsweetie:** It doesn't help that my high energy and need to create is high too..we have work on that continually here..relaxing/resting/downtime #gtchat

11:43 pm

**deepwaterscoach:** I'm also parent to 2 gifted kids, one of whom is 2e. #gtchat

11:44 pm

**mommyperks:** @Frazzlld My son is gone every weekend...I think if it were only every now and then, I'd feel differently :-)  
#gtchat

11:44 pm

**DeborahMersino:** @mommyperks - Absolutelv. We did as well...still are. Makes a big difference.

although I still need to monitor my own "zone" time! #gtchat

- 11:44 pm **doctorjeff:** @GaryBrannigan We were once in their shoes ... maybe our children can put us in touch with ourselves. #gtchat
- 11:44 pm **LesLinks:** @DeborahMersino we do in my house.... #gtchat
- 11:45 pm **DeborahMersino:** RT @getsweetie: It doesn't help that my high energy and need to create is high too..we have work on that continually here..relaxing/resting/downtime #gtchat
- 11:45 pm **getsweetie:** the thing many of our kids don't get is the recognition of stress, anxiety, exhaustion...they seem to gloss over those #gtchat
- 11:45 pm **getsweetie:** So often moving so fast in their thoughts and schedules they haven't taken time to access feeling #gtchat
- 11:45 pm **DeborahMersino:** @deepwaterscoach - Welcome to a woman who truly knows how to revel, find joy amid chaos. #gtchat
- 11:46 pm **mommyperks:** RT @getsweetie: the thing many of our kids don't get is the recognition of stress, anxiety, exhaustion...they seem to gloss over those #gtchat
- 11:46 pm **chrstinef:** @getsweetie that's where the coaching comes in! #gtchat
- 11:46 pm **DeborahMersino:** RT @getsweetie: So often moving so fast in their thoughts and schedules they haven't taken time to access feeling #gtchat
- 11:46 pm **chrstinef:** @getsweetie so true... #gtchat
- 11:47 pm **doctorjeff:** I think that joy and a sense of spirit in our children comes from embracing the power to ask a question .... a question is a gift. #gtchat
- 11:47 pm **LesLinks:** I sometimes have to be careful with my creativity, as dd sometimes finds it threatening to hers, and will 'stop'. So I curtail mine #gtchat
- 11:47 pm **DeborahMersino:** @deepwaterscoach - We're talking about strategies to reduce overwhelm/chaos. #gtchat
- 11:47 pm **GaryBrannigan:** I have seen kids who ask to go to bed...early. That is the time that they are in complete control of their thoughts #gtchat
- 11:47 pm **doctorjeff:** A question like .... gee, I wonder what's under that rock. #gtchat
- 11:47 pm **deepwaterscoach:** Ahhh...right up my alley! RT @DeborahMersino: @deepwaterscoach - We're talking about strategies to reduce overwhelm/chaos. #gtchat
- 11:47 pm **JaneBalvanz:** An overscheduled child has no time for creativity. #gtchat
- 11:48 pm **GaryBrannigan:** @JaneBalvanz Overbooking is a problem for many kids, gifted or not #gtchat
- 11:48 pm **mommyperks:** RT @doctorjeff: I think that joy and a sense of spirit in our children comes from embracing the power to ask a question .... a question is a gift. #gtchat
- 11:48 pm **cybraryman1:** RT @DeborahMersino: RT @getsweetie: So often moving so fast in their thoughts & schedules they haven't taken time to access feeling #gtchat
- 11:48 pm **BrendonWalker:** @DeborahMersino yes indeed #gtchat
- 11:48 pm **DeborahMersino:** @doctorjeff - Reveling in curiosity. Beautiful. #gtchat
- 11:48 pm **chrstinef:** Okay guys...must go and get my writing time in! Thanks for another amazing chat #gtchat
- 11:48 pm **mommyperks:** @GaryBrannigan My son has done that a few times (asked to go to bed). I was shocked but realized...he is calm & content! #gtchat
- 11:48 pm **getsweetie:** Yes @garybrannigan I find that controlling "think" time is often the escape via bed/ipod/running etc #gtchat
- 11:48 pm **BrendonWalker:** RT @GaryBrannigan: @DeborahMersino YES, YES, YES to all three questions. We have to try to put ourselves in their shoes #gtchat
- 11:49 pm **DeborahMersino:** Just like adults need a day off now and then, kids do too. #gtchat
- 11:49 pm **doctorjeff:** @GaryBrannigan And what is overbooking the child? Is it the child or the

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11:49 pm

**doctorjeff:** [@GaryBrannigan](#) And "who" is overlooking the child? Is it the child ... or the parent? #gtchat

11:49 pm

**LesLinks:** My ds is at his most creative, verbal and lucid at about 3:00am in the morning, fantastic conversationalist at this hour.... #gtchat

11:49 pm

**chrstinef:** RT [@DeborahMersino](#): Just like adults need a day off now and then, kids do too. - so true... #gtchat

11:49 pm

**FrazzIId:** [@chrstinef](#) Thanks for the great input. I'll be watching out for that book! #gtchat

11:49 pm

**DeborahMersino:** [@chrstinef](#) - Thank you! Grateful you were here. Happy writing! #gtchat

11:49 pm

**DavidsonGifted:** [@JaneBalvanz](#) True. Some kids will schedule themselves to death if we don't moderate and allow time for relaxation. #gtchat

11:49 pm

**mommyperks:** [@DeborahMersino](#) That's interesting. I actually allow my son to take days off school here & there. To CHILL & revamp. Good? Bad? #gtchat

11:50 pm

**deepwaterscoach:** One of the keys to sanity is being true to who we are uniquely created to be & helping our kids do the same. #gtchat

11:50 pm

**doctorjeff:** I also think participatory experiences - parent and child together - should be the goal, not getting them to the next piano lesson. #gtchat

11:50 pm

**chrstinef:** [@mommyperks](#) I vote GOOD! #gtchat

11:50 pm

**cybraryman1:** It is important to slow down sometimes to reflect and smell the roses. Give children choice of alternative activities #gtchat

11:50 pm

**doctorjeff:** RT [@DeborahMersino](#): [@doctorjeff](#) - Reveling in curiosity. Beautiful. #gtchat

11:51 pm

**BrendonWalker:** RT [@JaneBalvanz](#): An overscheduled child has no time for creativity. #gtchat

11:51 pm

**FrazzIId:** [@mommyperks](#) me too. I say it's good. #gtchat

11:51 pm

**DeborahMersino:** [@mommyperks](#) - I do the same thing. I can "see" the need in their eyes. Not often, but occasionally. #gtchat

11:51 pm

**DeborahMersino:** RT [@deepwaterscoach](#): One of the keys to sanity is being true to who we are uniquely created to be & helping our kids do the same. #gtchat

11:51 pm

**getsweetie:** RT [@chrstinef](#): [@mommyperks](#) I vote GOOD! #gtchat/ I vote good, quality time/down time is needed at times!

11:51 pm

**chrstinef:** [@DeborahMersino](#) New story brewing - must get it on paper! MC is a gifted girl #gtchat

11:51 pm

**JaneBalvanz:** U can teach children 2 ask 4 a time out when overwhelmed. Ask what their time out ideas are, and practice them. This is a life skill #gtchat

11:51 pm

**LesLinks:** [@mommyperks](#) that is an ok tactic, you would be surprised how many of us do just that... #gtchat

11:51 pm

**deepwaterscoach:** & we need 2 realize that w/ multiple abilities and interests, our kids can get overscheduled easy. They have a LIFETIME to develop! #gtchat

11:52 pm

**FrazzIId:** RT [@deepwaterscoach](#): One of the keys to sanity is being true to who we are uniquely created to be & helping our kids do the same. #gtchat

11:52 pm

**DeborahMersino:** Q: What's the rush? Can we get off the hamster wheel? Can we remember what it feels like to stop/be silly/imagine and simply be? #gtchat

11:52 pm

**GaryBrannigan:** [@doctorjeff](#) Kids need balance in their lives. I focus more on helping them to be well rounded & happy #gtchat

11:53 pm

**BrendonWalker:** [@chrstinef](#) can I get the name of that book again please? #gtchat

11:53 pm

**getsweetie:** #gtchat what are your children's "down" time activities? Mine choose reading/walking/ outdoor play

11:53 pm

**JaneBalvanz:** [@cybraryman1](#) We ALL need time for reflection. Good point! #gtchat

11:53 pm

**mommyperks:** [@chrstinef](#) [@FrazzIId](#) [@DeborahMersino](#) [@getsweetie](#) [@LesLinks](#) Wow; so good 2 know! I've been told it's bad but he NEEDS that here/there #gtchat

- 11:53 pm **LesLinks:** Yes, you can do everything, just not at the same time... #gtchat
- 11:53 pm **deepwaterscoach:** We can also think in terms of balance, which is abt movement, not a static state of having life areas at certain levels. #gtchat
- 11:53 pm **chrstinef:** @BrendonWalker Emotionally Intense. Find me on face book - Christine Fonseca. I will have book launch info there #gtchat
- 11:53 pm **getsweetie:** One of the biggest pushes I do with GT teachers is to help them plan activities where the process is the product...not a product #gtchat
- 11:54 pm **deepwaterscoach:** Balance is about perspective--how are we viewing our "chaos"? In a powerless or a powerful way? #gtchat
- 11:54 pm **DeborahMersino:** RT @chrstinef: @BrendonWalker Emotionally Intense. Find me on face book - Christine Fonseca. I will have book launch info there #gtchat
- 11:54 pm **chrstinef:** @BrendonWalker and on website www.christinenfonseca.com #gtchat
- 11:54 pm **momcoach:** RT @JaneBalvanz U can teach children 2 ask 4 a time out when ovrwhelmed. Ask 4 ideas, & practice them.This is a life skill #gtchat
- 11:54 pm **DeborahMersino:** RT @deepwaterscoach: Balance is about perspective--how are we viewing our "chaos"? In a powerless or a powerful way? #gtchat
- 11:54 pm **chrstinef:** RT @deepwaterscoach: Balance is about perspective--how are we viewing our "chaos"? In a powerless or a powerful way? EXCELLENT! #gtchat
- 11:55 pm **mommyperks:** @DeborahMersino I think humor & laughing is critical 2 their health. Some days, I say the SILLIEST things just to make him crack up. #gtchat
- 11:55 pm **GaryBrannigan:** @getsweetie Good point. The joy is in the doing. What's won is done! #gtchat
- 11:55 pm **BrendonWalker:** @getsweetie reading or quiet play or TV for us #gtchat
- 11:55 pm **mommyperks:** RT @getsweetie: One of the biggest pushes I do with GT teachers is to help them plan activities where the process is the product...not a product #gtchat
- 11:55 pm **DeborahMersino:** We've got just a few minutes left. Final thoughts? Great perspectives being shared! #gtchat
- 11:55 pm **doctorjeff:** @getsweetie so process as opposed to the acquisition of 'content'? #gtchat
- 11:56 pm **DeborahMersino:** RT @chrstinef: RT @deepwaterscoach: Balance is about perspective--how are we viewing our "chaos"? In a powerless or a powerful way? EXCELLENT! #gtchat
- 11:56 pm **getsweetie:** @doctorjeff yes, as well as process as in exploring different and non traditional ways of thinking for that learner...group...tech #gtchat
- 11:57 pm **RobertELeeandme:** RT @deepwaterscoach: Balance is about perspective--how are we viewing our "chaos"? In a powerless or a powerful way? #gtchat
- 11:57 pm **FrazzIId:** Great question! RT @deepwaterscoach: Balance is about perspective--how are we viewing our "chaos"? In a powerless or a powerful way? #gtchat
- 11:57 pm **mommyperks:** @DeborahMersino Thanks, Deborah. I always feel so "not alone" when I join these chats :-). Thanks again for hosting! #gtchat
- 11:57 pm **DeborahMersino:** Stopping the doing. Starting a conversation. Stopping the control. Allowing for play. Stopping the battle. Engaging in life. #gtchat
- 11:57 pm **CoachBarb:** RT @deepwaterscoach: One of the keys to sanity is being true to who we are uniquely created to be & helping our kids do the same. #gtchat
- 11:57 pm **getsweetie:** one of the most important things I think for GT learners is access to other abilitied thinkers their age and older for community #gtchat
- 11:58 pm **LesLinks:** @mommyperks a heart exposed to laughter, is a good thing.. intensity can be transformed into serious harm, or affirming joy #gtchat
- 11:58 pm **DeborahMersino:** @mommyperks - It's ALL about collaboration. It's everyone's #gtchat. Glad you were with us!

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11:58 pm

**mommyperks:** RT [@DeborahMersino](#): Stopping the doing. Starting a conversation. Stopping the control. Allowing for play. Stopping the battle. Engaging in life. [#gtchat](#)

11:58 pm

**deepwaterscoach:** RT [@DeborahMersino](#): Stopping doing/control/battle. Starting a conversation. Allowing for play. Engaging in life. [#gtchat](#)

11:58 pm

**mommyperks:** RT [@deepwaterscoach](#): One of the keys to sanity is being true to who we are uniquely created to be & helping our kids do the same. [#gtchat](#)

11:58 pm

**doctorjeff:** [@getsweetie](#) so would you say that engaging them in critical thinking is at the core of 'process', so they may revel in the journey? [#gtchat](#)

11:59 pm

**DavidsonGifted:** Thanks for hosting, Deborah. Gotta run. All are welcome to email us at [info@davidsongifted.org](mailto:info@davidsongifted.org) if we can assist with anything. [#gtchat](#)

11:59 pm

**getsweetie:** When I worked in rural communities, remarkable things happened when we gathered them physically/virtually/etc for play time [#gtchat](#)

11:59 pm

**doctorjeff:** RT [@DeborahMersino](#): Stopping the doing. Starting a conversation. Stopping the control. Allowing for play. Stopping the battle. Engaging in life. [#gtchat](#)

11:59 pm

**chrstinef:** RT [@DeborahMersino](#): [@mommyperks](#) - Its ALL about collaboration. Its everyones [#gtchat](#). Glad you were with us! [#gtchat](#)

11:59 pm

**CoachBarb:** So important to take inventory of a typical day and decide what you can let go of or delegate [#gtchat](#)

11:59 pm

**DeborahMersino:** RT [@DavidsonGifted](#): Thanks for hosting, Deborah. Gotta run. All are welcome to email us at [info@davidsongifted.org](mailto:info@davidsongifted.org) if we can assist with anything. [#gtchat](#)

11:59 pm

**mommyperks:** Lovely! RT [@LesLinks](#) a heart exposed 2 laughter, is a good thing.. intensity can be transformed into serious harm, or affirming joy [#gtchat](#)

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