



## Transcript from March 12, 2010 to March 12, 2010

All times are Pacific Time

### March 12, 2010

- 12:28 am **MarjieKnudsen:** RT @DeborahMersino New tweeps interested in #gifted issues, join us for #gtchat on Fridays at noon and 7:00 p.m. (EST)! #parenting #parents
- 12:45 am **SchoolFamily:** RT @GranvillePACE: RT @DeborahMersino: "Instilling Hope & Self-confidence in #Gifted Kids Today" is the noon/EST #gtchat topic on Friday.
- 3:32 am **cybraryman1:** RT @DavidsonGifted: RT @DeborahMersino: "Instilling Hope & Self-confidence in #Gifted Kids Today" will be our noon/EST #gtchat topic on Fri
- 3:33 am **cybraryman1:** RT @DavidsonGifted: RT @DeborahMersino: "Understanding the Many Facets of Perfectionism" will be 7pm/EST topic for #gtchat on Fri. #gifted
- 1:22 pm **mygiftedgirl:** RT @MarjieKnudsen: RT @DeborahMersino New tweeps interested in #gifted issues, join us for #gtchat on Fridays at noon and 7:00 p.m. (EST)! #parenting #parents
- 1:25 pm **mygiftedgirl:** @DeborahMersino Youngest is 2e as well as the princess of perfectionism.what a combo. sigh... #gtchat #gifted
- 1:31 pm **mygiftedgirl:** "Understanding the Many Facets of Perfectionism" will be 7pm/EST topic for Twitter #gtchat on Fri. Ingeniousus <http://bit.ly/cSSpEj>
- 1:32 pm **mygiftedgirl:** Join us gifted tweeps "Instilling Hope & Self-confidence in #Gifted Kids Today" will be our noon/EST #gtchat <http://bit.ly/bcmC5B>
- 1:34 pm **HoagiesGifted:** RT My Gifted Girl "Understanding the Many Facets of Perfectionism" will be 7pm/EST topic for Twitter #gtchat on... <http://bit.ly/cJsJwJ>
- 4:02 pm **DeborahMersino:** We're just an hour away from #gtchat. Topic: "Instilling Hope & Self-confidence in #Gifted Kids Today." Join us at noon/EST!
- 4:21 pm **teachingwthsoul:** RT @DeborahMersino: Just an hour away from #gtchat. Topic: "Instilling Hope & Self-confidence in #Gifted Kids Today." Join us at noon/EST!
- 4:57 pm **DeborahMersino:** My tweets for the next hour will be devoted to #gtchat.
- 4:58 pm **mygiftedgirl:** My tweets for the next hour will be devoted to #gtchat.
- 4:59 pm **DeborahMersino:** Welcome to #gtchat. Today's topic: "Instilling Hope & Self-Confidence in #Gifted Kids Today."
- 5:00 pm **DeborahMersino:** Please take a moment to introduce yourself, your role (parent, teacher, advocate) and where you reside. #gtchat
- 5:01 pm **DeborahMersino:** I'm Deborah Mersino, moderator of #gtchat, consultant to GT communities & parent to two girls. I'm in sunny Colorado.
- 5:01 pm **laughingatchaos:** I'm Jen in CO, mom and advocate for my 2 GT sons, oldest 2e #gtchat
- 5:02 pm **mygiftedgirl:** I'm Audrey Borden from South Florida founder of My Gifted Girl and parent two girls. #gtchat
- 5:02 pm **cybraryman1:** Parents & educators must have realistic expectations for children. #gtchat
- 5:03 pm **DeborahMersino:** Dr. Michelle Borba: 60 percent of adults feel today's parents are not measuring up to the standards set just a generation ago. #gtchat
- 5:03 pm **DeborahMersino:** RT @cybraryman1: Parents & educators must have realistic expectations for children. #gtchat

4/1/2011

Transcript for #gtchat - What the Hasht...

- 5:04 pm **DeborahMersino:** What's more, the majority of moms & dads agree w/low performance ratings #gtchat
- 5:05 pm **MyGiftedLife:** hi, this is @bfwriter signing in on behalf of MGL. #gtchat
- 5:05 pm **mygiftedgirl:** of course my concern in increasing self confidence of gifted girls and women! #gtchat :)
- 5:05 pm **DeborahMersino:** I bring up Dr. Borba's stat b/c I find it interesting how our evaluation of our parenting and today's challenges are intertwined. #gtchat
- 5:05 pm **laughingatchaos:** @DeborahMersino I think parents are expected to pick up the slack of what a community used to do a gen. ago. V difficult to do. #gtchat
- 5:05 pm **cybraryman1:** Must take into account the social, emotional maturity of the child. #gtchat
- 5:06 pm **DeborahMersino:** @cybraryman1 - Agreed. #gtchat
- 5:07 pm **laughingatchaos:** @DeborahMersino w/challenging kids, it's even more difficult to keep those standards when essentially working alone #gtchat
- 5:07 pm **MyGiftedLife:** @cybraryman1 and any intensities. I was scared of a lot of things when I was a kid, and was pushed to do them. #gtchat
- 5:08 pm **DavidsonGifted:** Sorry for being late! This is Rebecca from the Davidson Institute. #gtchat
- 5:08 pm **laughingatchaos:** @MyGiftedLife how did getting pushed thru intensities affect you, then and now? dealing w/that with oldest #gtchat
- 5:08 pm **cybraryman1:** @DeborahMersino What are today's parents lacking? #gtchat
- 5:08 pm **DeborahMersino:** Add to the mix - cyberbullying, school shootings, online predators, Facebook, eating disorders, depression, worrying about the world. #gtchat
- 5:09 pm **mygiftedgirl:** When I think of high standards... I think of 6 -8 year old Shaolin Monks and their Kung Fu. #gtchat
- 5:09 pm **DeborahMersino:** @DavidsonGifted - Welcome! We're discussing today's challenges in raising #gifted kids. #gtchat
- 5:10 pm **laughingatchaos:** @cybraryman1 family and community support. Many of us live far from family & community doesn't always "get" GT #gtchat
- 5:10 pm **MyGiftedLife:** @laughingatchaos my upbringing was, let's just say "special", lol. there was a lot of shame. I'm sure you don't do that. #gtchat
- 5:10 pm **DeborahMersino:** @cybraryman1 We're hurried & harried. We're using a variety of parenting techniques that don't necessarily work (paraphrasing Borba) #gtchat
- 5:11 pm **laughingatchaos:** @MyGiftedLife God, I HOPE we don't do that. :( Sorry. #gtchat
- 5:11 pm **MyGiftedLife:** @laughingatchaos I think sometimes, we need the right motivators to push through, and those can only come from within. #gtchat
- 5:11 pm **mygiftedgirl:** A huge challenge for me is my 2e child. Self confidence is a daily issue, sometimes hourly. and then at times she oozes it. #gtchat
- 5:11 pm **laughingatchaos:** @MyGiftedLife Hard to support when we don't know those internal motivators. #gtchat
- 5:12 pm **laughingatchaos:** @mygiftedgirl OH, you too? LOL Our 2e kids should compare notes! LOL ;) #gtchat
- 5:12 pm **DeborahMersino:** Affective/Socio-emotional understanding is the underpinning of self-confidence & hope. #gtchat
- 5:12 pm **laughingatchaos:** RT @DeborahMersino: Affective/Socio-emotional understanding is the underpinning of self-confidence & hope. #gtchat
- 5:13 pm **cybraryman1:** Stimulating the intellectual level which is usually much higher than the social/emotional level is a challenge. #gtchat on the road!
- 5:13 pm **DeborahMersino:** Unfortunately, NCLB & other pressures have kept affective teachings out of the classrooms. It's left to parents. #gtchat

4/1/2011

Transcript for #gtchat - What the Hasht...

- 5:13 pm **aces4**: Some ppl object to the term "gifted" bc it implies a group of "not-gifted". Can we treat all students as if they were gifted? #gtchat
- 5:13 pm **MyGiftedLife**: actually, one thing I learned to do as I got older was to borrow self-confidence from one domain for another. #gtchat
- 5:14 pm **mygiftedgirl**: "... #gifted girls are subtly taught to relate to their failures, but not...successes to ability." Barbara A. Kerr Phd - Smart #Girls #gtchat
- 5:14 pm **DeborahMersino**: @aces4 - This isn't the forum for that debate. We ALL agree that every child has strengths. #gtchat
- 5:15 pm **DeborahMersino**: @aces4 - We're discussing research-driven social challenges faced by children 2-5 deviations above norm (grade-level). #gtchat
- 5:15 pm **cybraryman1**: Parents need to make raising children a much higher priority! #gtchat
- 5:16 pm **DeborahMersino**: @cybraryman1 - I agree (glad you're tweeting on the road). #gtchat
- 5:17 pm **DeborahMersino**: @cybraryman1 - Yes, we multi-task ourselves right out of the job at times and then wonder why our children are miserable. #gtchat
- 5:17 pm **MyGiftedLife**: @aces4 not everyone can excel at certain domains like I can. that's a gift, therefore gifted. but DM's right, another day's chat. #gtchat
- 5:17 pm **DeborahMersino**: I've recommended this book before, but highly recommend @micheleborba 's book "Big Book of Parenting Solutions." #gtchat
- 5:18 pm **laughingatchaos**: @DeborahMersino On my "gotta get" list. As well as many, many others! ;) #gtchat
- 5:18 pm **DeborahMersino**: Borba discusses the problem w/ most modern-day parenting approaches (which impact our kids' well-being/confidence/sense of hope. #gtchat
- 5:19 pm **cybraryman1**: Parents of all children need parenting education to learn how to deal with their children. #gtchat
- 5:19 pm **DeborahMersino**: Dr. Rick Olenchak, former president of NAGC, also has some intriguing writings on the subject of hope/success. #gtchat
- 5:20 pm **laughingatchaos**: @cybraryman1 I have taken more parenting classes than I care to admit. 2e kids aren't in "the book." :( #gtchat
- 5:20 pm **mygiftedgirl**: RT @cybraryman1: Parents of all children need parenting education to learn how to deal with their children. #gtchat
- 5:20 pm **MyGiftedLife**: oh, and it's important to not bail us out when we fail, no matter how frustrating. #gtchat
- 5:20 pm **DeborahMersino**: In "Social-Emotional Curriculum", he has a chapter, "Creating a Life: A Symphony of Self." Worth checking out. #gtchat
- 5:21 pm **MamaTara**: @DeborahMersino @cybraryman1 A great book is Unconditional Parenting by @alfiekohn throw the "techniques" out, work w each situation. #gtchat
- 5:21 pm **DeborahMersino**: Bottom line/theory Happiness precludes success in #gifted, not the other way around. And affective curr. is essential (school/home) #gtchat
- 5:21 pm **DeborahMersino**: RT @MyGiftedLife: oh, and it's important to not bail us out when we fail, no matter how frustrating. #gtchat
- 5:22 pm **DeborahMersino**: RT @MamaTara: @DeborahMersino @cybraryman1 A great book is Unconditional Parenting by @alfiekohn throw the "techniques" out, work w each situation. #gtchat
- 5:22 pm **DavidsonGifted**: With social challenges, it is vital to help kids learn resiliency. A good resource is Raising Resilient Kids <http://bit.ly/aTLvH> #gtchat
- 5:23 pm **MamaTara**: RT @cybraryman1: Parents need to make raising children a much higher priority! #gtchat
- 5:24 pm **mygiftedgirl**: @laughingatchaos yes & books are available discuss 2e schooling & accommodations which make me crazy bc it's hard to get right #gtchat
- 5:24 pm **DeborahMersino**: @cybraryman1 - I think your point about making parenting a priority is key.

Borba discusses the negative ways some try to attempt #gtchat

- 5:25 pm **laughingatchaos:** @mygiftedgirl I need 2e parenting books. And then the time to read them. ;) #gtchat
- 5:25 pm **cybraryman1:** Gifted children also need hugging & kissing contact from parents. They are not little adults & we sometimes forget. #gtchat
- 5:25 pm **DeborahMersino:** Borba: Helicopter parenting Hothouse parenting, Quick-fix parenting, Buddy parenting, Accessory parenting, Paranoid parenting. #gtchat
- 5:25 pm **laughingatchaos:** RT @cybraryman1: Gifted children also need hugging & kissing contact from parents. They are not little adults & we sometimes forget. #gtchat
- 5:26 pm **laughingatchaos:** @cybraryman1 Mine CRAVE the closeness and I'm more than happy to oblige. :) #gtchat
- 5:27 pm **DeborahMersino:** The simplicity. So true. Listening. Asking questions. Hugging. Downtime. In-the-moment sharing/bliss. #gtchat
- 5:28 pm **DeborahMersino:** What do we ultimately want for our children in this world we live in? #gtchat
- 5:28 pm **laughingatchaos:** RT @DeborahMersino: The simplicity. So true. Listening. Asking questions. Hugging. Downtime. In-the-moment sharing/bliss. #gtchat
- 5:29 pm **laughingatchaos:** I want my boys to be strong, compassionate adults, confident in their gifts. #gtchat
- 5:29 pm **DeborahMersino:** How can we ensure our #gifted girls don't fall prey to "blending" by 4th grade or earlier, thinking looks/appearance matters most. #gtchat
- 5:30 pm **DeborahMersino:** Talking about feelings, while also still setting limits, can be essential. #gtchat
- 5:30 pm **DeborahMersino:** RT @DavidsonGifted: With social challenges, it is vital to help kids learn resiliency. A good resource is Raising Resilient Kids <http://bit.ly/aTLvH> #gtchat
- 5:31 pm **MamaTara:** @DeborahMersino For them to be confident, curious, true to themselves, empathetic, passionate and to feel understood and loved. #gtchat
- 5:31 pm **DeborahMersino:** @MyGiftedLife - Your point about letting #gifted kids fail is vital! #gtchat
- 5:31 pm **laughingatchaos:** RT @DeborahMersino: Talking about feelings, while also still setting limits, can be essential.//ABSOLUTELY! #gtchat
- 5:31 pm **DeborahMersino:** How can #gifted kids learn resilience if they're not ever allowed to fail? #gtchat
- 5:32 pm **DeborahMersino:** How does our own sense of belonging/purpose/confidence impact our children? What do model about living in the world today? #gtchat
- 5:32 pm **DeborahMersino:** RT @MamaTara: @DeborahMersino For them to be confident, curious, true to themselves, empathetic, passionate and to feel understood and loved. #gtchat
- 5:32 pm **MyGiftedLife:** @DeborahMersino and participate in realms in which we don't excel, and have that be completely ok. praise effort. #gtchat
- 5:32 pm **laughingatchaos:** @DeborahMersino Hard! Esp. when failure means the END OF THE WORLD to them, & can result in never trying again. #gtchat
- 5:32 pm **cybraryman1:** You want your children to be happy productive caring human beings. #gtchat
- 5:33 pm **chrstinef:** @DeborahMersino Absolutely...we have to help our kids learn that failure is a NECESSARY part of growth #gtchat
- 5:33 pm **DeborahMersino:** I'm laughing as I think about battles over making one's bed vs. existential battles within these kids/ourselves. #gtchat
- 5:33 pm **profplayfair:** I'd repeat @DeborahMersino's question about blending to boys too. #gtchat
- 5:34 pm **DeborahMersino:** RT @profplayfair: I'd repeat @DeborahMersino's question about blending to boys too. #gtchat
- 5:34 pm **laughingatchaos:** @DeborahMersino God, no kidding! Get dressed vs. mental conundrum of the morning. Before coffee. Shaking head... #gtchat
- 5:34 pm **DavidsonGifted:** @DeborahMersino Good point. You cant learn resiliency if you never fail. Failure

- 5:35 pm **nmarchmon:** RT @cybraryman1: Parents need to make raising children a much higher priority! #gtchat
- 5:35 pm **DeborahMersino:** Talking about perfectionism. Modeling failure as okay. Praising effort over abilities regularly. (TY @MyGiftedLife). #gtchat
- 5:35 pm **laughingatchaos:** @profplayfair Boys blend differently. Can't explain how my oldest does, but his GT/2e doesn't stand out. Wants to be like others. #gtchat
- 5:35 pm **MamaTara:** @DeborahMersino @MyGiftedLife When there's no outside pressure, they just learn why didn't work and can see how 2 improve next time. #gtchat
- 5:36 pm **DeborahMersino:** Dr. Olenchak commented at a conference that he wants to scream at parents who try to get their kids' teachers to change a B to an A. #gtchat
- 5:36 pm **chrstinef:** Praise needs to be specific if it is to be effective #gtchat
- 5:37 pm **laughingatchaos:** @profplayfair Not around other boys, GT shines. Otherwise it's tucked away. They don't "get" his ??s, so he goes down 2 their level. #gtchat
- 5:37 pm **DavidsonGifted:** @DeborahMersino YES! Praising effort over outcome is so important. Even gifted individuals are not the best at everything. #gtchat
- 5:37 pm **MyGiftedLife:** @DeborahMersino have you heard? parents are doing that for their college-age kids now. extreme helicoptering. #gtchat
- 5:37 pm **laughingatchaos:** @DeborahMersino Snort...wish that was our biggest problem around here. #gtchat
- 5:37 pm **laughingatchaos:** RT @chrstinef: Praise needs to be specific if it is to be effective #gtchat
- 5:37 pm **DeborahMersino:** Allowing for upset. Having discussions about "what just happened." Talking about school w/o interrupting. #gtchat
- 5:38 pm **laughingatchaos:** RT @DavidsonGifted: Praising effort over outcome is so important. Even gifted individuals are not the best at everything. #gtchat
- 5:38 pm **MyGiftedLife:** @DeborahMersino and sometimes parents are even calling up job interviewers after the interview. yikes! #gtchat
- 5:38 pm **MamaTara:** @DeborahMersino The bed, clothing, etc battles r so not important. Only brings division in relationship. #gtchat
- 5:38 pm **Giftedkidsie:** @DeborahMersino Praising the effort is so important and more importantly it works! #gtchat
- 5:38 pm **laughingatchaos:** @MyGiftedLife LOL! I have better things to do than helicopter when they're in college. I plan to do anything BUT! #gtchat
- 5:38 pm **laughingatchaos:** RT @DeborahMersino: Allowing for upset. Having discussions about "what just happened." Talking about school w/o interrupting. #gtchat
- 5:38 pm **DeborahMersino:** @micheleborba 's definition of helicopter parenting. "Hovering over your kids; hurrying to smooth over every one of life's bumps. #gtchat
- 5:39 pm **DeborahMersino:** RT @laughingatchaos: RT @chrstinef: Praise needs to be specific if it is to be effective #gtchat
- 5:39 pm **laughingatchaos:** @MamaTara Pick your battles. #gtchat
- 5:40 pm **chrstinef:** @DeborahMersino thus the reasonresiliency is an issue...too many kids taught to look OUTSIDE of themselves for ways to fix things..#gtchat
- 5:40 pm **chrstinef:** @DeborahMersino instead of being taught to look INSIDE...#gtchat
- 5:40 pm **DeborahMersino:** Do we feel hope? Show it? If not, passing along "hope" can be difficult. What do we model? How do we demonstrate confidence? #gtchat
- 5:41 pm **MyGiftedLife:** another thing is to respect their process even if it doesn't look like your own, as long as it works for them. #gtchat
- 5:41 pm **DeborahMersino:** @chrstinef - Great point! #gtchat

- 5:41 pm **momsinspire**: Children can learn so much about themselves and the world via great literature. We should encourage our children to read more! #gtchat
- 5:41 pm **laughingatchaos**: RT @MyGiftedLife: another thing is to respect their process even if it doesnt look like your own, as long as it works for them. #gtchat
- 5:42 pm **DavidsonGifted**: @chrstinef Agreed. Rather than fix it for them, teach them the skills to do it themselves. "Give a man a fish he eats for a day... #gtchat
- 5:42 pm **chrstinef**: RT @MyGiftedLife: another thing is to respect their process even if it doesn't look like your own, as long as it works for them. #gtchat
- 5:42 pm **laughingatchaos**: @MyGiftedLife Great idea. Our processes are SO VERY different, but often have similar outcomes. #gtchat
- 5:42 pm **DeborahMersino**: Aiming for lasting change means not "getting by" w/ quick-fix parenting solutions/compromises. #gtchat
- 5:42 pm **DeborahMersino**: RT @laughingatchaos: RT @MyGiftedLife: another thing is to respect their process even if it doesnt look like your own, as long as it works for them. #gtchat
- 5:42 pm **laughingatchaos**: @momsinspire LOVE literature. Hard to find age-appropriate and still challenging, but it's out there. #gtchat
- 5:43 pm **chrstinef**: @DavidsonGifted ABSOLUTELY! We need to take the role of "emotional coach" with our kids...#gtchat
- 5:43 pm **laughingatchaos**: @DavidsonGifted I tend to use humor to make them to it themselves. ; ) #gtchat
- 5:43 pm **chrstinef**: @DeborahMersino SO TRUE! #gtchat
- 5:44 pm **laughingatchaos**: RT @laughingatchaos: @DavidsonGifted I tend to use humor to make them to it themselves. ; )//should say DO IT themselves. sigh... #gtchat
- 5:44 pm **DeborahMersino**: What about tween marketing, our plugged-in society, test-driven schools, sexual pressures/etc. today? How do we handle w/#gifted? #gtchat
- 5:44 pm **chrstinef**: @laughingatchaos humor is always good...teaches us to laugh at life. Great strategy. #gtchat
- 5:45 pm **DeborahMersino**: RT @chrstinef: @DavidsonGifted ABSOLUTELY! We need to take the role of "emotional coach" with our kids...#gtchat
- 5:45 pm **laughingatchaos**: @chrstinef Also teaches how to laugh at oneself, something we all need to do more of. #gtchat
- 5:45 pm **chrstinef**: @DeborahMersino open honest communication...again, emphasis on teaching HOW to think through this stuff, not WHAT to think #gtchat
- 5:45 pm **momsinspire**: Agreed - adults model that! @chrstinef @DeborahMersino -too many kids taught to look OUTSIDE of themselves for ways to fix things..#gtchat
- 5:45 pm **laughingatchaos**: @DeborahMersino We're not there yet THANK GOD, but I know it'll hit in the next couple of years. Not looking forward to tween/teen #gtchat
- 5:46 pm **chrstinef**: @laughingatchaos oh yeah!!! #gtchat.
- 5:46 pm **laughingatchaos**: @chrstinef YES! Teaching HOW to think is more important than WHAT to think! #gtchat
- 5:46 pm **DeborahMersino**: Setting aside a sacred time to truly talk/listen/discuss issues is critical (or time slips by/we're simply going through schedules.) #gtchat
- 5:46 pm **mygiftedgirl**: @DeborahMersino 2nd grader reading much higher level book had me explaining drunk driving... hadn't had the alcohol discussion yet.. #gtchat
- 5:47 pm **DeborahMersino**: RT @laughingatchaos: @chrstinef YES! Teaching HOW to think is more important than WHAT to think! #gtchat
- 5:47 pm **chrstinef**: @laughingatchaos if you do the work when the child is young - teach them to think, have compassion, etc, tweens/teens are easier #gtchat
- 5:47 pm **mygiftedgirl**: RT @DeborahMersino: Setting aside a sacred time to truly talk/listen/discuss issues is critical (or time slips by/we're simply going through schedules.) #atchat

- 5:47 pm **MyGiftedLife:** I'm a divergent thinker. I don't do anything straightforwardly, lol. #gtchat
- 5:47 pm **laughingatchaos:** @DeborahMersino We cuddle at this time too. Close and talking is wonderful. #gtchat
- 5:47 pm **chrstinef:** @momsinspire so true! #gtchat
- 5:48 pm **laughingatchaos:** @chrstinef My GOD I hope so. Doing the work now, but 2e son is nothing but a challenge. ;) #gtchat
- 5:48 pm **DeborahMersino:** @cybraryman1 made an excellent point about remembering social-emotional ages. Moreover, we need to let them SHARE. #gtchat
- 5:48 pm **DavidsonGifted:** The book "A Gifted Kids Survival Guide: A Teen Handbook" teaches tweens many lessons and strategies about dealing with life. #gtchat
- 5:48 pm **MyGiftedLife:** ooh, gotta run. a friend and I are going to the craft store. I may learn to knit. I'm sure I'll do it badly, but it will be fun. ;) #gtchat
- 5:49 pm **MyGiftedLife:** thanks all for the good #gtchat.
- 5:49 pm **laughingatchaos:** @MyGiftedLife And you'll get to model trying something new and perhaps not being successful right off. :) Have fun! #gtchat
- 5:49 pm **chrstinef:** @laughingatchaos it will always be challenging, ut the pay off is good when u see them utilizing strategies to get through the hard #gtchat
- 5:50 pm **DeborahMersino:** @momsinspire - Agreed! Again, what are we modeling? It's so critical. Their intuitiveness reveals our outlook an life/what we value. #gtchat
- 5:50 pm **DeborahMersino:** Slowing down. Something tells me that we, as parents, would benefit from doing this MUCH more often. #gtchat
- 5:51 pm **laughingatchaos:** @chrstinef Still teaching strategies; they don't always remember to use them. Hope to have more success. #gtchat
- 5:51 pm **momsinspire:** @laughingatchaos You're right. Parents tend not to help independent readers find YA books, but that's when they need most guidance! #gtchat
- 5:51 pm **chrstinef:** @DavidsonGifted great book. I am finishing up an advice book for gifted tweens/teens FROM gifted tweens/teens #gtchat
- 5:52 pm **chrstinef:** @MyGiftedLife thank you #gtchat
- 5:52 pm **laughingatchaos:** @momsinspire I have a GT friend who is a YA librarian; she's a great resource. #gtchat
- 5:52 pm **DeborahMersino:** Helps to teach them to name their feelings, "Scared. Sad. Excited. Tender. Angry. Happy." (and all of the outgrowths). #gtchat
- 5:53 pm **chrstinef:** @DeborahMersino very good point! #gtchat
- 5:53 pm **DeborahMersino:** @chrstinef - Can't wait to read your book! #gtchat
- 5:53 pm **laughingatchaos:** @DeborahMersino We have an emotions magnet on the fridge. Helps, and often diffuses situations. #gtchat
- 5:53 pm **chrstinef:** @DeborahMersino yes! They need an emotional vocabulary. #gtchat
- 5:53 pm **DeborahMersino:** It's been a small, but philosophical discussion. What are your takeaways? What will you think about this week? #gtchat
- 5:54 pm **DavidsonGifted:** @chrstinef What is it called? Do share! #gtchat
- 5:54 pm **mygiftedgirl:** @DeborahMersino So true about slowing down. I have to really work at that. I'm very fast moving in everything. Hard with 2e kid. #gtchat
- 5:54 pm **chrstinef:** @laughingatchaos excellent! #gtchat
- 5:54 pm **laughingatchaos:** @DeborahMersino "This too shall pass" I should really have that tattooed on my forehead... #gtchat
- 5:55 pm **laughingatchaos:** @mygiftedgirl Have to move fast w/ 2e kid; gotta stay one step ahead! LOL #gtchat

- 5:55 pm **chrstinef:** @DavidsonGifted Still finishing it up! My other parenting book is called Emotionally Intense and is being pubed by Prufrock #gtchat
- 5:56 pm **chrstinef:** @laughingatchaos can so relate! #gtchat
- 5:56 pm **momsinspire:** Great quote 4 #edreform! @DeborahMersino RT @laughingatchaos: @chrstinef Teaching HOW to think is more important than WHAT to think! #gtchat
- 5:56 pm **mygiftedgirl:** @laughingatchaos :) They are tricky tricky...hard to know if they're outwitting us, or need our help. #gtchat
- 5:56 pm **DeborahMersino:** More undivided attention and discussions about feelings/events. Slowing down. Listening. Holding boundaries. #gtchat
- 5:56 pm **laughingatchaos:** @chrstinef IF I don't have Emotionally Intense, I suspect it's on my MUST GET list. Thank you! #gtchat
- 5:56 pm **laughingatchaos:** @chrstinef Maybe a wall stencil instead. ;) #gtchat
- 5:57 pm **laughingatchaos:** @mygiftedgirl Yup. When I see the half-smirk, I clue in. LOL #gtchat
- 5:57 pm **DavidsonGifted:** @chrstinef I thought you were finishing up reading it, didnt realize you are writing it. Thanks for addresssing this issue in print! #gtchat
- 5:57 pm **MamaTara:** @DeborahMersino Supporting my kids, through and through, remaining patient, mindful, kind and respectful. #gtchat
- 5:57 pm **laughingatchaos:** RT @MamaTara: @DeborahMersino Supporting my kids, through and through, remaining patient, mindful, kind and respectful. #gtchat
- 5:58 pm **DeborahMersino:** @chrstinef - We so need it! #gtchat
- 5:58 pm **chrstinef:** @DavidsonGifted Not enough resources for kids and parents IMO #gtchat
- 5:58 pm **chrstinef:** RT @MamaTara: @DeborahMersino Supporting my kids, through and through, remaining patient, mindful, kind and respectful. #gtchat
- 5:59 pm **DeborahMersino:** @MamaTara - Love it. Me too. #gtchat
- 5:59 pm **laughingatchaos:** @chrstinef Not just your opinion, there's not much out there for emotional intense kids/parents/families. #gtchat
- 5:59 pm **DavidsonGifted:** @chrstinef Definitely not enough for the kids themselves. As someone else mentioned, teach them HOW to think, not WHAT to think. #gtchat
- 5:59 pm **chrstinef:** @DeborahMersino Thank You! RT DeborahMersino @chrstinef - We so need it! #gtchat
- 6:00 pm **DeborahMersino:** Reclaiming our role as parents is critical to these kids. TY all for an intriguing discussion. #gtchat
- 6:00 pm **laughingatchaos:** @DavidsonGifted Exactly. HOW has more effect than WHAT. #gtchat
- 6:00 pm **chrstinef:** @DavidsonGifted Yep! Couldn't agree more! #gtchat
- 6:01 pm **chrstinef:** @DeborahMersino thank YOU. So glad I could make it this time! #gtchat
- 6:01 pm **chrstinef:** RT @laughingatchaos: @chrstinef Not just your opinion, there's not much out there for emotional intense kids/parents/families. #gtchat
- 6:01 pm **DeborahMersino:** That's it folks. Here's to helping our children learn to think for themselves and revel in exploring their own values/passions! #gtchat
- 6:02 pm **momsinspire:** @laughingatchaos There are a lot of great kidlit/YA bloggers out there too - @JensBooksPage is one of my favorites! #gtchat
- 6:02 pm **laughingatchaos:** @DeborahMersino TY Deborah! Now my cold is demanding super-spicy soup. :) #gtchat
- 6:02 pm **laughingatchaos:** @momsinspire OOH! Thank you!!! I'll check that out! Love finding new books. :) #gtchat
- 6:02 pm **DavidsonGifted:** As always, thanks Deborah and everyone for a great chat. Contact us at info@davidsongifted.org if we can help! See you at 7pm EST #gtchat

4/1/2011

Transcript for #gtchat - What the Hasht...

- 6:02 pm **DeborahMersino:** - with our support & acceptance! #gtchat
- 6:03 pm **laughingatchaos:** @momsinspire Another name by chance? That link doesn't work. :( #gtchat
- 6:03 pm **DeborahMersino:** Kids Today Are Growing Up Way Too Fast | Wall Street Journal | <http://bit.ly/b31ZrI> #gtchat (from 1998)
- 6:03 pm **chrstinef:** @DavidsonGifted you guys are always a great resource! #gtchat
- 6:06 pm **momsinspire:** @laughingatchaos Sorry, it was @JensBookPage! Also, the book Some of My Best Friends are Books, by Judith Wynn Halsted #gtchat
- 6:08 pm **laughingatchaos:** @momsinspire Ah, thanks! And I have that book, it's wonderful. :) #gtchat
- 6:08 pm **chrstinef:** @laughingatchaos @momsinspire that is a GREAT book! #gtchat
- 6:10 pm **DeborahMersino:** Social-Emotional Curriculum by VanTassel-Baska, Cross & Olenchak (Prufrock) <http://bit.ly/9o5ETj> (Phenomenal resource). #gtchat #gifted
- 6:11 pm **chrstinef:** RT @DeborahMersino: Social-Emotional Curriculum by VanTassel-Baska, Cross & Olenchak (Prufrock) <http://bit.ly/9o5ETj> (Phenomenal resource). #gtchat #gifted
- 6:13 pm **momsinspire:** Wow. 12 years ago, huh? RT @DeborahMersino Kids Today Are Growing Up Way Too Fast - WSJ <http://bit.ly/b31ZrI> #gtchat (from 1998)
- 6:15 pm **debbyfriend:** RT @momsinspire: Wow. 12 years ago, huh? RT @DeborahMersino Kids Today Are Growing Up Way Too Fast - WSJ <http://bit.ly/b31ZrI> #gtchat (from 1998)
- 6:16 pm **debbyfriend:** RT @momsinspire: Children can learn so much about themselves and the world via great literature. We should encourage our children to read more! #gtchat
- 6:18 pm **cybraryman1:** Great chatting with y'all. Hard doing it on a Blackberry. Just about to be surprise guest author/speaker for my granddaughter's class #gtchat
- 6:19 pm **chrstinef:** What is Gifted Chat (#gtchat) anyways?: <http://wp.me/pF2rw-63>
- 6:21 pm **DeborahMersino:** Glad you were there! RT @chrstinef What is #Gifted Chat (#gtchat) anyways?: <http://wp.me/pF2rw-63>
- 6:24 pm **DeborahMersino:** @cybraryman1 - Enjoy! What fun! #gtchat
- 6:26 pm **DeborahMersino:** @momsinspire - Wild, isn't it? Can only imagine what life will be like in a mere 12 years from now! #gtchat
- 6:46 pm **chrstinef:** @DeborahMersino Me too! Gonna try to "schedule" it in whenever possible cuz I LOVED it! #gtchat
- 6:51 pm **DeborahMersino:** Transcript from 03.12 #gtchat "Instilling Hope & Confidence in #Gifted Kids Today" <http://bit.ly/9QQ7MR> {starts at 5:00 GMT}
- 6:57 pm **profplayfair:** @laughingatchaos Missed ending of #gtchat but follow yr point WRT tucking away GT. Some GT boys aim \*low\* bcz no clue what else to do
- 7:49 pm **orngjce223:** @DeborahMersino hosting #gtchat (giftedchat) at 7PM EST tonight!
- 7:51 pm **ctuckness:** Totally agree w/ @cybraryman1: Parents need to make raising children a much higher priority! #gtchat
- 8:10 pm **DeborahMersino:** How does perfectionism impact you &/or cause challenges in your everyday life? What about in the lives of your children/stdnts? #gtchat prep
- 8:22 pm **DeborahMersino:** ATTN: Educators: What's your biggest beef with parents of identified #gifted students? What would you like them to know? #gtchat
- 8:59 pm **GTConsultant:** @DeborahMersino I would say the fine line between advocating for their children and micromanaging the teacher. #gtchat
- 9:05 pm **DeborahMersino:** RT @GTConsultant: @DeborahMersino I would say the fine line between advocating for their children and micromanaging the teacher. #gtchat
- 9:44 pm **getsweetie:** Don't forget #GTchat tonight !
- 10:43 pm **TheMissBobbie:** Don't forget #gtchat tonight!
- 11:01 pm **DeborahMersino:** We're just an hour away from #gtchat. Topic: "Understanding the Many Facets of

- 11:02 pm **TheMissBobbie**: RT @DeborahMersino: We're just an hour away from #gtchat. Topic: "Understanding the Many Facets of Perfectionism." Join us.
- 11:26 pm **DeborahMersino**: How does perfectionism show itself in your home or school? Join us at 7 EST for #gtchat #gifted
- 11:29 pm **TheMissBobbie**: RT @DeborahMersino: How does perfectionism show itself in your home or school? Join us at 7 EST for #gtchat #gifted
- 11:30 pm **getsweetie**: RT @DeborahMersino: How does perfectionism show itself in your home or school? Join us at 7 EST for #gtchat #gifted/ this will be GREAT!
- 11:32 pm **DeborahMersino**: @MomsL8 Would love to have you tweet some of your thoughts/ideas on "Perfectionism and the Gifted Child" later! #gtchat
- 11:40 pm **teachagiftedkid**: RT @cybraryman1: RT @DavidsonGifted: RT @DeborahMersino: "Understanding the Many Facets of Perfectionism" will be 7pm/EST topic for #gtchat on Fri. #gifted
- 11:40 pm **AmazingAmma**: RT @DeborahMersino: Transcript from 03.12 #gtchat "Instilling Hope & Confidence in #Gifted Kids Today" <http://bit.ly/9QQ7MR> {starts at 5:00 GMT}
- 11:41 pm **AmazingAmma**: RT @DeborahMersino: Social-Emotional Curriculum by VanTassel-Baska, Cross & Olenchak (Prufrock) <http://bit.ly/9o5ETj> (Phenomenal resource). #gtchat #gifted
- 11:42 pm **DeborahMersino**: Want to know the difference between the healthy and unhealthy underbellies of perfectionism? Join us in 15 min. for #gtchat
- 11:46 pm **DeborahMersino**: Want to know some of the red flags, signs & symptoms of perfectionism in children? We'll discuss in detail at #gtchat.
- 11:47 pm **giftedmum**: RT @DeborahMersino: Want to know some of the red flags, signs & symptoms of perfectionism in children? We'll discuss in detail at #gtchat.
- 11:53 pm **teachagiftedkid**: RT @getsweetie: Don't forget #GTchat tonight !
- 11:57 pm **DeborahMersino**: Feeling pressure to have #gtchat go perfectly tonight...;-)
- 11:58 pm **DeborahMersino**: @MomL8 - The power of technology...love it. #gtchat
- 11:58 pm **TheMissBobbie**: RT @DeborahMersino: Feeling pressure to have #gtchat go perfectly tonight...;-)/me too hate to say the wrong thing....<giggle>
- 11:59 pm **DeborahMersino**: My tweets for the next hour will be devoted to #gtchat.
- 11:59 pm **AmazingAmma**: RT @DeborahMersino: Feeling pressure to have #gtchat go perfectly tonight...;-) <= Lol! As long as it does happen & u aren't crippled by it!